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Date of Birth: February 11th, 1972.

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CURRICULUM VITAE

QUALIFICATIONS AND TRAINING

- 12 December 2023: National Scientific Qualification for the functions of Second Level University Professor in Developmental and Educational Psychology in Italy (ASN 2021/2023)
- From 1 June 2006: Assistant Professor in Developmental and Educational Psychology (sector M-PSI04), Department of Psychology, University of Cagliari, Italy.
- A.A. 2005–2006: Specialization in Statistical Data Analysis, Department of Psychology, University of Florence, Italy.
- 2000–2004: Specialization in Clinical Psychology and Psychotherapy, Training and Research Institute for Educators and Psychotherapists, SSSPC-IFREP based in Rome and Cagliari, Italy.
- 2004: European recognition of the title of Transactional Analyst by the European Association for Transactional Analysis (EATA).
- 2021: Master's in School Psychology, Institute for Research and Intervention for Health IRIS-Space, Milan, MIUR accredited.
- 2004: Registration in the Register of Psychotherapists of the Sardinia Region, no. 585.
- 1999: State exam, qualifying to practice the profession of psychologist and registration in the Register of Psychologists of Sardinia at no. 585.
- 1999–2004: Winner of a four-year regional scholarship for postgraduate courses.
- 1997: Degree in Psychology, Faculty of Educational Sciences, University of Cagliari, with a score of 110/110 cum laude.

TEACHING ACTIVITY AT UNIVERSITY

- A.A. 2024–2025: Teaching Research Methods in Educational Psychology (MPSI04) (10 hours) at the Doctorate in Philosophy, Epistemology, Human Sciences, University of Cagliari, Italy (XL cycle).
- A.A. 2023–2024: Teaching Research Methods in Educational Psychology (MPSI04) (10 hours) at the Doctorate in Philosophy, Epistemology, Human Sciences, University of Cagliari, Italy (XXXIX cycle).
- A.A. 2022–2023: Teaching Research Methods in Educational Psychology (MPSI04) (10 hours) at the Doctorate in Philosophy, Epistemology, Human Sciences, University of Cagliari, Italy (XXXVIII cycle).
- A.A. 2024–2025: Teaching Educational Psychology (60 hours) at the degree course in Primary Education Sciences, University of Cagliari, Italy (4th year, second semester).
- A.A. 2022–present: Teaching Educational Psychology (8 hours) in the 4th year of the School of Specialization in Health Psychology, University of Cagliari, Italy.

- A.A. 2022–present: Educational Psychology Laboratory (16 hours) in the 4th year of the School of Specialization in Health Psychology, University of Cagliari, Italy.
- A.A. 2022–present: Supervisor of activities (32 hours) carried out by 2nd year students at the School of Specialization in Health Psychology, University of Cagliari, Italy.
- A.A. 2021–present: Teaching School Psychology (45 hours) in the Master's in Psychology, University of Cagliari, Italy.
- A.A. 2021–2024: Laboratory in Application Experiences in the Design of Interventions in Schools and Educational Contexts (25 hours), Master's in Clinical and Community Psychology, University of Cagliari, Italy.
- **A.A. 2009–2021**: Teaching Educational Psychology (60 hours), Bachelor's in Psychological Sciences and Techniques, Faculty of Humanistic Studies, University of Cagliari, Italy.
- 2016–2017: Teaching Bullying, Cyberbullying and Learning Disorders (8 hours), Master's in Learning Psychopathology, University of Cagliari, Italy.
- A.A. 2012–2013: Teaching Developmental and Educational Psychology (25 hours), Master's in Work Psychology (curriculum B), University of Cagliari, Italy.
- A.A. 2009–2010: Teaching Educational Psychology and Observation of Child Behaviour, Bachelor's in Primary Education Sciences, University of Cagliari, Italy (60 hours).
- A.A. 2007–2010: Supervisor of the Laboratory in Child Behaviour Observation Techniques, Faculty of Education Sciences, University of Cagliari, Italy.
- A.A. 2006–2007: Teaching Developmental and Educational Psychology (30 hours), Primary Education Sciences DM85, Faculty of Education Sciences, University of Cagliari, Italy.
- A.A. 2006–2008: Teaching Laboratory in Developmental and Educational Psychology, SSIS High School for Teachers (20 hours), University of Cagliari, Italy.
- A.A. 2006–2008: Teaching Bullying in School and Organizational Contexts" (30 hours), Bachelor's in Psychological Sciences and Techniques, University of Cagliari, Italy.
- A.A. 2006–2009: Teaching Theory and Methods of School Programming and Evaluation (30 hours), Bachelor's in Psychological Sciences and Techniques, University of Cagliari, Italy.
- A.A. 2004–2006: Teaching Master's in Orientation Theories and Methods, Faculty of Education Sciences, University of Cagliari, Italy (20 hours).
- A.A. 2001–2005: Teaching Theory and Methods of School Planning and Evaluation (60 hours), single-cycle degree course in Psychology, University of Cagliari, Italy.
- A.A. 1999–2001: Tutor for General Psychology, Bachelor's in Psychology, Faculty of Education Sciences, University of Cagliari, Italy.

Affiliations

- 2006–present: Department of Pedagogy, Psychology and Philosophy, University of Cagliari, Italy.
- 2008–present: Interdepartmental Centre for Educational Research (CIRD), University of Cagliari and Sassari, Italy.
- 2022–present: Interdepartmental Centre for Teaching Italian to Foreigners (CIS), University of Cagliari, Italy.

