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PERSONAL INFORMATION

Name	***Elisa Cantone*** ***Psychologist. Psychotherapist*** ***Adjunct Lecturer*** ***PhD student in Capacities bulding for global health*** ***Expert in Criminology*** ***EMDR Practitioner Level II***
E-mail	*elisa.cantone@unica.it* *https://orcid.org/0009-0001-5049-4614*
Nationality	*Italian*

WORK EXPERIENCE

UNIVERSITY, CLINICAL, SOCIAL AND EDUCATIONAL AREA

*Dates (**2024-2025**)*	
• Name and address of employer.	**University of Cagliari**
• Type of business or industry	**Department of Psychology**
• Type of employment	*Graduate Course in CLINICAL, HEALTH, LEGAL AND FORENSIC PSYCHOLOGY, Curriculum PATH B: HEALTH PSYCHOLOGY* SSD MED/50 (now MEDS-26/C)
Main duties and responsibilities	*Adjunct Lecturer* *Teaching:* MEDICAL SCIENCES AND TECHNIQUES OF REHABILITATION
*Dates (**2024-2025***	
2023- 2024	
***2022- 2023**)*	
• Name and address of employer.	**University of Cagliari**
• Type of business or industry	**Department Medicine and Surgery, Teaching and Medicine Axis.**
• Type of employment	*Bachelor of Science in Professional Education SSD MED/50*
• Main duties and responsibilities	*Adjunct Lecturer* *Teaching: PSYCHIATRIC REHABILITATION IN DEPENDENCIES (REHABILITATIONAL SUPPORT FOR THE PATIENT WITH DEPENDENCIES).*
*• Dates (**2024- 2025***	
2023- 2024	

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2022- 2023)

• Name and address of employer.	**University of Cagliari** **Department of Medicine and Surgery, Teaching and Medicine Axis.**
• Type of business or industry	*Bachelor of Science in Professional Education SSD MED/48*
• Type of employment	*Adjunct Lecturer*
• Main duties and responsibilities	*Teaching: REHABILITATION IN THE ELDERLY WITH COGNITIVE DEFICIT.*

*Date (**2023**)*

• Name and address of employer.	**University of Cagliari.** *Department of Medical Sciences and Public Health.*
• Type of business or industry	Research, clinical
• Type of employment	**Psychologist**
Main duties and responsibilities	*Specialist support for the research project entitled "Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia"*

*• Date (**2022**)*	
• Name and address of employer.	**University of Cagliari** *Department of Medical Sciences and Health*
• Type of business or industry	***Clinical field.***
• Type of employment	*Psychologist*
• Main duties and responsibilities	*Specialized support for the research project entitled "E-health against isolation for Active Aging"*

	University of Cagliari
*• Date (**2022**)*	*Department of Medical Sciences and Public Health based at the University Citadel, Block I, Medicine Axis*
• Name and address of employer.	
• Type of business or industry	***Clinical sector***
•Type of employment	*Psychologist*
• Main duties and responsibilities	*Specialist support for the research project entitled "Impact of the COVID-19 pandemic on the health of workers working in health care facilities or health centers. The COVID-19 HEalth caRe wOrkErS (HEROES) study."*

