

Curriculum formative, didactic, scientific And professional

Dichiarazione sostitutiva di certificazioni

(Art. 46, D.P.R. 28 dicembre 2000 n. 445)

Dichiarazione sostitutiva dell'atto di notorietà

(da presentare o spedire con la fotocopia di un documento di identità)

(Art. 47, D.P.R. 28 dicembre 2000 n. 445)

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| Name And Surname | Michael Uras |
| Date Of birth | 11/12/1984 |

Curriculum formative

| Date | Title | Entity releasing The title |
|------------|---|---------------------------------------|
| 27/07/2016 | Master's Degree in Sciences of Professions Health from the Prevention obtained at the Faculty of University Medicine and Surgery of the Studies Of Cagliari with vote 110/110 And Praise | University of the Studies Of Cagliari |
| 10/15/2014 | Bachelor's Degree in Technical from the Prevention in the Environments And in theWorkplaces at the Faculty of University Medicine and Surgery of the Studies Of Cagliari with vote 110/110 And Praise | University of the Studies Of Cagliari |
| 22/07/2011 | Bachelor's Degree in Bioecology Applied at there Facultyof Mathematical, Physical and Natural Sciences of the University of Cagliari with vote 105/110 | University of the Studies Of Cagliari |

Curriculum didactic

| Year Academic | Activity teaching (indicate The nameof teaching or of the tutoring) | Course Of degree | Scientific Sector Disciplinary |
|----------------------------|---|-------------------------------------|--------------------------------|
| 2015 – 2016 2016 - 2017 | Apprenticeship introductory For there assessment And there management of the | Techniques Of Laboratory Biomedical | MED/44 |
| 2015 – 2016 2016 - 2017 | Apprenticeship introductory For there assessment And there management of the risk | Nursing Cagliari And Obstetrics | MED/44 |
| 2015 – 2016 2016 - 2017 | Introductory internship for theassessment And there management of the risk | Medicine And Surgery | MED/44 |
| 2015 – 2016 2016 - 2017 | Introductory internship for theassessment And there management of the risk | Medicine And Surgery | MED/44 |

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| 2016 - 2017 | Apprenticeship introductory For there assessment And there management of the | Nursing Cagliari | MED/44 |
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| | risk | | |
| 2016 - 2017 | Introductory internship for the assessment And there management of the risk | Nursing Cagliari | MED/44 |
| 2017 - 2018 | Introductory internship for the assessment And there management of the risk | Medicine And Surgery | MED/44 |
| 2017 - 2018 | Introductory internship for the assessment And there management of the risk | Medicine And Surgery | MED/44 |
| 2017 - 2018 | Introductory internship for the assessment And there management of the risk | Professions Health Education Professional | MED/44 |
| 2022-2023 | Hygiene Industrial 1 | Techniques of the prevention in the environment and in the places Of Work | MED/50 |
| 2023-2024 | Introductory Internship for Risk Assessment and Management | Specialization Schools in the Health Area | MED/44 |
| 2023-2024 | Hygiene Industrial 1 | Techniques of the prevention in the environment and in the places Of Work | MED/50 |
| 2023-2024 | Introductory internship for the assessment And there management of the risk (recovery edition) | Professions Health (different aggregate degree courses) | MED/44 |

Activity professional

| Period | Entity | Main activity And responsibility |
|---------------------------------|---------------|--|
| March 2022 – As of today | ARNAS Brotzu | Service Attendant Prevention and Protection |

