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DIEGO PRIMAVERA

PERSONAL INFORMATION

ADDRESS **DEPARTMENT OF MEDICAL SCIENCES AND PUBLIC HEALTH, UNIVERSITY OF CAGLIARI, VIA OSPEDALE 117, 09124 CAGLIARI**
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NATIONALITY
Italy

CURRENT ACADEMIC AND PROFESSIONAL POSITION SINCE 05.06.2023, RESEARCHER RTD-B AFFILIATED WITH SECTOR 06/N1, SCIENTIFIC DISCIPLINARY SECTOR MED/26D ADVANCED MEDICAL AND SURGICAL TECHNICAL SCIENCES, WORKING AT THE UNIVERSITY OF CAGLIARI, DEPARTMENT OF MEDICAL SCIENCES AND PUBLIC HEALTH

EDUCATION AND TRAINING

Educational Background

A.A. 2003-2004 Degree in Medicine and Surgery from the University of Cagliari in the academic year 2003-2004

From 2004 to 2008 Specialization in Psychiatry at the Faculty of Medicine and Surgery, University of Cagliari, academic year 2007-2008.

2011 Second-level Master's degree in Psychopharmacology obtained in 2011 with a final exam and thesis at Vita-Salute San Raffaele University, Milan.

2007-2011 Training in Cognitive-Behavioral and Constructivist Psychotherapy at the Italian Society of Cognitive Behavioral Therapy (S.I.T.C.C.) for four years.

2016 Ph.D. in "Neurosciences" obtained in the academic year 2015-2016 at the Department of Medical Sciences, Clinical and Molecular Medicine, University of Cagliari.

2020 Second-level Master's degree in Forensic Psychiatry obtained with final exam and thesis in the academic year 2019-2020.

ESPERIENZE LAVORATIVE PRINCIPALI:

from 14.05.2012 to 31.12.2017 Permanent full-time Medical Psychiatrist at the Mental Health Center (CSM) and Psychiatric Diagnosis and Treatment Service (SPDC) of Nuoro.

from 01.01.2018 to 14.10.2022 Permanent full-time Medical Psychiatrist at the SPDC of Carbonia.

from 15.10.2022 to 04.06.2023

Medical Psychiatrist from 14.05.2012 to 04.06.2023 at the Mental Health Center of Sanluri, part of the Mental Health and Addictions Department of ASL Medio Campidano.

SCIENTIFIC AND RESEARCH ACTIVITY

Author of numerous scientific articles published in peer-reviewed international journals:

57 publications according to the Scopus database with 663 citations, h-index 15;

88 publications according to Google Scholar, with 651 citations and h-index of 15

50 full-text articles according to PubMed

ACCADEMIC ACTIVITY	
2023-2024	Integrated Course. Teaching of HEALTHCARE SERVICES MANAGEMENT AND TELEMEDICINE within the Master's Degree Program in Rehabilitation and Prevention Sciences of Health Professions.
	Integrated Course of Disability and Rehabilitation. Teaching of Disability Diagnosis and Rehabilitation within the Bachelor's Degree Program in Professional Education at the University of Cagliari.
	Integrated Course. Teaching of Basic Concepts of Addictions and Eating Disorders within the Bachelor's Degree Program in Professional Education at the University of Cagliari.
	Integrated Course. Teaching of APPLIED MEDICAL TECHNICAL SCIENCES within the Master's Degree Program in Rehabilitation and Prevention Sciences of Health Professions.
2024-2025	Integrated Course of Disability and Rehabilitation. Teaching of Disability Diagnosis and Rehabilitation within the Bachelor's Degree Program in Professional Education at the University of Cagliari.
	Integrated Course. Teaching of Basic Concepts of Addictions and Eating Disorders within the Bachelor's Degree Program in Professional Education at the University of Cagliari.
	Integrated Course. Teaching of APPLIED MEDICAL TECHNICAL SCIENCES within the Master's Degree Program in Rehabilitation and Prevention Sciences of Health Professions.
	Teaching of LABORATORY ON THE MANAGEMENT OF PATIENTS WITH COMPLEX NEEDS within the Master's Degree Program in Rehabilitation and Prevention Sciences of Health Professions.