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• Date (**2021**)	
• Name and address of employer.	**University of Cagliari** Department of Medical Sciences and Public Health based at the University Citadel, Block I, Medicine Axis
• Type of business or industry	**Clinical field.**
• Type of employment	psychologist
• Main duties and responsibilities	Specialized support for the research project entitled "Quality Mental Health Care in Sardinia with the WHO-QualityRights program"
• Dates (**2016 to present**)	
• Name and address of employer.	**Learn with us Coop. Social Onlus**
• Type of business or industry	**Social sector.**
• Type of employment	Psychologist
• Main duties and responsibilities	Neutral Space. Parenting support. Listening to the child. Couple investigations for AD. Psychoeducation in the territorial sector. Support activities, accompaniment and psychoeducational and behavioral interventions aimed at families experiencing social distress.
• Dates (**2014 to Today**)	
• Name and address of employer.	
• Type of employment	**Self-employed** in psychology and psychotherapy practice.
• Main duties and responsibilities	**Clinical sector** Clinical psychotherapy; EMDR Individual and couples psychotherapy activities. Use of the EMDR technique processing Trauma.
• Dates (**from May 2015 - to September 2015**)	
• Name and address of employer work	**University of Cagliari, Faculty of Medicine**
• Type of business or industry	**Bachelor of Science in Medicine.**
• Type of employment	**Educational Tutor**
• Main duties and responsibilities	Teaching of Psychiatry odd channel SSD MED/25.
• Dates (**from December 2014 - to August 2015**)	
• Name and address of employer work	**European Mediterranean University Association**
• Type of business or industry	**Research area**
• Type of employment	Research psychologist as part of the project "Suicide prevention in an area of Sardinia."
• Main duties and responsibilities	Supporting the conduct of research.
• Dates (**2014- to 2015**)	
• Name and address of employer work	**Ileos social cooperative society.**
• Type of business or industry	**Social cooperative. Minor Community.**
• Type of employment	**School and community sector**

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• Main duties and responsibilities	Psychological and educational support during school hours and during residence in the juvenile community.

• Dates **(2013 - to 2016)**	
• Name and address of employer work	**AOU- University Hospital Company.**
• Type of business or industry	**Center for Consultation and Psychosomatic Psychiatry**
• Type of employment	Clinical and research field. Volunteer psychotherapist. Research psychologist
• Main duties and responsibilities	Clinical activities and psychotherapy pathways aimed at users of the Psychiatry Center. Research activities, administration of the MMPI-2 test and interviews.

• Dates (**from December 2012 - to August 2013**)	
• Name and address of employer work	**AOU- University Hospital Company.**
• Type of business or industry	**Center for Consultation and Psychosomatic Psychiatry**
• Type of employment	Psychotherapist and Researcher.
• Main duties and responsibilities	Clinical and research activities, test administration and interviews.

• Dates (**from December 2012 - to August 2013**)	
• Name and address of employer work	**IFOS, Center for FamilyChild Adolescent Studies**
• Type of business or industry	**Clinical Center and Neutral Space Service**. Training Center: Masters and Training Courses in Clinical Criminology and Legal Psychology.
• Type of employment	Clinical counselor. **Psychologist referent of Spazio Neutro**.
• Main duties and responsibilities	Support activities, accompaniment and psychoeducational interventions. Educational organization and support. **Auxiliary to the court-appointed technical consultant (CTU)**

• Dates (**FROM 2010 TO 2011**)	
• Name and address of employer work	**ASSESSORATE OF SCHOOL POLICIES OF THE MUNICIPALITY OF CAGLIARI in. collaboration with IFOS.**
• Type of business or industry	**Primary and secondary** school- National territory
• Type of employment	Consultant psychologist in the Peer to Peer Project. Support during the "I wanna stop it!" Race to promote combating bullying, yber bullying and risky online surfing. Awareness Seminars and Interventions to prevent/counter bullying, Cyber bullying and risky online surfing aimed at teachers, parents and students. Legality education desk.
• Main duties and responsibilities	Interventions aimed at pupils, teachers and parents of schools involved in the project. Organization and support for teachers and pupils in the "I wanna stop it!" Competition.

• Dates **(2009 - to 2011)**	
• Name and address of employer work	**Center for Prevention and Psychological Intervention (CEPI)**
• Type of business or industry	**Psychological counseling service**
• Type of employment	Psychotherapist specializing in Graduate School of Clinical Psychology SSPC-IFREP.
• Main duties and responsibilities	Clinical and observational activities.