National and International Research Projects

- Member of the research unit of the University of Cagliari as part of the PRIN Project Call 2022 PNRR Prot. P2022BZNM. Southern Line. Research project Paths Toward Wellbeing: An Action Research for Promoting Quality of Life in a Multidimensional Perspective (University of Cagliari) in partnership with the University of Enna Kore and Sassari.
- Member of the research unit of the University of Cagliari as part of the PRIN Project Call 2022 Prot. 2022MBPWH7. Research title: Indoor and Outdoor School Environments' Impact on Students' Cognition, Affect, Socialization, and Wellbeing (24 months), in partnership with the University of Padua, the University of Florence and The Sapienza University of Rome (Italy).

- Member of the European Erasmus 4StuDi project entitled School Social Support for Students with Disabilities, of the University of Cagliari, in partnership with the University of Macedonia and the University of Lisboa, Portugal.
- Member of the School Transitions project Scholastic and Professional Choices, financed by the Autonomous Region of Sardinia - L.R. 7/2007, Annuality 2012, CRP 60329.
- Member of an international project of the Department of Psychology of Cagliari (Italy) in collaboration with Nestlé on the topic of dehydration in childhood and its influence on cognitive skills in school-age children, in the school year 2007–2008.
- L.R. 7 August 2007, n. 7. 2011: Participation in an FIRB project of national importance entitled Identity, Adaptation and Skills of Immigrant Students in Italian Schools.
- Participation in the national research project PRIN Scientific Research Programmes of Significant National Interest, funding for 2007–2008. Research entitled Precursors of Mental States: Intentionality and Self-Other Distinction. National Protocol: 2008N9KF5K_005. Area 11. Duration: 24 months.

PUBLICATIONS

Scientific Articles Indexed on Scopus or Web of Science

- Peditzi, M. L., & Scalas, L.F.** (2024). Psychological well-being and self-efficacy for self-regulated learning. *International Journal of Environmental Research and Public Health*, *21*(1037), 1–12. doi:10.3390/ijerph21081037
- Fadda, R., Piu, T., Congiu, S., Papakonstantinou, D., Motzo, G. Sechi, C., Lucarelli, L., Tatulli, I., **Peditzi, M. L.**, Petretto, D., Freire A. S., & Papadopoulos, K. (2024). Social support at school for students with sensory disabilities. *International Journal of Environmental Research and Public Health*, *21*(8), 1071. doi:10.3390/ijerph21081071
- Mosca, O., Rubat Du Merac, E., **Peditzi, M. L.**, Meloni, C., Isoni, C., Livi, S., & Fornara, F. (2024). A comparison of outdoor green and indoor education: Psycho-environmental impact on kindergarten and primary schools teachers. *Sustainability*, *16*, 8106. doi:10.3390/su16188106
- Peditzi, M. L.** (2024). School satisfaction and self-efficacy in adolescents and intention to drop out of school. *International Journal of Environmental Research and Public Health*, *21*(1), 1–11.
- Mascia, M. L., Agus, M., Zanetti, M. A., Rollo, D., **Peditzi, M. L.**, Conti, R., Penna, M. P., & Tomczyk, L. (2024). Parental control and internet use among Italian adolescents. *Communications in Computer and Information Science*, *2130*, 305–317.
- Peditzi, M. L.**, Nonnis, M., & Fadda, R. (2023). Self-efficacy in life skills and satisfaction among adolescents in school transitions. *Journal of Public Health Research*, *12*(4), 1–6.
- Peditzi, M. L.**, Fadda, R., Skoler, T. S., & Lucarelli, L. (2022). Mentalizing emotions and social cognition in bullies and victims. *International Journal of Environmental Research and Public Health*, *19*(4), 2410.
- Peditzi, M. L.**, Fadda, R., & Lucarelli, L. (2022). Risk and protective factors associated with student distress and school dropout: A comparison between the perspectives of preadolescents, parents, and teachers. *International Journal of Environmental Research and Public Health*, *19*(19), 12589.
- Peditzi, M. L.**, Nonnis, M., & Nicotra, E. F. (2021). Teacher satisfaction in relationships with students and parents and burnout. *Frontiers in Psychology*, *12*, 703130.
- Nonnis, M., Agus, M., Pirrone, M. P., **Peditzi, M. L.**, & Cortese, C. G. (2021). Burnout and engagement dimensions in the reception system of illegal immigration in the Mediterranean sea. A qualitative study on a sample of Italian practitioners. *International Journal of Environmental Research and Public Health*, *18*(7), 3726.
- Mascia, M. L., Agus, M., Zanetti, M. A., **Peditzi, M.L.**, Lasio, M., & Penna, M. P. (2021). Moral disengagement, empathy, and cybervictims' representation as predictive factors of

cyberbullying among Italian adolescents. *International Journal of Environmental Research and Public Health*, 18(3), 1–12.

Nonnis, M., Pirrone, M. P., Cuccu, S., ...**Peditzi, M. L.**, & Cortese, C. G. (2020). Burnout syndrome in reception systems for illegal immigrants in the Mediterranean. A quantitative and qualitative study of Italian practitioners. *Sustainability*, 12(12), 5145.