PREMI E RICONOSCIMENTI

2006

XI National Congress of SOPSI - Rome. Poster titled "Cerebral Perfusion Abnormalities in Patients with Major Depressive Disorder with Hashimoto's Encephalopathy: Preliminary Results of a Study with 99mTc-ECD SPECT" classified in category B.

2009

3rd International Forum Innovation in Psychiatry - Milano: "Impact of early Intervention and Duration of Treatment on the Outcome of Psychiatric Disorders". "Poster Award" titled "Psychopathological elements Interferon-related: Results of a Prospective Study".

2011

4th International Forum Innovation in Psychiatry - Milan: "New Clinical and Bio-Pathogenetic Models in Psychopathology. Implications for Treatment." Winner of the third place with the work: "Does DUI predict the very long-term outcome in schizophrenia spectrum disorders?"

2011

WAPR Italy National Congress – L'Aquila "Good practices in integrated

psychosocial treatments: welcome to the south!" Terzo poster alla poster session con il lavoro: "DUI predicts very long-term outcome in schizophrenic spectrum disorders".

2009

3rd International Forum Innovation in Psychiatry - Milan: "Impact of early Intervention and Duration of Treatment on the Outcome of Psychiatric Disorders" Poster premiato dal "Poster Award" titled "Psychopathological elements Interferon-related: Results of a Prospective Study".

Participation in Scientific Conferences at International and National Level as Speaker or Organizer.

22 06 2012

Congress SIP: "Disturbi psichiatrici all'esordio: possono la diagnosi e il trattamento precoce migliorare il decorso e l'esito?", Cagliari, Italia.

7-11 10 2012

46° National Congress Nazionale SIP "Nutrire la mente", Milano, Italia.

24-27 02 2016

Congress SOPSI 2016 speaker at -simposio tematico- "L'impatto della durata di malattia non trattata nel decorso della schizofrenia", Milano, Italia.

22-25 febbraio 2017

Speaker at SOPSI congresso 2017 al -simposio- "I progressi della ricerca traslazionale nei disturbi psichiatrici gravi" con la relazione "Il BDNF come marcatore biologico nella schizofrenia", Roma Italia

21-24 Febbraio 2018

Speaker at SOPSI congresso 2018 al -simposio- "Salute mentale nei migranti" con la relazione "Forme di intervento clinico nei migranti affetti da disturbi dello spettro ansioso", Roma Italia

17-19 Ottobre 2023

Speaker at "Congreso International De Investigation Societad", Valledupar, Colombia.

25-29 Marzo 2024

Lecturer and Tutor for the Intensive Training Module of the International Doctorate "Capacities Building for Global Health" at the University of Cagliari, Monteponi (Iglesias).

19-21 giugno 2024

Award Committee for the Oral Presentation 3rd UNICA Sport Science International Conference "Training and Genetic Profile: Maximizing Athletic Potential"

19-21 giugno 2024

Award Committee for the Poster Presentation 3rd UNICA Sport Science International Conference "Training and Genetic Profile: Maximizing Athletic Potential"

24-25 ottobre 2024

IV Russian conference with international participation "Mental health of the family in the modern world" Защита прав человека и обеспечение охраны психического здоровья: опыт двухуровневого действия (Human rights promotion and care delivery in mental health: an experience of a two-level action) Tomsk

7-8 november 2024

International Meeting of the Mediterranean Society of Translational Psychosomatics "Translational Medicine in biomarker identification in prevention, rehabilitation and diagnostics" con la relazione dal titolo "New technologies for an epidemiological project on the frequency of psychosocial disability in children" Cagliari, 7-8 novembre 2024

- 7-8 november 2024 Segreteria scientifica: International Meeting of the Mediterranean Society of Translational Psychosomatics “Translational Medicine in biomarker identification in prevention, rehabilitation and diagnostics” Cagliari, 7-8 novembre 2024
- 16 november 2024 Congresso della Società Italiana Obesità “Disregolazione dei ritmi biologici nei disturbi dell’umore” Cagliari, 16 novembre 2024
- 20 november 2024 Webinar “Virtual Reality Immersive and Mental Health” 20 novembre 2024