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|---|---|---|
| October 2018 - January 2022 | RFI – Health Directorate – Health Unit Territorial Naples- Bari | <ul style="list-style-type: none"> • Planning strategies evaluation and execution of Hygiene surveys Industrial related to exposure professional to Particulate airborne and physical agents at the group's facilities FS • Activity Of ASPP |
| October 2016 - December 2017 | Agency Hospital Brotzu | Teaching activity in courses of training “Specific training high security risk for Workers – Agreement State regions 21 December 2011” For a total of 26 hours |
| October 2016 - December 2017 | Agency Hospital Brotzu | Teaching activity in courses training “Safety training on work for workers – Agreement State Regions 21 December 2011; D. Lgs . 81/08; basic course duration minimum 4 hours” For a total Of 24 hours |
| October 2016 – July 2018 | Faculty of Medicine and Surgery, University of the Studies Of Cagliari. | Teaching activities in the field of Workplace Safety inside of teaching "APPRENTICESHIP INTRODUCTORY ASSESSMENT MANAGEMENT RISKS" For a total of 138 hours |
| June - July 2016 | ASL 8 Cagliari | Teaching activity in the courses of training “The organization of the health facilities for the correct management of the related risks at the protection from the And safety of the workers” for Managers and Supervisors for a total of 24 hours |
| January 2016 | ASL 8 of Cagliari / Hospital Company Brotzu | Teaching Activities during the course training “Training For THE Representatives of the Workers For there Safety” for I Representatives of the Workers For there Safety For a total Of 32 hours |
| October 2016- March 2018 | Department Of Science Medical And Health Public of the University of the | Research Fellow within the Project “Evaluation of the Risks For health And there |
| From July 2015 a Septembe r 2016 | Department Of Health Publish, Clinical and Molecular Medicine of the University of the Studies of Cagliari | Research Fellow within the Project "Assessment, communication And management of carcinogenic risk from exposure to benzene, hydrocarbons polycyclic aromatics and nanoparticles in urban areas affected by wastewater treatment plants refining of the oil and in areas to high urbanization" |

Publications and Relations in Congresses international

Publication “ Characterization of hand forces exerted during non- powered hospital bed pushing and pulling tasks ”

Int J Occup Saf Ergon. 2021 Jan 20;1-9

Bruno Leban , D. Fabbri, LI Lecca, **M. Uras** , M. Monticone , M. Porta, M. Pau and M. Campagna

Publication “ Response of the Cardiac Autonomic Control to Exposure to Nanoparticles and Noise : A Cross- Sectional Study of Airport Ground Staff”

Int J Environ Res Public Health . 2021 Mar 3;18(5)

Luigi Isaiah Lecca, Gabriele Marcias , **Michele Uras** , Federico Meloni, Nicola Mucci, Francesca Larese Filon , Giorgio Massacci, Giorgio Buonanno , Pierluigi Cocco and Marcello Campagna

Publication “ Occupational fine/ ultrafine particles and noise aircraft exposure personnel operating at the airport taxiway ”

2019 Environments - MDPI

Gabriele Marcias , Maria Francesca Casula, **Michele Uras** , Andrea Falqui, Edoardo Miozzi , Elisa Dreams , Sergio Pili, Iliaria Pilia , Daniele Fabbri, Federico Meloni, Marco Pau, Andrea Maurizio Sanna, Jacopo Fostinelli , Giorgio Massacci, Ernesto D' Aloja , Francesca Larese Philon , Marcello Countryside and Luigi Isaia Lecca

Publication “ Occupational Exposure to Fine Particles and Ultrafine Particles in a Steelmaking Foundry ”

Metals - Open Access Metallurgy Journal 9(2):163. February 2019

Gabriele Marcias , Jacopo Fostinelli , Andrea Maurizio Sanna, **Michele Uras** , Simona Catalani, Sergio Pili, Daniele Fabbri, Iliaria Pilia , Federico Meloni, Luigi Isaia Lecca, Egidio Madeo , Giorgio Massacci, Luca Stabile, Ernesto D' Aloja , Giorgio Buonanno , Giuseppe De Palma and Marcello Countryside.

Publication “ Composition of Metallic Elements and Size Distribution of End and UltrafineParticles in to Steelmaking Factory ”

Int J Environment Res Public Health . 2018 June 7;15(6)

Marcias G, Fostinelli J, Catalani S, **Uras M**, Sanna AM, Avataneo G, De Palma G, Fabbri D, PaganelliM, Lick LI, Good Year G, Countryside M.

Publication "Consumption Of alcohol in the operators sanitary. Proposal Of a protocol For there health surveillance”

Medicine from the Addictions, Italian Journal of the Addictions , Year YOU n.23 September 2016, ISSN2039-7925

N. Angius , D. Fabbri, AM Sanna, **M. Uras**