Peditzi, M. L. (2020). Representations of bullying between teachers and social workers. Does a traditional vision of the phenomenon persist? *Psicologia Clinica Dello Sviluppo*, 24(1), 139–152. doi:10.1449/96486

Nonnis, M., Massidda, D., Cabiddu, C., Cuccu, S. **Peditzi, M. L.**, & Cortese, C. (2020). Motivation to donate, job crafting, and organizational citizenship behavior in blood collection volunteers in non-profit organizations. *International Journal of Environmental Research and Public Health*, 17(3), 934. doi:10.3390/ijerph17030934

Peditzi, M. L., Nicotra, E. F., Nonnis, M., Grassi, P., & Cortese, C. G. (2020). Teacher stress and burnout: A study using MIMIC modelling. *Electronic Journal of Applied Statistical Analysis*, 13(3), 739–757.

Peditzi, M. L., & Nonnis, M. (2020). Pre-service teachers' representations about children's learning: A pilot study. *Open Psychology Journal*, 13(1), 315–320.

Peditzi, M. L., & Passarelli, M. (2018). School social context, students' self-efficacy and satisfaction in high school. *The Open Psychology Journal*, 11(1): 249–260. doi:10.2174/1874350101811010249

Peditzi, M. L., Nonnis, M., & Massidda, D. (2016). Social competence and students' satisfaction in school transitions: A research in secondary schools. *Psicologia della Salute*, 2, 43–62.

Brundu, T., Pinna, R., Nonnis, M., & **Peditzi, M. L.** (2015). The graduate, the head nurse and nurses' manager. A descriptive study on graduate professional competences. *Professioni Infermieristiche*, 68(1), 44–51. doi:10.7429/pi.2015.6801044

Peditzi, M. L., & Lucarelli, L. (2014). Bullying and depressive risk: An exploratory survey in a sample of students in early adolescence. *Medico e Bambino*, 33(8), 533–534.

Peditzi, M. L., & Rollo, D. (2014). Attachment in nursery schools: The teachers have a monotropic or polyadic view? *Psicologia Clinica dello Sviluppo*, 18(1), 143–151, doi:10.1449/77113

Peditzi, M. L., & Nonnis, M. (2014). Psycho-social sources of stress and burnout in schools: Research on a sample of Italian teachers. *Medicina del Lavoro*, 105(1), 48–62.

Peditzi, M. L. (2014). Motivation to learn: Achievement goals, self-efficacy and classroom social climate in secondary school. *International Journal of School Cognitive Psychology*, 1(114). doi:10.4172/1234-3425.1000114

Peditzi, M. L., Nonnis, M., & Barbieri, B. (2013). Doctor-child relationship and burnout risk in paediatrics: A qualitative research. *Medico e Bambino*, 32(5), 308–312.

Peditzi, M. L., & Rollo, D. (2013). Intersoggettività studente-insegnante e motivazione: Uno studio sugli obiettivi di riuscita nella scuola secondaria. *Psicologia dell'Educazione*, 7(2), 231–241.

Book Chapters (International Publishers)

Peditzi, M. L. (2015). Work-family interface, work relations and burnout in school teachers: A study on a group of subjects from Italian primary schools. In Travis N. Winston (Ed.), *Handbook on burnout and sleep deprivation: Risk factors, management strategies and impact on performance and behavior* (pp. 147–162). New York: Nova Science Publishers.

Peditzi, M. L. (2015). Coping strategies and burnout: A survey of secondary school teachers. In Travis N. Winston (Ed.), *Handbook on burnout and sleep deprivation: Risk factors, management strategies and impact on performance and behavior* (pp. 175–188). New York: Nova Science Publishers.

Peditzi, M. L. (2010). Teachers' theories about children's learning: An explorative research. In N. Popov, C. Wolhuter, B. Leutwyler, M. Mihova, & J. Ogunleye (Eds.), *Comparative education*,

teacher training, education policy, school leadership and social inclusion (Vol. 8, pp. 97–102).
Sofia: Bureau for Educational Services, Ral-Kolobar.

Book Chapters (National Publishers)