ABSTRACT E PUBBLICATIONS

- 2008 *NonnoiV. PinnaF. TuveriR. PinnaM. CanavesioF. CampusA. PrimaveraD. PitzalisM. VelluzziF. LoviselliA. OrrùW. CarpielloB.* **“Obesità e qualità della vita”** Volume degli Abstract “XI congresso nazionale Società Italiana Psichiatria Forense” 2008 da pag.140 a pag.141
- 2011 *Primavera D.* **“La diagnosi e l’intervento precoce nelle psicosi”** *Omeca Aprile 2011 pag.16*
- 2008 *NonnoiV. PinnaF. TuveriR. PinnaM. CanavesioF. CampusA. PrimaveraD. PitzalisM. VelluzziF. LoviselliA. OrrùW. CarpielloB.* **“Obesità e qualità della vita”** Volume degli Abstract “IV congresso nazionale Società Italiana dell’Obesità” 2008 pag. 40.
- 2007 *S. Montaldo, A.R. Collu, V. Nonnoi, A. Campus, G.L. Pillai, M. Pinna, D. Primavera, B. Carpiello* **“Insomnia and excessive daytime sleepiness in psychotic patients taking traditional or atypical antipsychotic medications”** Abstract for poster sessions / *European Psychiatry 22 (2007) p.162.*
- 2010 *R.Paoli, M.Buoli, D.Primavera, M.Benedetti, C.Rovera, A.C.Altamura* **“Mood stabilizers and atypical antipsychotics in long-term treatment of bipolar disorder”** *European Psychiatry Volume 25, Supplement 1 (2010) page 1448.*
- 2009 *Altamura AC, Paoli RA, Buoli M, Primavera D, Mauri MC* **“Substance Abuse and outcome in long term treatment of psychotic disorder”** Final Programme “17° European Congress of Psychiatry: Lisbon 2009” page 190
- 2010 *R.A.Paoli, M.Buoli, D.Primavera, M.Benedetti, C.Rovera, A.C. Altamura* **“Stabilizzatori dell’umore e antipsicotici atipici nel trattamento a lungo termine del disturbo bipolare”** *Giornale Italiano di Psicopatologia.2010;16(S1) p.194-195*
- 2010 *A.C. Altamura, M.Buoli, R.A.Paoli, , D.Primavera* **“Mood stabilizers and atypical antipsychotics in the long term treatment of bipolar disorder”** *The journal of the European College of Neuropsychopharmacology Vol.20 S3, Page S404-405*
- 2010 *D.Primavera, G.Serra, C.Balestrieri, L.Chessa, M.G. Orrù, B.Carpiello* **“Aspetti psicopatologici interferon-relati: risultati di uno studio prospettico”** Abstract Book –V conferenza tematica SIP- p.140-141