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• Dates (**FROM 2010 TO 2011**)	
• Name and address of employer work	**Child and Adolescent Neuropsychiatry Operating Unit (UONPIA).**
• Type of business or industry	**Psychiatry and Psychotherapy Service**
• Type of employment	Psychotherapist specializing in Graduate School of Clinical Psychology SSPC-IFREP.
• Main duties and responsibilities	Clinical activity.

• Dates (**FROM OCTOBER 2008 TO JANUARY. 2010**)	
• Name and address of employer work	ASL 8 Cagliari West **Mental Health Center**
• Type of business or industry	**Center for Psychiatry and Psychological Counseling**
• Type of employment	Psychotherapist specializing in Graduate School of Clinical Psychology SSPC-IFREP.
• Main duties and responsibilities	Clinical activity.

• Dates (**September 2007**)	
• Name and address of employer work	**"F. Saporito" Judicial Psychiatric Hospital of Aversa**
• Type of business or industry	**Judicial Sector. Psychiatry Service**
• Type of employment	intern
• Main duties and responsibilities	Clinical group activity with prisoners.

• Dates **(March 2006 to March 2007)**	
• Name and address of employer work	ASL 8 Cagliari West **Mental Health Center**
• Type of business or industry	**Psychiatry and Psychotherapy Service**
• Type of employment	Consulting psychologist
• Main duties and responsibilities	Clinical activities, reception and participation in psychoeducational groups anxiety management.

WORK EXPERIENCE

JURISDICTION AREA.

• Dates (**2017 to Today**)	
• Name and address of employer work	**Learn with Us Coop. Social Onlus for Polisolidale Foundation Sinnai**
• Type of business or industry	**Social legal sector.**
• Type of employment	Psychologist Psychotherapist Couple studies for the purpose of assessment of suitability by the court for domestic and international adoption. Facilitator of Neutral Space meetings.

• Dates (**2017**)	
• Name and address of employer work	Sinnai Carabinieri. Appointment of Appointment section GIP Ordinary Court of Cagliari.
• Type of business or industry	
• Type of employment	Psychologist Psychotherapist

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• Main duties and responsibilities	Protected hearing

• Dates (**2015**)	
• Name and address of employer work	**Civil Ordinary Court of Cagliari, Criminal Ordinary Court of Nuoro**
• Type of business or industry	**Judicial Sector. Forensic psychology**
• Type of employment	CTP
• Main duties and responsibilities	Supervise the work of the CTU - Expert; check that the findings are done properly; provide the CTU - Expert with additional stimuli through discussion and counter arguments; provide the representing party with explanations, containment and advice.

• Dates **(2008 - to 2015**)	
• Name and address of employer work	**Ordinary Civil and Criminal Court of Cagliari**
• Type of business or industry	**Judicial Sector. Forensic psychology**
• Type of employment	CTU Auxiliary. Auxiliary of the PTC
• Main duties and responsibilities	Civil Section: collaborate with the CTU in assessing at-risk households, separating couples and their minor children. Criminal Section: cooperate with the PTC in supervising the work of the CTU, provide additional stimulation, and assist the represented party by providing explanations, restraint, and advice.

• Dates (2012 - to 2013)	
• Name and address of employer work	IFOS, Center for FamilyChild Adolescent Studies
• Type of business or industry	**Clinical Center**, **Neutral Space Service, CTU**.
• Type of employment	Clinical counselor. **Psychologist referent of Spazio Neutro**. Expert in criminology.
• Main duties and responsibility	Support activities, accompaniment and psychoeducational interventions for the recovery and establishment of healthy and functional relationships between parent and child during sheltered meetings (NEUTRAL SPACE). **CTU Auxiliary**.