- Peditzi M.L.**, Uccula A.F. (2016). Soddifazione e motivazione scolastica degli studenti: alcuni risultati di ricerca sulle transizioni. In Calidoni, P., Cataldi S. (Eds). *L'orientamento illusorio: marketing scolastico e persistenti disugliaglianze*. (pp. 74-96). Cagliari: CUEC. ISBN: 978 88 8467 9963.
- Pitzalis M, **Peditzi M.L.**, Uccula A.F. (2016). Letture e prospettive in orientamento. In Calidoni, P., Cataldi S. (Eds). *L'orientamento illusorio: marketing scolastico e persistenti disugliaglianze*. (pp. 143-145). Cagliari: CUEC. ISBN: 978 88 8467 9963.
- Peditzi, M.L.**, Cataldi, S. (2015). Benessere e malessere: Insoddifazione verso la scuola. In Calidoni, P., Pitzalis M. (2012). *10 punti sulle transizioni scolastiche in Sardegna. I 10 risultati più importanti della prima survey regionale sul tema della scelta scolastica*. (pp. 9-12). Progetto “Transizioni Scolastiche. Orientamento e Scelte Scolastiche e Professionali”. CUEC EDITRICE: Cagliari, Italy ISBN 978 88 8467 8942.
- Peditzi M.L.** (2014). La transizione scuola-università: dimensioni psicologiche nel processo di presa di decisione. In Calidoni, O. e Cataldi S. “*Transizioni scolastiche: un'esplorazione multidisciplinare. Per un progetto di ricerca su orientamento e scelte scolastiche e professionali*”. Milano: Franco Angeli, pp 70-85, isbn: 9788891716163
- Nonnis, M., **Peditzi, M.L.**, Barbieri, B. (2013). Benessere organizzativo, ascolto, sostegno e valorizzazione della persona. In N.A. De Carlo, A. Falco e D.Capozza (Eds.). *Stress, benessere organizzativo e performance. Valutazione & Intervento per l'azienda positiva*. Milano: Franco Angeli, pp. 536-569. ISBN: 9788856834123.
- Peditzi M.L.** (2012). La scolarizzazione nella malattia cronica. In N. A. De Carlo & R. Senatore Pilleri, *Le malattie croniche nel ciclo di vita. Aspetti psicologici, comunicativi e di organizzazione sanitaria*. Milano: Franco Angeli. ISBN-978-88-568-4406-1.
- Peditzi, M.L.**, Grassi, P., Nicotra, E. (2012). Il Burnout degli insegnanti: un contributo empirico con i modelli di equazioni strutturali. In De Carlo N., Nonnis M., *Nuovi Codici Del Lavoro: contributi per la salute e il benessere nelle organizzazioni* (pp 235-245). Padova: TPM. Doi10.4473TPMed.10.2012.
- Peditzi, M.L.** (2012). Il burnout: modelli teorici, dimensioni psicologiche, fattori di rischio e di protezione. In De Carlo N., Nonnis M., *Nuovi Codici Del Lavoro: contributi per la salute e il benessere nelle organizzazioni*, Padova: TPM.
- Peditzi M.L.** (2011). L'orientamento universitario: modelli e percorsi a confronto. In D. Zucca, *Counseling e orientamento nel contesto universitario. Modelli operativi, esperienze e ricerche*. Parma: Junior Edizioni, 978-88-8434-687-8.
- Peditzi M.L.** (2011). La transizione scuola-università: una ricerca sul career decision making degli studenti che si apprestano a scegliere un corso di studi universitario. In D. Zucca, *Counseling e orientamento nel contesto universitario. Modelli operativi, esperienze e ricerche*. Parma: Junior Edizioni, 978-88-8434-687-8.
- Peditzi M.L.** (2011). La dispersione scolastica: una ricerca sui fattori di rischio nella scuola secondaria di primo grado. In R. Fadda, & E. Mangiaracina, *Dispersione scolastica e disagio sociale. Criticità del contesto educativo e buone prassi preventive* (pp.80-90). Roma: Carocci, ISBN: 8843059343.
- Peditzi M.L.**, (2011). Rendimento scolastico e Career Decision Making nella transizione scuola-università, *Annali della Facoltà di Scienze della Formazione di Cagliari*. ISBN: 978-88-96778-82-1
- Nicotra E., **Peditzi, M.L.**, Grassi, P: (2011). Modelli di Equazioni Strutturali: uno studio sui costrutti latenti del burnout degli insegnanti. *Annali della Facoltà di Scienze della Formazione dell'Università di Cagliari*.

- Rollo D., **Pedditzi, M.L.** (2010). L'osservazione in classe. In D. Rollo & M. Pinelli (Eds), *Osservare e valutare lo sviluppo. Metodi e strumenti* (pp. 141-161). Milano: Franco Angeli. ISBN:978-88568-2288-5.
- Rollo D., **Pedditzi, M.L.** (2010). Il burnout degli insegnanti. In D. Rollo & M. Pinelli (Eds), *Osservare e valutare lo sviluppo. Metodi e strumenti*. (pp. 185-190). Milano: Franco Angeli. ISBN:978-88568-2288-5.
- Pedditzi, M.L., Chilotti, L., Rollo D. (2009). L'apprendimento secondo gli insegnanti: uno studio esplorativo sulle concezioni implicite dei docenti della scuola primaria e secondaria, *Working Paper, CIRD – Quaderni del Centro Interdipartimentale per la Didattica*, pp. 1-9, Cagliari: CUEC. ISBN: 978-88-8467-567-5.
- Pedditzi, M.L.**, Nonnis M., Barbieri B. & Cabiddu, R. (2009). Dimensioni del benessere psicologico in operatori del servizio di pronto soccorso pediatrico. In P. Rutelli (Ed.), *A Misura di Bambino. Organizzazioni, persona, ambiente* (pp. 206 – 234). Milano: Franco Angeli. ISBN: 978-88-568-1596-2.
- Rollo D., **Pedditzi M.L.**, La Barbera L. & Zandara, P. (2009). Relazione terapeutica e rischio di burnout nel pediatra. In P. Rutelli (Ed.), *A Misura di Bambino. Organizzazioni, persona, ambiente* (pp. 191 - 205). Milano: Franco Angeli. ISBN: 978-88-568-1596-2.
- Pedditzi, M.L.** (2007). La scuola in Italia. In J. W. Santrock, *Psicologia dello sviluppo* (pp. 426-429). Milano: McGraw-Hill. ISBN 978-88-386-6425-0.
- Pedditzi, M.L.** (2007). Il Bullismo. In J. W. Santrock, *Psicologia dello sviluppo* (pp. 395-399). Milano: McGraw-Hill. ISBN 978-88-386-6425-0.
- Pedditzi, M.L.**, Rollo, D. (2007). Intersoggettività allievo-docente e dimensioni motivazionali dell'apprendimento scolastico, *Annali della Facoltà di Scienze della Formazione* (pp 59-66). Università di Cagliari. ISBN: 978-88-89978-39-9.
- Pedditzi, M.L.**, (2007). Attribuzioni causali e burnout fra gli insegnanti, *Annali della Facoltà di Scienze della Formazione* (pp. 47-58). Università di Cagliari. ISBN: 978-88-89978-39-9.
- Pedditzi, M.L.** (2005). Insegnare oggi: fonti di stress e burnout a scuola, In F. Marini e M. Nonnis (Eds), *Il Mobbing. Dal disagio al benessere lavorativo*. Roma: Carocci.
- Pedditzi, M.L.** (2005). Il Burnout fra insegnanti di diversi livelli scolastici in Sardegna, in F. Marini e M. Nonnis (Eds), *“Il Mobbing. Dal disagio al benessere lavorativo”*. Roma: Carocci.
- Pedditzi, M.L.** (2005). Fattori di soddisfazione lavorativa e stress nella professione docente. *Annali della Facoltà di Scienze della Formazione*, nuova serie vol. XXVII, Università di Cagliari.
- Pedditzi, M.L.** (2004). Un intervento di orientamento educativo svolto nella scuola media inferiore, *Annali della Facoltà di Scienze della Formazione dell'Università di Cagliari*, nuova serie vol. XXVII–part II.
- Nonnis, M., **Pedditzi, M.L.** (2003). Un intervento di formazione psicosociale e di orientamento professionale in un'organizzazione di servizi della provincia di Cagliari, *Annali della Facoltà di Scienze della formazione dell'Università di Cagliari*, vol. XXVI, parte II, pp. 54-64.
- Marini, F., Dalla Sega, I., Gallo, A., Nonnis, M., **Pedditzi, M.L.**, Secci, E. (2001). Una ricerca comparativa sull'autoefficacia, la disponibilità al cambiamento il metodo di studio e gli stili cognitivi di studenti del I° anno dell'Università di Cagliari, in F. Marini F. (a cura di), *“Dal dire al fare. Modelli e interventi di orientamento universitario”*. Cagliari: CUEC.

