
Francesca Ideo, DDS, PhD
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Academic Education and Qualifications

- **05/11/2013:** Degree in Dentistry from the University of Cagliari, with full marks (110/110), honors, academic embrace, and special mention.
- **28/11/2013:** Licensed to practice Dentistry – University of Cagliari.
- **08/01/2016:** Master in Clinical and Surgical Endodontics – University of Cagliari, Prof. Elisabetta Cotti.
- **01/02/2025:** PhD in Endodontics – King’s College University, London, Prof. Francesco Mannocci.

Academic and Professional Experience

- **Since November 2019:** Lecturer and Clinical Tutor in Endodontics – Second-level annual Master's in Clinical and Surgical Endodontics, University of Cagliari.
- **Since October 2022:** Adjunct Professor – Bachelor’s Degree in Dental Hygiene, teaching “Oral Hygiene Techniques for Patients with Special Needs.”
- **Oct 2023 – Sept 2024:** Adjunct Professor – Degree in Medicine and Surgery, teaching “Oral and Maxillofacial Diseases.”
- **Since January 2024:** Specialist Dentist – Regional Healthcare Project for Dental Care in Transplant Patients, Patients Awaiting Transplant, and Those with Kidney Diseases, AOU Cagliari.
- **From September 2024:** Lecturer and Clinical Tutor in Endodontics – Two-year second-level Master's in Micro Endodontics, University of Cagliari.

Memberships in Scientific Societies

- Member of AAE (American Association of Endodontists) since 2014
- Member of ESE (European Society of Endodontology) since 2015
- Member of AIE (Italian Academy of Endodontics) since 2015
- Member of SIE (Italian Society of Endodontics) since 2019
- Member of SIdOC (Italian Society of Conservative Dentistry) since 2020

Since 2014, author of several scientific publications in international journals and presenter of scientific posters at international conferences.

Training and Certifications

- **18/03/2016:** Dentsply Maillefer Trainer (Yverdon Les Bains, Switzerland)
- **11–18/07/2018:** Participation in the Restorative Forum (Dentsply Sirona Academy, Konstanz, Germany)
- **11/07/2018:** Restorative Forum – CEREC Workshop and Lectures, University of Zurich
- **17–18/10/2024:** Participation in Dentsply Sirona Training, Ballaigues, Switzerland

English certificate: IELTS

Scientific Awards

- **May 3, 2023:** Winner of the *Journal of Endodontics Awards* – Clinical Research category
Article: “*Prevalence of Apical Periodontitis in Patients with Autoimmune Diseases under Immunomodulators*”
– American Association of Endodontics

Scientific Publications

- Bardini G, Bellido MM, Rossi-Fedele G, Casula L, Dettori C, Ideo F, Cotti E. A 4-year follow-up of root canal obturation using a calcium silicate-based sealer and a zinc oxide-eugenol sealer: A randomized clinical trial. *Int Endod J.* 2025 Feb;58(2):193-208. doi: 10.1111/iej.14167. Epub 2024 Dec 10. PMID: 39655615; PMCID: PMC11715139.
- Ideo F, Mercurio G, Sanna S, Bardini G, Niazi S, Mannocci F, Cotti E. Evidence of an effect of statins on lesions originating from dental infection. A retrospective clinical investigation. *Int J Cardiol.* 2024 Nov 15;415:132458. doi: 10.1016/j.ijcard.2024.132458. Epub 2024 Aug 21. PMID: 39154756.
- Ideo F, Niazi S, Chessa L, Miglianti M, Bardini G, Mannocci F, Cotti E. Prevalence of Apical Periodontitis in Patients with Autoimmune Liver Diseases on Immune Suppressants and Immune Modulators: A Cross-sectional Study. *J Endod.* 2024 Jun;50(6):784-791. doi: 10.1016/j.joen.2024.02.026. Epub 2024 Mar 26. PMID: 38527610.
- Bardini G, Orrù C, Ideo F, Nagendrababu V, Dummer P, Cotti E. Clinical management of external cervical resorption: A systematic review. *Aust Endod J.* 2023 Dec;49(3):769-787. doi: 10.1111/aej.12794. Epub 2023 Sep 13. PMID: 37702252.
- Jakovljevic A, Ideo F, Jacimovic J, Aminoshariae A, Nagendrababu V, Azarpazhooh A, Cotti E. The Link Between Apical Periodontitis and Gastrointestinal Diseases-A Systematic Review. *J Endod.* 2023 Nov;49(11):1421-1431. doi: 10.1016/j.joen.2023.07.024. Epub 2023 Aug 7. PMID: 37558178.
- Ideo F, Manca MF, Niazi S, Mannocci F, Bardini G, Cotti E. The role of systemic statins in the inception and healing of apical periodontitis: a systematic review. *BMC Oral Health.* 2023 Oct 7;23(1):730. doi: 10.1186/s12903-023-03472-3. PMID: 37805447; PMCID: PMC10560424.
- Allihaibi M, Niazi SA, Farzadi S, Austin R, Ideo F, Cotti E, Mannocci F. Prevalence of apical periodontitis in patients with autoimmune diseases: A case-control study. *Int Endod J.* 2023 May;56(5):573-583. doi: 10.1111/iej.13902.
- Cadoni E, Ideo F, Marongiu G, Mezzena S, Frigau L, Mela Q, Capone A, Duncan HF, Cotti E. Periapical status in patients affected by osteoporosis: A retrospective clinical study. *Clin Exp Dent Res.* 2022 Oct;8(5):1068-1075. doi: 10.1002/cre2.604. Epub 2022 Jun 14. PMID: 35698910; PMCID: PMC9562578.
- Ideo F, Niazi S, Mezzena S, Mannocci F, Cotti E. Prevalence of Apical Periodontitis in Patients with Autoimmune Diseases under Immunomodulators: A Retrospective Cohort Study. *J Endod.* 2022 Jun;48(6):722-729. doi: 10.1016/j.joen.2022.02.008. Epub 2022 Mar 4. PMID: 35257683.
- Cotti E, Ideo F, Pedrazzini A, Bardini G, Musu D, Kantarci A. Proresolving Mediators in Endodontics: A Systematic Review. *J Endod.* 2021 May;47(5):711-720. doi: 10.1016/j.joen.2021.01.008. Epub 2021 Feb 4. PMID: 33548330.