EDUCATION AND TRAINING

• Dates (**2023 ongoing**)	
• Name and type of educational institution or training	**Ph.D. in Capacities bulding for global health** Department of Medical Sciences and Public Health Unive
• Main subjects/occupational skills object of study	
• Qualification attained	**PhD**
•)	

• Date (**2023**)	
• Name and type of educational institution or training	**Mindfulness educator**
• Main subjects/occupational skills object of study	
• Qualification attained	**Facilitator in Mindfulness**
• Level in national classification (if applicable)	Level I Training

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• Dates (**March 2018**)	**Center for Research and Studies in Psychotraumatology**
• Name and type of educational institution or training	**EMDR** *(Eye Movement Desensitization and Reprocessing)* *Psychotherapeutic treatment for the resolution of problems and emotional distress related to stressful and traumatic life experiences.*
• Main subjects/occupational skills object of study	*EMDR Practitioner*
• Qualification attained	*Level II Training*
• Level in national classification (if applicable)	

• Dates (**From 2008 to Jan. 27 2012**)	
• Name and type of educational institution or training	**IRPIR.** **Graduate School in Clinical Psychology SSPC-IFREP**. *Four-year term*
• Main subjects/occupational skills object of study	*Psychology, psychopathology. Elements of psychotherapy.*
• Qualification attained	*Postgraduate Diploma in Transactional Psychotherapy*

• Dates (**2008 and 2009**)	
• Name and type of educational institution or training	**IRPIR. Graduate School in Clinical Psychology SSPC-IFREP.** *Training course in socio-educational counsellor. Two-year term*
• Main subjects/occupational skills object of study	*Psychology and communication*
• Qualification attained	*Diploma as a counselor in the social-educational field*

• Dates (**2007**)	
• Name and type of educational institution or training	**La Sapienza Rome.** *Master's Degree Level II in Forensic Science (criminology- investigation-security- intelligence). One-year duration*
• Main subjects/occupational skills object of study	*Criminology. Forensic psychology.*
• Qualification attained	*Expert in Criminology*

• Dates (**2005**)	
• Name and type of educational institution or training	**IFOS Sardinian Training Institute.** *Training Course in Child Abuse Level II*
• Main subjects/occupational skills object of study	*Interviewing abusive families and abused children: operational tools.*
• Qualification attained	*Certificate of competence*

• Dates (**2004**)	
• Name and type of educational institution or training	**IFOS Sardinian Training Institute.** *Training course in Child Abuse I level*
• Main subjects/occupational skills	*Early detection childhood abuse risk indicators. Detection interview techniques.*

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object of study

• Qualification attained	*Certificate of competence*
• Level in national classification (if applicable)	
*• Dates (**A.Y. 2004/2005**)*	
• Name and type of educational institution or training	***University of Cagliari - Faculty of Psychology.***
• Main subjects/occupational skills object of study	*Psychology of work and social organizations. Thesis in Legal Psychology; supervisor: Prof. Cristina Cabras.*
• Qualification attained	*Bachelor's degree in psychology*
• Level in national classification (if applicable)	*grade 110/110*

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SKILLS AND COMPETENCIES PERSONAL

MOTHER TONGUE	***Italian***
OTHER LANGUAGE.	***English***
• Reading skills	*B1 level*
• Writing skills	*B1 level*
• Oral expression skills	*B1 level*
SKILLS AND COMPETENCIES RELATED	*Internships, apprenticeships, as well as various work experiences over the years have allowed me to best express empathic and attunement skills with other. Teamwork with colleagues and networking with various professionals has been fundamental in developing a person-centered approach based on direct, explicit communication that respects the other's thoughts and skills, thus promoting care and well-being Psychological of users.*
SKILLS AND COMPETENCIES ORGANIZATIONAL	*Evolving skills in the field of psychology have led me to develop excellent organizational and coordination skills.*
SKILLS AND COMPETENCIES TECHNIQUES	*Good knowledge of personal computer in its common applications (office, internet). Use of software for psychodiagnostic evaluations*
LICENSE(S)	*B license*

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MORE INFORMATION

Conferences - Seminars - Training and psychoeducation course.