Monographs

- Pedditzi, M.L.** (2005). *L'Orientamento educativo. Prospettive nella scuola che cambia*. CUEC: Cagliari. ISBN: 88-8467-243-0 (298 pages).
- Pedditzi, M.L.** (2005). *La Fatica di insegnare. Stress e burnout nel mondo della scuola*. CUEC: Cagliari. ISBN: 88-8467-248-1 (132 pages).

Other Publications

- Pedditzi, M. L.** (2014). Motivation to learn: Achievement goals, self-efficacy and classroom social climate in secondary school. *International Journal of School and Cognitive Psychology*, *1*(114), 1–15.
- Pedditzi, M. L., & Nonnis, M.** (2009). Relational competences and burnout in teachers. *Revista de Psicología, Contextos Educativos Escolares: Familia, Educacion y Desarrollo XXI*, *1*(2), 81–87.
- Pedditzi, M. L., & Rollo, D.** (2010). Concezioni implicite sull'apprendimento. La loro influenza sulle scelte educative. *Psicologia e Scuola*, *12*, 17–23.

CONFERENCES AND PROCEEDINGS

- Pedditzi, M. L., Dalla Sega, I., Mondo, M., & Secci, E.** (1999). Preliminary tools for the articulation of an education project, 1st National Congress on Orientamento alla Scelta: Ricerche, Formazione, Applicazioni. Department of Developmental and Socialization Psychology, 28–29 May, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L., Nonnis, M., & Secci, E.** (2000). A comparative research on the cognitive styles of first-year students of the faculties of the University of Cagliari. 2nd National Congress on Orientamento alla Scelta: Ricerche, Formazione, Applicazioni, 1–3 June, Department of Psychology, University of Padua (Italy).
- Pedditzi, M. L.** (2001). Professional interests and study skills in students attending the fifth year of secondary school. 3rd National Congress on Choice Orientation: Research, Training, Applications, 25–27 October, University of Studies in Padua (Italy).
- Pedditzi, M. L., & Nonnis, M.** (2001). Study preparatory skills and self-efficacy in students attending the 4th and 5th year of the course in two secondary schools. 3rd National Congress on Choice Orientation: Research, Training, Applications, 25–27 October, Department of Psychology of Development and Socialization, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Contu, M. G., & **Pedditzi, M. L.** (2002). Study orientation, professional interests and attributional style in compulsory education and middle school students. 4th National Congress on Choice Orientation: Research, Training, Applications, 24–26 October, Department of Psychology of Development and Socialization, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L., & Nonnis, M.** (2002). Description of an intervention model for scholastic and professional orientation, for students in the fourth and fifth grades of two schools in Cagliari. 4th National Congress on Choice Orientation: Research, Training, Applications, 24–26 October, Department of Developmental and Social Psychology, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L.** (2003). A teacher training: An intervention model centered on the development of human relationships. 5th National Congress on Choice Orientation: Research, Training, Applications, 11–13 December, Department of Developmental and Socialization Psychology, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L., & Nonnis, M.** (2003). Educational orientation in middle school: The involvement of pupils and the contribution of families and teachers. Description of an intervention. 5th National Congress on Orientation for Choice: Research, Training, Applications, 11–13 December, Department of Developmental and Socialization Psychology, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).