- 2011 *D.Primavera, C.Bandecchi, T.Lepori, L.Sanna, B.Carpiniello* **“La DUI predice l’esito a lunghissimo termine nei disturbi dello spettro schizofrenico”** Volume degli abstract “XIV congresso nazionale psichiatria forense. La psichiatria basata sull’evidenza: aspetti clinici e forensi” (2011) pp 179-180
- 2011 *D.Primavera, C.Bandecchi, T.Lepori, L.Sanna, B.Carpiniello* **“La DUI predice l’esito a lunghissimo termine nei disturbi dello spettro schizofrenico”** Volume degli abstract “Congresso nazionale WAPR Italia” (2011) p. 52
- 2011 *D.Primavera, I.Scanu, S.Lostia di Santa Sofia, ME Lai, C.Balestrieri, G.Serra, L.Chessa, E.Zaccheddu, C.Bandecchi, B.Carpiniello* **“Differenze di genere, sintomi psicopatologici e qualità di vita nei pazienti in trattamento con interferon: risultati di uno studio prospettico”** Volume degli abstract VI conferenza tematica nazionale Società Italiana di Psichiatria “Differenze di genere e salute mentale
- 2011 *D.Primavera, L.Sanna, C.Bandecchi, T.Lepori, F.Cosso, B.Carpiniello* **Differenze di genere nella durata di malattia non trattata ed esiti a lungo termine nei disturbi depressivi maggiori.** Volume degli abstract VI conferenza tematica nazionale Società Italiana di Psichiatria “Differenze di genere e salute mentale
- 2011 *D.Primavera, T.Lepori, L.Sanna, C.Bandecchi, R.Carta, B.Carpiniello* **Esordi psicotici: differenze di genere nell’età di esordio** Volume degli abstract VI conferenza tematica nazionale Società Italiana di Psichiatria “Differenze di genere e salute mentale
- 2011 *D.Primavera, L.Sanna, C.Bandecchi, T.Lepori, F.Cosso, B.Carpiniello* **“Duration of Untreated Illness and long term outcome in major depressive disorders”** Abstract EPoster 20th European Psychiatric Association Congress 2011
- 2011 *D.Primavera, T.Lepori, L.Sanna, C.Bandecchi, B.Carpiniello* **“The duration of untreated psychosis is associated with an increased number of hospitalizations in the long term outcome”** Abstract EPoster 20th European Psychiatric Association Congress 2011
- 2011 *D.Primavera, R.Carta, L.Sanna, C.Bandecchi, L.Campus, AC Loi, B.Carpiniello* **“Duration of Untreated psychosis and cognitive impairment in schizophrenic spectrum disorders”** 20th Abstract EPoster European Psychiatric Association Congress 2011
- 2012 *B.Dell’Osso, M.Palazzo, D.Primavera, N.D’Urso, C.Arici, B.Penzo, C.Dobrea, L.Oldani, A.Tiseo, E.Nahum Sembira, F.Colombo, G.Camuri, B.Benatti, M.Serati, S.Zanoni, F.Castellano, L.Liotti, B.Carpiniello, A.C.Altamura* **Determinazione dell’esordio e della latenza ai trattamenti nei disturbi psichiatrici attraverso la somministrazione del Questionario per l’Esordio Psicopatologico e la Latenza al Trattamento (POLQ)** Journal of Psychopatology Volume 18 Marzo 2012 Number S1 pp.S235-S236
- 2012 *D.Primavera, F.Cosso, L.Sanna, C. Bandecchi, T.Lepori, B.Carpiniello* **Durata di malattia non trattata ed esiti a lungo termine nei disturbi depressivi maggiori** Journal of Psychopatology Volume 18 Marzo 2012 Number S1 p.S217

- 2012 *D.Primavera, I.Scanu, S.Lostia di Santa Sofia, M.E. Lai, C.Balestrieri, G.Serra, L.Chessa, E.Zaccheddu, C.Bandecchi, B.Carpiniello* **Sintomi psicopatologici e qualità di vita nei pazienti in trattamento con interferon: risultati di uno studio prospettico** *Journal of Psychopathology* Volume 18 Marzo 2012 Number S1 p.S217
- 2012 N.Vaccargiu, *D.Primavera*, B.Carpiniello **Attività fisica nel paziente psichiatrico** *Journal of Psychopathology* Volume 18 Marzo 2012 Number S1 p.S181
- 2012 *Diego Primavera*, Maria Germana Orrù, Tiziana Lepori, Sonia Pintore, Rachele Pisu Randaccio, Lucia Sanna, Massimo Tusconi, Bernardo Carpiniello **L'intervento all'esordio psicotico incide significativamente sulla remissione clinica ed il recupero funzionale? Dati preliminari di uno studio osservazionale** *Fact News and Views vol.11 ed. spec. XVIII congress SINPF*
- 2012 Manuela Oliva, *Diego Primavera*, Andrea Murru, Bernardo Carpiniello **La durata di malattia non trattata e il decorso della patologia in una coorte naturalistica di pazienti bipolari** *Fact News and Views vol.11 ed. spec. XVIII congresso*
- 2015 E. Cossu A.Coni, M.Tusconi, B.Carpiniello, *D.Primavera* **La montagna terapia come strumento della riabilitazione psicosociale nei pazienti con disturbi psicotici: uno studio caso controllo** Atti del 19° congresso nazionale della società italiana di psicopatologia 2015
- 2015 M.Oliva, A.Murru, *D.Primavera*, M.L.Meloni, I.Pacchiarotti, B.Carpiniello **Prevalenza e implicazioni cliniche della durata di malattia non trattata nel disturbo bipolare** Atti del 19° congresso nazionale della società italiana di psicopatologia 2015
- 2015 M.L.Meloni, *D.Primavera*, A.Murru, I.Pacchiarotti, M.Oliva, B.Carpiniello **Durata di malattia non trattata, stabilizzanti dell'umore e antipsicotici atipici nel trattamento a lungo termine del disturbo bipolare** Atti del 19° congresso nazionale della società italiana di psicopatologia 2015
- 2016 *D. Primavera*, M. Manchia, M. Tusconi, L. Deriu, R. Collu, M. Scherma, P. Fadda, W. Fratta, B. Carpiniello **BDNF serum levels as a biomarker of depressive symptoms in psychotic disorders** *Poster at 29th ECNP congress Vienna 17-20 settembre 2016*
- 2017 M.Manchia, *D.Primavera*, L.Deriu, E.Caboni, N.Iaselli, D.Sundas, M.Tusconi, D.Congiu, R.Collu, A.Squassina, M.Scherma, P.Fadda, W.Fratta, B.Carpiniello **The longitudinal Trajectory of BDNF levels in psychotic patients: the impact of clinical and genetics variables** *Neuropsychopharmacology 56th Annual Meeting Montreal-Canada*