From 2004 to the present

"Youth distress. Experiences and perspectives of intervention." Organized by the CNOS-FAP Association Sardinia Region and held on November 18 and 19, 2004.

"Mediation as an intervention strategy: perspectives and evaluation." Held at the Juvenile Court of Cagliari on December 19, 2005.

"Stalking and abusers: two sides of the same coin?" CETERIS Women's Project and held on March 11, 2006.

"Perspectives on change in psychotherapy: psychology and neuroscience compared." Organized by the Italian Society of Transactional Analysis and held on May 12 and 13, 2006.

"parenting support in family counseling". Organized by the Association of Counseling Psychologists of Sardinia, held on May 26, 2006 .

Criminology Seminar "Analysis of the most important Italian murders: from the Monster of Florence to the Cogne Case." Conducted by Prof. Francesco Bruno. Organized by IFOS on November 20, 2006.

Study Seminar, "Cesare Lombroso...Today...Forensic Science and Criminal Law on the Threshold of the Third Millennium." Organized by the Master of Forensic Science and AIASU on January 25, 2007.

Study seminar, "Palliative Care. Biological Will. Euthanasia. Ethical, legal and medico-legal issues." Organized by the Italian Union of Specialists in Legal Medicine held in Rome on Saturday, February 24, 2007 at Palazzo Rospigliosi- Rome.

Study Seminar. "Drugs today...and tomorrow? The phenomenon of drugs of abuse and addictions. From ideological opposition to finding new ways for proper communication and a European strategy." Held Classroom I- Department of Science.

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Psychiatric and Psychological Medicine of the University of Rome "la Sapienza" on June 22, 2007.

Workshop conducted by Prof. James R. Allen (University of Oklahoma, U.S.A.) "The Mind and the Brain." Organized by IFREP (Institute of Training and Research for Educators and Psychotherapists). Held in Rome at Piazza Ateneo Salesiano on February 22, 23 and 24, 2008.

Seminar on Interpersonal Reconstructive Therapy conducted by Prof. Lorna Smith Benjamin (University of Utah). Organized by IFREP (Institute of Training and Research for Educators and Psychotherapists) Held in Cagliari, Italy on March 04, 05, 2009.

Seminar "Constructivism in Psychotherapy and Everyday Life" conducted by Prof. Vincent Kenny (director of the Dublin Institute of Psychology and director of the Constructivist Academy of Systemic Therapy in Rome at the Salesian Pontifical University). Held in Rome on February 26, 27, 28, 2010.

Seminar on Interpersonal Reconstructive Therapy conducted by Prof. Lorna Smith Benjamin (University of Utah). Organized by IFREP (Institute of Training and Research for Educators and Psychotherapists) Held in Cagliari, Italy on March 23, 24, 2011.

Participation in the afternoon opening session of the 1st Congress of the Italian Society of Psychotherapy "Psychotherapy in Evolution." Held at La Sapienza University on September 21, 2011.

1st Congress of the Italian Psychotherapy Society "Psychotherapy in evolution. New ideas in comparison." Held in Rome on September 22, 23, 24, 2011

Study Day "Growing Up Today. From child to Child: what legacy for the construction of the self". Held on December 10, 2011 at SIAT.

IRT course-"Interpersonal Reconstructive Therapy" conducted by Lorna Smith Benjamin and Sally Barlow. Held on April 27, 28, 2012 at Thun Hall c/o Microcythemic Hospital Cagliari.

Participation in the meeting "We Can! - Cyberbullyng Action Network for Parents' Education. Held June 4-6, 2012 in Thessaloniki, Greece.

Member of the scientific secretariat of the "III Symposium of the Mediaterraneam Society of Mental Health." Held in Cagliari on May 9, 10, 2013.

Training project "Prevention Project on Eating Disorders for professionals and family members." Organized by ASL n8 of Cagliari in collaboration with the association Voci dell'anima. Held in Cagliari on October 4, 5, 2013.