- Musu D, Bardini G, Ideo F, Mezzena S, Cotti E. Management of the Sequelae of a Sport- Related Traumatic Dental Injury Using Ultrasound Examination in the Diagnosis and Follow-Up. *Dent J (Basel)*. 2021 Mar 2;9(3):27. doi: 10.3390/dj9030027. PMID: 33801327; PMCID: PMC8000130.
- Murri Dello Diago A, Apponi R, Colombini V, Mordini L, Ideo F. Complex Implant- Prosthetic Rehabilitation Following Sports Trauma with 14 Years of Follow-Up: Case Report. *Dent J (Basel)*. 2021 Jan 9;9(1):6. doi: 10.3390/dj9010006. PMID: 33435430; PMCID: PMC7827219.
- Peddis N, Musu D, Ideo F, Rossi-Fedele G, Cotti E. Interaction of biologic therapy with apical periodontitis and periodontitis: a systematic review. *Aust Dent J*. 2019 Jun;64(2):122-134. doi: 10.1111/adj.12684. Epub 2019 Mar 20. PMID: 30811605.
- Cotti E, Mezzena S, Schirru E, Ottonello O, Mura M, Ideo F, Susnik M, Usai P. Healing of Apical Periodontitis in Patients with Inflammatory Bowel Diseases and under Anti- tumor Necrosis Factor Alpha Therapy. *J Endod*. 2018 Dec;44(12):1777-1782. doi: 10.1016/j.joen.2018.09.004. Epub 2018 Nov 1. PMID: 30390972.
- Piras V, Usai P, Mezzena S, Susnik M, Ideo F, Schirru E, Cotti E. Prevalence of Apical Periodontitis in Patients with Inflammatory Bowel Diseases: A Retrospective Clinical Study. *J Endod*. 2017 Mar;43(3):389-394. doi: 10.1016/j.joen.2016.11.004. PMID: 28231978.
- Cotti E, Zedda A, Deidda M, Piras A, Flore G, Ideo F, Madeddu C, Pau VM, Mercurio G. Endodontic infection and endothelial dysfunction are associated with different mechanisms in men and women. *J Endod*. 2015 May;41(5):594-600. doi: 10.1016/j.joen.2015.01.037. Epub 2015 Mar 19. PMID: 25799534.