- Pedditzi, M. L., Spigno, M. & Marras, A. (2004).** Psychological aspects of burnout among teachers at different school levels. National Conference on Mobbing. The Prevention of Discomfort in the Workplace and the Promotion of Well-being, 19–21 September, Department of Psychology, University of Cagliari (Italy).
- Pedditzi, M. L. (2004).** Motivational orientation and attribution style of success-failure in study: An empirical contribution. 6th National Congress on Choice Orientation: Research, Training, Applications, 11–13 November, Department of Developmental Psychology and of Socialization, Department of General Psychology, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L., & Nonnis, M. (2004).** Tutoring and educational orientation: Report of an experience. 6th National Congress on Choice Orientation: Research, Training, Applications, 11–13 November, Department of Developmental and Socialization Psychology, Department of Psychology General, Faculty of Psychology of the University of Padua (Italy).
- Pedditzi, M. L. (2005).** Bullying: A research conducted in lower secondary schools. National Congress of the Italian Association of Psychology, 20–23 September, University of Cagliari (Italy).
- Pedditzi, M. L. (2005).** The SASB-ASCI model in the prevention of teacher burnout. National Conference on The Prevention of Discomfort and the Promotion of Psychosocial Well-being, 21–23 July, University of Cagliari (Italy).
- Pedditzi, M. L. (2006),** Perception of teacher-student interactions, motivation and scholastic self-efficacy in upper secondary school students. 8th National Congress on Choice Orientation: Research, Training, Applications, 11–13 October 2006, University of Padua (Italy).
- Pedditzi, M. L. (2006),** Teacher burnout: An empirical contribution centred on the SASB-ASCI model. XX National Congress of the Italian Association of Psychology, 15–17 September, University of Verona (Italy).
- Pedditzi, M. L., & Rollo, D. (2006).** Perceived school goal dimension, motivation processes and self-efficacy in high school, Intersubjectivity, metacognition and theory of mind. 30 May, University of Sacro Cuore, Milan (Italy).
- Pedditzi, M. L. (2007).** Bully-victim problems and their association with personality in 11- to 13-year-old children. 13th European Conference on Developmental Psychology, 21–25 August 2007, University of Jena (Germany).
- Pedditzi, M. L., & Rollo, D. (2007).** Perceived academic goal structures and cognitive engagement in classroom activities. European Association for Research on Learning and Instruction, 26–30 August 2007, Budapest.
- Pedditzi, M. L., & Marras, A. (2007).** Self-efficacy and learning goals in high school students. International Council of Psychologists, 11–14 August 2007, San Diego, California.
- Pedditzi, M. L. (2007).** Metacognitive aspects of learning in students at risk of dropping out of school. XVI AIRIPA National Congress, 19–20 October, Belluno (Italy).
- Pedditzi, M. L. (2007).** Representations of bullying among school and social workers: A preliminary study for planning a prevention intervention. 6th National Congress on Prevention in the School and Community, 28–30 June, University of Padua (Italy).
- Pedditzi, M. L., & Sanna, E. (2007).** Expectations of students and parents on the scholastic and professional future. Preatti of the XXI National Congress of Developmental Psychology, 20–22 September 2007, Bergamo (Italy).
- Pedditzi, M. L., & Nonnis, M. (2007).** Well-being in school organizational contexts. A research on stress, burnout and teachers' coping styles. 1st International Congress on Psychotechnics, Yesterday, Today and Tomorrow, 14–16 March 2007, Bari (Italy).
- Pedditzi, M. L. (2008).** Quality of the scholastic system and teacher satisfaction. In M. Munoz, I. Jelinek, & F. Ferreira (Eds.), *Teaching and learning 2008*. International Association for Scientific Knowledge International Conference, 26–28 May 2008, Aveiro (Portugal).