"Dementias" training meetings. Held in Barumini on March 21 and 22, 2014.

Participation in the Congress "Research and professional practice: how research can take its roots in practice?" Held in Cagliari on May 22, 23, 214 at the Regina Margherita Hotel.

Psychoeducational course for family members and caregivers of elderly people with dementia. Organized by the Presidio Hospital SS. Trinity Geriatric Division. Alzheimer's Center and Memory Disorders Outpatient Clinic. Held in Cagliari from February 24 to May 5, 2014.

Course: eating disorders epidemiology and therapeutic models. problems and perspectives in Sardinia - Organizing body: Voci dell'anima Association (address: via dei genovesi, 20 Cagliari) (8.00 hours) . 10/24/2015 to 10/24/2015.

Course: Selective Mutism: the disorder and intervention strategies - Organizing body: psychological and psycho-pedagogical consulting studio (address: Via Baronia, 17, 09121 Cagliari CA) (6.00 hours) - From 10/20/2018 to 10/20/2018.

Course: EMDR (Eye Movement Desensitization and Reprocessing) Level II - Organizing Body: Center for Research and Studies in Psychotraumatology (address: Via Umberto I, 65 20814 Varedo (MB)) (24.00 hours) -: Psychotherapeutic treatment for the resolution of problems and emotional distress related to stressful and traumatic life experiences. From 09/03/2018 to 11/03/2018

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Live streaming workshop: lockdown feeding disorders. EMDR at the time of COVID 19. May 30, 2020

Live streaming workshop: the Parenting Work: emdr intervention protocol. Held by Maria Zaccagnino. November 14, 2020, 8 hours (9 a.m. to 5 p.m.).

Live streaming workshop: The attachment bond in romantic relationships: the EMDR protocol in the treatment of couple crisis. Held by Anna Rita Verardo .November 15, 2020, 8 hours (From 9 a.m. to 5 p.m.).

Live streaming workshop: EMDR and Addiction Protocol. Held by Micaela Barnato, Furio Ravera, Stefania Sacchezin. November 21, 2020 (9 a.m. to 5 p.m.).

Seminar: International Symposium on Prevention and Human Rights Respect in Psychosocial Disabilities. Organized by Mediterranean Society on Mental Health, on July 19, 2024.

International Congress on "Translational Medicine in Biomarker Identification, Prevention, Rehabilitation and Diagnostics," organized by the University of Cagliari (Department of Surgical Sciences and Department of Medical Sciences and Public Health) in collaboration with the Mediterranean Society of Translational Psychosomatics (European University of the Mediterranean) the Capacities Building for Global Health doctoral program and the Foundation of Sardinia. Scientific referees, Prof. Germano Orrù of the Department of Surgical Sciences and Prof. Mauro Carta of the Department of Medical Sciences and Public Health. Nov. 7 and 8, 2024, at the T-Hotel conference hall, Cagliari, Italy.

Posters and reports

From 2013 to Today

Poster entitled "Whom to ask for professional help in case of depression? Help-seeking recommendations of the Sardinia Public Health Service." "III Symposium of the Mediaterraneam Society of Mental Health." Held in Cagliari on May 9, 10, 2013.

Poster and paper entitled "The space of care within the walls of the home. "Research and professional practice: how research can take its roots in practice?" Held in Cagliari on May 22, 23, 2014 at the Regina Margherita Hotel.

Poster and paper titled "Development of a battery of psychological reactives for clinical characterization of people with Post Traumatic Stress Disorder." "Research and professional practice: how research can take its roots in practice?" Held in Cagliari on May 22, 23, 2014 at the Regina Margherita Hotel.

Paper titled "Navigating the Risk: Exploring Internet Addictions and Pathways to Recovery." Seminar entitled "The way of words: bullying in the digital age and Internet addictions." Organized by the UniCaralis - UDU Cagliari association at the Faculty of Humanities. On October 24-25, 2024.