Posters and Oral Presentations

“The Interrelationships of biologic drugs with Periodontitis and Apical Periodontitis: a Systematic Review”

N. Peddis, F. Ideo, D. Musu, G. Rossi-Fedele, E. Cotti
J Endod. 2017 Mar; 43(3): e49. doi: 10.1016/S0099-2399(17)30169-3 (Scientific Poster - American Association of Endodontists annual meeting 2017, New Orleans, United States)

“Prevalence of Apical Periodontitis in patients affected by inflammatory bowel disease and under immunomodulators”

Piras V, Susnik M, Mezzena S, Ideo F, Dettori C, Usai P, Cotti E.
Int Endod J. 2016 Oct; 49:101 (Scientific Poster-17th Biennial ESE Congress, Barcelona, Spain)

“Association of Endodontic Infection With the Detection of an Initial Lesion to the Cardiovascular System in Women”

F. Ideo, V.M. Pau, E. Cotti, A. Zedda, G. Mercurio, M. Deidda, G. Flore, A. Piras, C. Madeddu
J Endod. 2014 Mar; 40(3): e19 doi:10.1016/S0099-2399(14)00129-0 (Scientific Abstract -American Association of Endodontists annual meeting 2014, Washington D.C., United States)

“Healing of apical periodontitis in patients under anti-tnf medications”

Ideo F, Mezzena S, Susnik M
 (Conference Presentation-International Closed Meeting in Endodontics of the Research, Cagliari, Italy)

“ Systemic Administration Of Statins And Apical: A Systematic Review”

Ideo F. Manca M.F.

(Scientific Abstract- Collegio dei Docenti Universitari di discipline Odontostomatologiche 2021)

“STATINS AND ENDODONTIC DISEASE: A SYSTEMATIC REVIEW”

F.Ideo, M.F. Manca , G.Bardini , E. Cadoni , E. Cotti

Original Scientific Research Poster at the 20 th Biennial ESE, Congress held in Budapest, Hungary from 7 th to 10 th September 2022

“Apical periodontitis in patients with autoimmune liver disorders under immune-suppressant medications: a case control study”

Ideo F, Bardini G , Mannocci F , Niazi S, Mezzena S , Chessa L, Cotti E.

(Original Scientific Research Poster- 6-9 September 2023- 21th ESE biennial Congress, Helsinki, Finland)

MEETINGS AND CONFERENCES

- **April 30 – May 3, 2014**
Participant at the **AAE ANNUAL MEETING 2014** – Organized by: *American Association of Endodontics*
- **September 16 – 19, 2015**
Participant at the **Biennial ESE Congress** – Organized by: *European Society of Endodontology*
- **March 18 – 20, 2016**
Participant in the training course **Dentsply Maillefer Certified Trainer** – Organized by: *Dentsply Maillefer*
- **April 26 – 29, 2017**
Participant at the **AAE ANNUAL MEETING 2017** – Organized by: *American Association of Endodontics*
- **July 11 – 18, 2018**
Participant in the advanced course **Restorative Forum Dentsply Sirona** – Organized by: *Dentsply Sirona*
- **July 10, 2018**
Participant in the training course **Restorative Forum: CEREC Workshop, Lectures and Exercises** – Organized by: *Dentsply Sirona*
- **February 21 – 23, 2019**
Participant at the congress **“Teeth & Implants – Interdisciplinary strategies for the recovery of compromised teeth and implant alternatives”** – Organized by: *Italian Academy of Endodontics*
- **April 29 – May 3, 2019**
Participant at the **AAE ANNUAL MEETING 2019** – Organized by: *American Association of Endodontics*
- **September 11 – 14, 2019**
Participant at the **Biennial ESE Congress** – Organized by: *European Society of Endodontology*
- **July 22 – 23, 2022**
Participant in the course **Cadaver Lab – Endodontic Microsurgery on Cadaver** – Organized by: *Italian Academy of Endodontics*
- **September 8 – 11, 2022**
Participant at the **Biennial ESE Congress** – Organized by: *European Society of Endodontology*
- **November 3 – 5, 2022**
Participant at the congress **“Endodontics: the present and the future”** – Organized by: *Italian Society of Endodontics*

- **March 25 – 26, 2022**
Participant at the event “**DS meets the Endo Experts**” – *Dentsply Sirona Maillefer*
- **June 9 – 10, 2022**
Participant at the event “**Endo Back Home – Opinion Leader Meeting**” – *Simit, Mantua*
- **June 17 – 18, 2022**
Participant at the **XXV National Congress SIDOC** – Organized by: *Italian Society of Conservative Dentistry*
- **March 17 – 18, 2023**
Participant at the **XXVI National Congress SIDOC 2023**
- **September 6 – 9, 2023**
Participant at the **21st ESE Biennial Congress**, Helsinki, Finland
- **April 17-20, 2024**

Partecipant at the **AAE ANNUAL MEETING 2024** ,AMERICAN ASSOCIATION OF ENDODONTICS , LOS ANGELES

- **September 11-14,2024**

Partecipant at the **14TH IFEA WORLD ENDODONTIC CONGRESS, International Federation of Endodontic Associations (IFEA)** , GLASGOW, SCOTLAND

I authorize the processing of my personal data pursuant to Legislative Decree 196 of June 30, 2003, and Article 13 of the GDPR.
