

CURRICULUM VITAE

Michela Atzeni,

Psychiatric Rehabilitation Technician,

PhD Candidate

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EDUCATION

09/2021 – on going PhD in Innovation Science and Technologies, Department of Medical Sciences and Public Health, University of Cagliari.

» Research project: "New technologies for QualityRights: The applicability and efficacy of new technologies in the training of caregivers to respect human rights and to improve the quality of care."

Supervisor: Prof. Mauro Giovanni Carta

10/2016-11/2019 Master's Degree in Rehabilitation Sciences of Health Professions, Faculty of Medicine and Surgery, University of Cagliari.

» Thesis: "Scientific competitiveness in Europe: first steps towards a monitoring methodology for projects on active ageing." Supervisor: Prof. Mauro Giovanni Carta

10/2012–04/2016 Degree in Psychiatric Rehabilitation Techniques, Faculty of Medicine and Surgery, University of Cagliari.

» Thesis: "Depression among Sardinian immigrants in Argentina and those residing in Sardinia during two different periods of economic crisis (Argentina in 2001 and Sardinia in 2015)." Supervisor: Prof. Mauro Giovanni Carta

INTERNATIONAL MOBILITY GRANTS

» Jan – May 2024 Mental Health Authority of Ghana, Accra. Collaboration on the project "Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia."

» Jul – Oct 2023 Kwame Nkrumah University of Science and Technology, Department of Behavioural Sciences, School of Medicine and Dentistry, Accra, Ghana. Collaboration on the project "Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia."

» Apr – Jul 2019 University of the West Indies, Kingston, Jamaica; research on mental health systems in Latin America and the Caribbean.

» Dec 2018 – Mar 2019 Instituto de Psiquiatria de la Universidad Federal de Río de Janeiro, Brasile; research on mental health and quality of life of Sardinian immigrants in Brazil.

» Sep – Dec 2018 Asociación de familiares y personas con enfermedad mental (AFEMEN), Jerez de la Frontera, Spagna;

» Jan – Apr 2017 Comité Económico y Social Europeo de Bruselas, Belgio; research on European and US projects on active ageing.

» Sep – Dec 2015 Universidad del Museo Social Argentino de Buenos Aires, Argentina; ; research on mental health and quality of life of Sardinian immigrants in Argentina.

TEACHING EXPERIENCE

AA 2024/25

- Workshop on Multidisciplinary Rehabilitation Planning – MSc in Rehabilitation Sciences of Health Professions
- Programming in the field of health professions and customer satisfaction - MSc in Rehabilitation Sciences of Health Professions
- Coordinator of Professionalizing Activities – BSc in Psychiatric Rehabilitation Techniques
- Seminar on General Concepts of Rehabilitation – BSc in Psychiatric Rehabilitation Techniques

AA 2023/24

- Seminar in Professional Health Education Sciences - BSc in Professional Education
- Professional Workshop – BSc in Professional Education

AA 2022/23

- Seminar on General Concepts of Rehabilitation - BSc in Professional Education
- Seminar in Professional Health Education Sciences - BSc in Professional Education

WORK EXPERIENCE

09/2024-on going Centro di Psichiatria di Consultazione e Psicosomatica, University Hospital of Cagliari
Research Fellow: Research and coordination activities

02/2021-12/2021 Centro di Psichiatria di Consultazione e Psicosomatica, University Hospital of Cagliari –
Department of Medical Sciences and Public Health. Scientific collaborator for the project: “Empowering Persons with Psychosocial Disabilities to Fight for their Rights: an implementation of the CRPD and QualityRights principles in Ghana, Lebanon, and Armenia.”

10/2017-11/2017 Codes Sociale, ONLUS.