Poster entitled "Enhancing Wellness: Biofeedback Interventions for Medical Professionals - A systematic Review." International Congress on "Translational Medicine in Biomarker Identification, Prevention, Rehabilitation and Diagnostics," organized by the University of Cagliari (Department of Surgical Sciences and Department of Medical Sciences and Public Health) in collaboration with the Mediterranean Society of Translational Psychosomatics (European University of the Mediterranean) the Capacities Building for Global Health Doctoral Program and the Foundation of Sardinia. Scientific referees, Prof. Germano Orrù of the Department of Surgical Sciences and Prof. Mauro Carta of the Department of Medical Sciences and Public Health. Held in Cagliari on November 7, 8, 2024.

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Publications

Article: Antonio Urban A., Mirian Agus, Nicola Aru, Francesca Corona, Elisa Cantone, Claudio Giovanni Cortese andMarcello Nonnis. Open Access. Double-Duty Caregiving, Burnout, Job Satisfaction, and the Sustainability of the Work-Life Balance Among Italian Healthcare Workers: A Descriptive Study. SciProfilesScilitPreprints.orgGoogle Scholar. 2025

Article: Cesar Ivan Aviles Gonzalez, Maura Galletta, Federica Sancassiani, Giulia Cossu, Davide Trudu, Antonio Urban, Elisa Cantone, Raffaella Luchetta, Marcello Nonnis, Pedro Fragoso-Castilla, Martha Esther Guerra Muñoz, Sergio Machado, Antonio Egidio Nardi, Mauro G Carta, Clelia Madeddu. Healthcare students are faced with the issue of the rights of people with disabilities and the quality of services: Are we training future healthcare workers who overemphasize technology? J Public Health Res. 2024 Oct 28;13(4):22799036241290262. doi: 10.1177/22799036241290262. eCollection 2024 Oct.

Article: Sancassiani, F., Perra, A., Galetti, A., (...), Montisci, R., Primavera, D. Alexithymia and Bipolar Disorder: Virtual Reality Could Be a Useful Tool for the Treatment and Prevention of These Conditions in People with a Physical Comorbidity. Journal of Clinical Medicine 13(20),6206

Article: Primavera, D., Migliaccio, G.M., Perra, A., (...), Fortin, D., Carta, M.G. Can Virtual Reality Cognitive Remediation in Bipolar Disorder Enhance Specific Skills in Young Adults through Mirror Neuron Activity?-A Secondary Analysis of a Randomized Controlled Trial. 2024. Applied Sciences (Switzerland) 14(18),8142

Article: Primavera, D., Aviles Gonzalez, C., Perra, A., (...), Carta, M.G., Sancassiani, F.Virtual Reality Cognitive Remediation in Older Adults with Bipolar Disorder: The Effects on Cognitive Performance and Depression in a Feasibility Randomized Controlled Trial. 2024. Healthcare (Switzerland) 12(17),1753

Article: Carta, M.G., Kovess, V. , Aissa, A., (...), Aounallah-Skhiri, H. , Ouali, U. Depression during the COVID pandemic in La Manouba Governorate, Tunisia: A community survey. 2024 International Journal of Social Psychiatry. 70(6), pp. 1128-1137

Article: Prevalence and Risk by Age and Sex of Sleep Dysregulation and Depressive Episodes in Bipolar and Depressive Disorders in a Community Survey in Sardinia, Italy. Open Access. Congiu, P., Carta, M.G., Perra, A., Cantone,, E., (...), Redolfi, S., Sancassiani, F. 2024. Journal of Clinical Medicine13(16),4870

Article: Prior Engagement in Physical Activity Correlates with Enhanced Quality of Life Perceptions among Older Adults during COVID-19 Lockdown. Open Access. Migliaccio, G.M., Gonzales, C.I.A., Kalcev, G., Cantone, E.,(...), Primavera, D., Carta, M.G. 2024 Brain Sciences 14(8),765

Article: Primavera, D., Cantone, E., Cannizzaro, G.M., Sanna, C., Redolfi, S. Are Depressive Symptoms in Obstructive Sleep Apnea Attributable to a Syndrome of Dysregulation of Rhythms and Hyperactivity (DYMERS)? Journal of Clinical MedicineThis link is disabled., 2024, 13(15), 4396.