- Parisi, M., **Pedditzi, M. L.**, & Nonnis, M. (2008). Decision-making styles and scholastic-professional choices: Procrastination and avoidance in adolescence. X National Congress of the Clinical and Dynamic Psychology Section, 12–14 September 2008, University of Padua (Italy).
- Pedditzi, M. L.**, & Fadda, R. (2008). Prevention of distress linked to indecision about the scholastic and professional future: Some correlates and predictors in adolescence. X National Congress of the Clinical and Dynamic Psychology Section, 12–14 September, University of Padua (Italy).
- Pedditzi, M. L.** (2008). Quality of the scholastic system and teacher satisfaction. IASK International Conference Teaching and learning 2008, International Association for Scientific Knowledge, 26–28 May 2008, Aveiro (Portugal).
- Melis, G., **Pedditzi, M. L.**, & Rollo, D. (2008). Self-efficacy and decision-making dimensions in the orientation of adolescents. XXII National Congress on Developmental Psychology, 20–22 September, University of Padua (Italy).
- Pedditzi, M. L.**, & Rollo, D. (2008). Teachers' implicit theories on learning: Some research data. XVII AIRIPA National Congress on Learning Disorders, 17–18 October, Piacenza (Italy).
- Pedditzi, M. L.**, Rollo, D., & Parisi, M. (2009). Decision-making in the scholastic and professional future: Orientation and prevention in adolescence. AIP Study Days. Prevention: An Invisible Good? Research and Interventions in Development Contexts, 4–5 December, University of Bari (Italy).
- Nonnis, M., & **Pedditzi, M. L.** (2009). Burnout and educational relationship. Proceedings of the XI National Congress of the Clinical and Dynamic Psychology Section, 28 September 2009, University of Chieti (Italy).
- Pedditzi, M. L.**, & Nonnis, M. (2009). Relational skills and teacher burnout: Some research results. INFAD Childhood and Adolescence Conference, 25–30 April, University of Turin (Italy).
- Erriu, G., & **Pedditzi, M. L.** (2009). Self-efficacy and security in the scholastic and professional future: Some dimensions of well-being in adolescence. 7th National Conference on Prevention in School and in the Community, 25–27 June, University of Padua (Italy).
- Parisi, M., Fadda, R., Grathwohl, D., Rollo, D., **Pedditzi, M. L.**, Schmitt, J., & Rapinett, G. (2009). The relationship between hydration status and cognitive performance in school children. XIV European Conference on Developmental Psychology, Mycolas Romeris University, 18–22 August, Vilnius (Lithuania).
- Pedditzi, M. L.**, & Rollo, D. (2009). Metacognition in choices and difficulties in scholastic-professional decisions. XVIII° AIRIPA National Congress on Learning Disorders, 23–24 October, La Spezia (Italy).
- Pedditzi, M. L.** (2009). Teacher stress and quality of the mediated learning experience. International Conference Teaching and Learning, ICTL2009, 7–9 December, Porto (Portugal).
- Pedditzi, M. L.** (2010). Teachers' theories about children's learning. VIII Bulgarian Congress on Comparative Education and Teacher Training, 9–12 June, Plovdiv (Bulgaria).
- Pedditzi, M. L.** (2010). Emotional competence and bullying: Anger and happiness according to bullies and victims. XII AIP National Congress Clinical and Dynamic Psychology Section, 24–26 September, University of Turin (Italy).
- Pedditzi, M. L.**, & Spigno, M. (2010). Professional interests, perception of competence and success: Gender differences in the school-university transition. AIP National Congress, 26–28 September, University of Bolzano, Bressanone (Italy).
- Pedditzi, M. L.**, & Spigno, M. (2010). Achievement goals, teacher-student relationships and academic self-efficacy in early adolescence. International Conference on Teaching and Learning 29 November–1 December 2010, Seville (Spain).
- Pedditzi, M. L.**, & Pala, L. (2011). Emotions in bullying: A research conducted among pre-adolescents. AIRIPA National Congress on Learning Disorders, 29–30 April 2011, University of Cagliari (Italy).
- Dal Corso, L., Nonnis, M., Barbieri, B., Nicolussi, M., & **Pedditzi, M. L.** (2011). Humanization of health professions. 12th European Congress of Psychology, 4–8 July, Istanbul (Turkey).

- Peditzi, M. L., & Spigno, M.** (2012). Motivation to learn: A research on university students. 3rd International Conference on Education and Educational Psychology, 10–13 October, Istanbul (Turkey).
- Peditzi, M. L.** (2013). Teacher burnout: Theoretical models, psychological dimensions and risk factors. National Conference on New Labour Codes at the University of Cagliari (Italy).
- Peditzi, M. L.** (2014). Psychological aspects of orientation in school transitions. Congress on Going To School, 18–19 September, University of Sassari and Interdepartmental Centre for Educational Research of the University of Cagliari (Italy).
- Peditzi, M. L., & Spigno, M.** (2015). Satisfaction with quality of life and self-efficacy in coping: Some research results on the post-graduation transition. XXVIII AIP National Congress, 24–26 September, University of Parma (Italy).
- Peditzi, M. L.** (2016). Listening in understanding the problem in the educational and helping relationship. Listening Networks Conference on Sharing and Support for the Person. Training and Change for the Development of Performance and the Quality of Services, 25 September 2016, Interfaculty Study Day of the University of Padua, Poggi del Sasso, Grosseto (Italy).
- Peditzi, M. L.** (2017). Representations of bullying among school and social workers: A preliminary study for planning a prevention intervention. National Congress on Selective or Selected Prevention? The New Horizons of Working in Prevention, 28–30 June, University of Padua (Italy).
- Peditzi, M. L., & Spigno, M.** (2018). Achievement motivation and regulatory of emotional self-efficacy in university students. 9th International Conference on Education and Educational Psychology (ICEEPSY 2018), 2–5 October, Athens (Greece).
- Peditzi, M. L., & Lucarelli L.** (2018). Direct bullying at school and depressive risk in early adolescence. 9th International Conference on Education and Educational Psychology (ICEEPSY 2018), 2–5 October 2018, Athens (Greece).
- Cortese, C. G., Nonnis, M., Massidda, D., Cabiddu, C., Cuccu, S., & **Peditzi, M. L.** (2019). Motivation to donate, job crafting and organizational citizenship behavior in volunteers. XVII AIP National Congress, 26–28 September, University of Lecce (Italy).
- Peditzi, M. L.** (2021). Emotions in school and in distance activities. Congress on I Lincei For New Teaching in Schools: A National Network, in collaboration with the University of Cagliari and Sassari and the Accademia dei Lincei for Schools. University of Sassari, 25 January, Cagliari (Italy).
- Peditzi, M. L., Fadda, R., & Striano Skoler, T.** (2022). Atypical social cognition in bullying: How pre-adolescents mentalize emotions. Congresso Internazionale InPACT 2022 International Psychological Applications Conference and Trends, 23–25 April 2022, Madeira (Portugal).
- Fornara, F., Mosca, O., Meloni, C., **Peditzi, M. L.**, Schenetti, M. & Rubat du Merac, E. (2022). The psycho-environmental impact of outdoor teaching experiences in preschool and elementary school teachers. Associazione Italiana di Psicologia, 27–30 September, Università di Padova (Italy).
- Peditzi, M. L.** (2023). Educational and psychological needs today: Some research results. Congress on The Role of the CIRD (Inter-University Centre for Research and Teaching) in Improving Educational Processes, 4 April 2023, University of Sassari (Italy).
- Peditzi, M. L.** (2023). Is mental health for young people still a taboo? Research and reflections on psychological well-being in developmental age. First cycle of seminars on mental health organized by the Department of Pedagogy, Psychology and Philosophy of the University of Cagliari in collaboration with the Reset.Unica network, 23 March, Department of Pedagogy, Psychology and Philosophy, University of Cagliari (Italy).
- Lodi, E., Perrella, L., Patrizi, P., Guarnera, M., **Peditzi, M. L.**, Cuccu, S., & Scalas, L. F. (2024). Paths toward well-being: An action-research for promoting quality of life in a multidimensional perspective. XVIII Congresso Nazionale AIP di Psicologia Sociale, 5–7 September, Università di Torino (Italy).