CONFERENCES / SEMINARS

- » Speaker at the international conference “Translational Medicine in biomarker identification in prevention, rehabilitation and diagnostics International Meeting of the Mediterranean Society of Translational Psychosomatics (European Mediterranean University),” THotel, November 7–8
- » International Summer School su “Human Rights and Mental Health: Implementation of the WHO QualityRights project in the Mediterranean area”, World Health Organization, Cagliari 2019..
- » OMS QualityRights e-training on Mental Health, Human Rights and Recovery, 2019.
- » Conference “Mental health and public health: the crisis of medicine and new perspectives at the dawn of the third millennium”; The study of Sardinian immigration and its contribution to mood disorders. Cagliari 2017

SCIENTIFIC PUBLICATIONS

F Sancassiani; MG Carta; et al. Lifetime hyperactivity and coping with crisis. Results of the "Tunisian Covid-19 community surveys". *Journal of Clinical Medicine*, Submitted

Sciavicco G, Specchia M et al. Risk prediction models for depression in older adults with cancer. *BMC Psychiatry*. Submitted

Carta MG, Atzeni M. The Rights of People with Psychosocial Disabilities at Times of Global Crisis in Italy: The Rights of People with Psychosocial Disabilities. *Italian Journal of Psychiatry*. Accepted (27/11/2024)

"Cost-effectiveness of Transcranial Magnetic Stimulation and Virtual Reality Based Cognitive Remediation on Depressive Symptoms Among Cancer Patients: Protocol for a Three-arm Randomized-Controlled Trial". *Clinical Practice & Epidemiology in Mental Health*. Submitted

Atzeni M, Carta MG, Greenfield D. Creating transformative change in the disabilities field: promoting both bottom-up and top-down inclusion through the UNCRPD and QualityRights Toolkit. *Int J Qual Health Care*. 2025 Mar 8:mzaf020. doi: 10.1093/intqhc/mzaf020. Epub ahead of print. PMID: 40059088.

Pinna S, Tusconi M, Atzeni M et al. Development and Preliminary Validation of a Questionnaire to Assess Perceptions on the Implementation of UN CRPD Principles Concerning Social Inclusion and Participation of Persons with Disabilities in Municipalities, *Clin Pract Epidemiol Ment Health*, 2025; 21: e17450179360265. <http://dx.doi.org/10.2174/0117450179360265250113081501>

Atzeni M, Primavera D, Aviles Gonzales CI et al. Informal caregivers compared with users and health workers on well-being and respect for human rights in mental health care services. *J Public Health Res*. 2024 Sep 30;13(3):22799036241274960. doi: 10.1177/22799036241274960. PMID: 39360031; PMCID: PMC11445764.

Moro MF, Gyimah L, Susser E, et al. Evaluating the psychometric properties of three WHO instruments to assess knowledge about human rights, attitudes toward persons with mental health conditions and psychosocial disabilities, and practices related to substitute decision-making and coercion in mental health. *Front Psychiatry*. 2024 Sep 6;15:1435608. doi: 10.3389/fpsy.2024.1435608. PMID: 39310660; PMCID: PMC11413867.

Atzeni M, Carta MG, Primavera D, et al. Reliability and Factor Structure of the Well-Being and Respect for Human Rights Questionnaire in Measuring Caregivers' Perception. *Clin Pract Epidemiol Ment Health*. 2024 Jul 10;20:e17450179310030. doi: 10.2174/0117450179310030240703061409. PMID: 39130187; PMCID: PMC11311724.

Aviles Gonzalez, C. I., Galletta, M., Cerchiaro Fernandez, D. M., Guerra Muñoz, M. E., Abarca Arias, Y. M., Brasesco, M. V., Atzeni, M., Romano, F., & Primavera, D. (2023). Respect for human rights as a component of organisational well-being: factor structure analysis in three countries of Latin America. *International review of psychiatry (Abingdon, England)*, 35(2), 221–227. <https://doi.org/10.1080/09540261.2023.2178288>

Moro, M. F., Carta, M. G., Gyimah, L., Orrell, M., Amissah, C., Baingana, F., Kofie, H., Taylor, D., Chimbar, N., Coffie, M., Cole, C., Ansong, J., Ohene, S. A., Tawiah, P. E., Atzeni, M., D'Oca, S., Gureje, O., Funk, M., Drew, N., & Osei, A. (2022). A nationwide evaluation study of the quality of care and respect of human rights in mental health facilities in Ghana: results from the World Health Organization QualityRights initiative. *BMC public health*, 22(1), 639. <https://doi.org/10.1186/s12889-022-13102-2>

Carta, M. G., Sancassiani, F., Melis, P., Aviles-Gonzales, C. I., Urban, A., Minerba, L., D'Oca, S., Atzeni, M., Velluzzi, F., Ferreli, C., Serrentino, R., Coghe, F., & Cossu, G. (2022). The perception of professionals and users of the quality of care and respect for human rights in four outpatient care facilities of an Italian hospital during the Covid-19 pandemic. *Journal of public health research*, 11(3), 22799036221119026. <https://doi.org/10.1177/22799036221119026>