Article: Primavera, D., Urban, A., Cantone, E., ... Tusconi, M., Sancassiani, F. The Impact on Anxiety Symptoms of an Immersive Virtual Reality Remediation Program in Bipolar Disorders: A Randomized Clinical Trial. Journal of Clinical MedicineThis link is disabled., 2024, 13(14), 4203.

Article: Perra, A., Sancassiani, F., Cantone, E., ... Kalcev, G., Carta, M.G. An e-Health Psychoeducation Program for Managing the Mental Health of People with Bipolar Disorder during the COVID-19 Pandemic: A Randomized Controlled Study. Journal of Clinical MedicineThis link is disabled., 2024, 13(12), 3468.

Article: Sancassiani, F., Cossu, G., Cantone, E., ... Nardi, A.E., Carta, M.G.The Stability of Social and Behavioral Rhythms and Unexpected Low Rate of Relevant Depressive Symptoms in Old Adults during the COVID-19 Pandemic. Journal of Clinical MedicineThis link is disabled., 2024, 13(7), 2005.

Article: Atzeni, M., Carta, M.G., Primavera, D., ... Nardi, A.E., Preti, A. Reliability and Factor Structure of the Well-Being and Respect for Human Rights Questionnaire in Measuring Caregivers' Perception. Clinical Practice and Epidemiology in Mental HealthThis link is disabled., 2024, 20, e17450179310030.

Article: Carta, M.G., Kovess, V., Aissa A.,, ... Aounallah-Skhiri, H., Ouali, U. Depression during the COVID pandemic in La Manouba Governorate, Tunisia: A community survey. International Journal of Social PsychiatryThis link is disabled., 2024.

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Article: Elisa Cantone, Anna P. Piras, Marcello Vellante, [.....], Mathhias C. Angermeyer, Mauro G. Paper, Dinesh Bhugra. Interventions on Bullying and Cyberbullying in Schools: A Systematic Review. Clinical Practice and Epidemiology in Mental Health 03/2015; 11(Suppl 1: M4):58-76.

Article: Giulia Cossu, Elisa Cantone, Mirra Pintus, [.....], Alessandra Mereu, Antonio Preti, Mauro Giovanni Carta. Integrating Children with Psychiatric Disorders in the Classroom: A Systematic Review. Clinical Practice and Epidemiology in Mental Health 03/2015; 11((Suppl 1: M3)):41-57. DOI:10.2174/1745017901511010041.

Article: Federica Sancassiani, Marcello Campagna, [...] Elisa Cantone, Mauro Giovanni Carta. Organizational Wellbeing among Workers in Mental Health Services: A Pilot Study. Clinical Practice and Epidemiology in Mental Health 02/2015; 11:4-11. DOI:10.2174/1745017901511010004

Interventions in school settings

2014 - 2020

- *Psychoeducational intervention with 1:1 ratio aimed at children with disabilities (L. 104/92 art.3 paragraph 1, 3).*

2010 - 2011

- *Training courses on the subject of bullying, cyber bullying and risky online surfing aimed at teachers of primary and secondary schools in the City of Cagliari.*

- *Awareness-raising interventions on the issue of bullying, cyber bullying and risky online surfing aimed at teachers, parents and pupils of primary and secondary schools in the City of Cagliari.*

- *Legality Education Desk*

I authorize the processing of my personal data in accordance with Legislative Decree 196 of June 30, 2003 and Art. 13 GDPR

Date 15/03/2025 *Signatur*

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