- Perrella L., Lodi, E., Patrizi, P., Guarnera, M., Zarbo, R., Magnano, P., **Pedditzi, M. L.**, Cuccu, S., & Scalas, L. F. (2024). Paths towards well-being: Action research for the promotion of quality of life in a multidimensional perspective. XXIII National Congress SIO Italian Orientation Society, 21–22 June 2024, University of Sassari (Italy).
- Mura, L., **Pedditzi, M. L.**, Nonnis, M., & Fornara, F. (2024). Paths toward well-being: An action-research for promoting quality of life in a multidimensional perspective. XXXVI National Conference AIP Developmental and Educational Psychology Section Cagliari, 19–21 September 2024, Università degli Studi di Cagliari (Italy).
- Scalas, L. F., **Pedditzi, M. L.**, Pes, C., Cuccu, S., Fadda, D., Magnano, P., Guarnera, M., Zarbo, R., Perrella, L., Lodi, E., & Patrizi, P. (2024). Well-being in secondary school: A contribution to the validation of the Well-Being Profile in a sample of adolescent students. XXXVI National Conference AIP Developmental and Educational Psychology Section Cagliari, 19–21 September 2024, Università degli Studi di Cagliari (Italy).

Memberships

- 2006–present: Ordinary member of the Italian Association of Psychology (AIP) development and education section.
- 2006–2010: Associate member of the AIP clinical-dynamic section.
- 2007–2009: Member of the European Association for Research on Learning and Instruction (EARLI).
- 2007–2009: Member of the European Association on Developmental Psychology (ESDP).
- 2001–2002: Member of the European Association of Transactional Analysis (EATA).
- 2003–2009: Member of the Training and Research Institute for Educators and Psychotherapists (IFREP).

Reviewer for the Following Scientific Journals

International Journal of Environmental Research and Public Health
Frontiers in Psychology
Sustainability
Psychology in Schools
Children and Youth Services Review
Work and Stress
International Journal of Cognitive School Psychology
Psicologia dell'Educazione

OTHER PROFESSIONAL EXPERIENCE

Counselling and Scholastic Guidance Activities

- 2023–present: Scholastic guidance activities carried out within the PNRR project at the University of Cagliari, Italy, entitled How Psychology Helps you Decide your Future Path.
- 2023–present: Scholastic guidance activities carried out within the PNRR project at the University of Cagliari, Italy entitled: Empower your Wellbeing.
- 2008–2009: Counselling as part of the University Guidance Project PON 2000/06, Axis III, Measure III.5, UniCA Destination Project, CUP J22E07000000005 Self-Assessment and Counselling, University of Cagliari, Italy.
- February–September 2008: Counselling for the University of Cagliari as a Psychologist Expert in Counselling (Initiative no. 4, Self-evaluation and Counselling, Activity no. 9, UniCA Destination Project: Counselling Orientation PON 2000/ 06; Axis III, Measure III.5, UniCA Destination Project: CUP J22E07000000005), University of Cagliari, Italy.

- 1998: Scholastic guidance activities in upper secondary schools and creation of materials for university guidance (OrientaSardegna Project), University of Cagliari, Italy: CD-ROM entitled Ideas, Methods and Tools for Scholastic Guidance and a guide for operators and teachers entitled EsplorAzione. Paths for Self-Assessment.
- 12–14 July 2024: Training course for teacher tutors as part of the “Lessons in the Mirror campus”, organized by Sardegna Researchers and CEDIAF, University of Cagliari, Italy.
- 29 February 2024: Open Day Go-STP 2024, University of Monserrato, CA (Italy).
- 1 February 2020: Planning of Orientation Days, Psychosocial Dimensions of Motivation to Learn", University of Cagliari, Italy
- 9 April 2019: University guidance days. Seminar entitled Psychological Dimensions of Choice and Motivation to Learn, Faculty of Humanistic Studies, University of Cagliari, Italy.
- 12 February 2008: Open Day. Seminar entitled Motivation and Study Strategies at University, at University Citadel of Cagliari, Italy.
- 1998: Counsellor for the Student Hall during the event of the same name organized by the University of Cagliari, Italy.
- 2000-2007 Counselling and guidance activities at numerous Italian secondary schools in Sardinia, Italy.

October 22, 2024.