Carta, M.G., Moro, M.F., Sancassiani, F., Ganassi, R., Melis, P., Perra, A., D'Oca, S., Atzeni, M., Velluzzi, F., Ferreli, C., Atzori, L., Gonzalez, C.I.A., Serrentino, M.R., Angermeyer, M.C., ; Cossu, G. Respect for service users' human rights, job satisfaction, and wellbeing are higher in mental health workers than in other health workers: A study in Italy at time of the Covid pandemic. *Journal of Public Health Research*. 2022;11(2). doi:10.1177/22799036221107060

Carta, M. G., Sancassiani, F., Ganassi, R., Melis, P., D'Oca, S., Atzeni, M., Velluzzi, F., Ferreli, C., Atzori, L., Aviles-Gonzales, C. I., Serrentino, M. R., Angermeyer, M. C., & Cossu, G. (2022). Why Was the Perception of Human Rights Respect and Care Satisfaction So High in Users of Italian Mental Health Services during the COVID-19 Pandemic?. *Journal of clinical medicine*, 11(4), 997. <https://doi.org/10.3390/jcm11040997>

Carta, M. G., Atzeni, M., Perra, A., Mela, Q., Piras, M., Testa, G., Orrù, G., & Kirilov, I. (2019). Cost-effectiveness of US National Institute of Health and European Union FP7 Projects on Active Ageing and Elderly Quality of Life-Author's reply. *Clinical practice and epidemiology in mental health : CP & EMH*, 15, 10–14. <https://doi.org/10.2174/1745017901915010010>

Kirilov, I., Atzeni, M., Perra, A., Moro, D., & Carta, M. G. (2018). Active Aging and Elderly's Quality of Life: Comparing the Impact on Literature of Projects Funded by the European Union and USA. *Clinical practice and epidemiology in mental health : CP & EMH*, 14, 1–5. <https://doi.org/10.2174/1745017901814010001>

Carta, M. G., Atzeni, M., D'Oca, S., Perra, A., D'Aloja, E., Brasesco, M. V., Moro, M. F., Minerba, L., Sancassiani, F., Moro, D., Mausel, G., & Bhugra, D. (2017). Depression in Sardinian immigrants in Argentina and residents in Sardinia at the time of the Argentinian default (2001) and the Great Recession in Italy (2015). *BMC psychiatry*, 17(1), 59. <https://doi.org/10.1186/s12888-017-1226-1>

Carta, M. G., Preti, A., Portoghese, I., Pisanu, E., Moro, D., Pintus, M., Pintus, E., Perra, A., D'Oca, S., Atzeni, M., Campagna, M., Pascolo, E. F., Sancassiani, F., Finco, G., D'Aloja, E., & Grassi, L. (2017). Risk for Depression, Burnout and Low Quality of Life Among Personnel of a University Hospital in Italy is a Consequence of the Impact One Economic Crisis in the Welfare System?. *Clinical practice and epidemiology in mental health : CP & EMH*, 13, 156–167. <https://doi.org/10.2174/1745017901713010156>

Carta, M. G., Perra, A., Atzeni, M., D'Oca, S., Moro, M. F., Kurotschka, P. K., Moro, D., Sancassiani, F., Minerba, L., Brasesco, M. V., Mausel, G., Nardi, A. E., & Tondo, L. (2017). An evolutionary approach to mania studying Sardinian immigrants to Argentina. *Revista brasileira de psiquiatria (Sao Paulo, Brazil : 1999)*, 39(2), 147–153. <https://doi.org/>

Carta, M. G., D'Oca, S., Atzeni, M., Perra, A., Moro, M. F., Sancassiani, F., Mausel, G., Nardi, A. E., Minerba, L., & Brasesco, V. (2016). Quality of Life of Sardinian Immigrants in Buenos Aires and of People Living in Italy and Sardinia: Does the Kind of Care have a Role for People with Depression?. *Clinical practice and epidemiology in mental health : CP & EMH*, 12, 158–166. <https://doi.org/10.2174/1745017901612010158>

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