- 2018 M.Manchia, D.Primavera, L.Deriu, E.Caboni, N.Iaselli, D.Sundas, M.Tusconi, R.Collu, A.Squassina, M.Scherma, D.Congiu, P.Fadda, W.Fratta, B.Carpiniello **Clinical and genetic determinants of BDNF levels in psychotic patients: a longitudinal 24-month prospective study poster presentation ECNP Barcellona October 2018**
- 2019 *M.Manchia, D.Primavera, L.Deriu, E.Caboni, N.Iaselli, D.Sundas, M.Tusconi, R.Collu, A.Squassina, M.Scherma, D.Congiu, P.Fadda, W.Fratta, B.Carpiniello* **The impact of depot and long acting injectable antipsychotics on serum levels of BDNF in schizophrenic and schizoaffective patients: result of a 24-month longitudinal prospective study** Abstract ENCP Copenghen September 2019

PUBLICATIONS IN NATIONAL AND INTERNATIONAL SCIENTIFIC JOURNALS

- 2012 *D.Primavera, I.Scanu, S.Lostia di Santa Sofia, ME Lai, C.Balestrieri, G.Serra, L.Chessa, E.Zaccheddu, C.Bandecchi, B.Carpiniello* **“Differenze di genere, sintomi psicopatologici e qualità di vita nei pazienti in trattamento con interferon: risultati di uno studio prospettico”** *Atti della conferenza tematica nazionale della Società Italiana di Psichiatria. Editor Bernardo Carpiniello. Medimond International Proceedings pp 169-173*
- 2012 *D.Primavera, L.Sanna, C.Bandecchi, T.Lepori, F.Cosso, B.Carpiniello* **Durata di malattia non trattata ed esiti a lungo termine nei disturbi depressivi maggiori.** *Atti della conferenza tematica nazionale della Società Italiana di Psichiatria. Editor Bernardo Carpiniello. Medimond International Proceedings pp175-179*
- 2012 *D.Primavera, T.Lepori, L.Sanna, C.Bandecchi, R.Carta, B.Carpiniello* **Esordi psicotici: differenze di genere nell'età di esordio** *Atti della conferenza tematica nazionale della Società Italiana di Psichiatria. Editor Bernardo Carpiniello. Medimond International Proceedings. pp19-21*
- 2013 *Carpiniello B, Primavera D, Pilu A, Vaccargiu N, Pinna F.* **Physical activity and mental disorders: A case-control study on attitudes, preferences and perceived barriers in Italy.** *J Ment Health. 2013 Nov 8.*
- 2013 *Primavera D, Carta R, Lepori T, Sanna L, Carpiniello B.* **[Duration of untreated psychosis and cognitive deficits in a cohort of chronic psychotic patients].** *Clin Ter. 2013;164(4):e263-71.*
- 2012 *D.Primavera, C.Bandecchi, T.Lepori, L.Sanna, E. Nicotra, B.Carpiniello* **“Does duration of Untreated psychosis predict very long term outcome of schizophrenic disorders) Results of a retrospective study”** *Ann Gen Psychiatry. 2012 Aug 2;11(1):21*

- 2014 Tarricone I, Braca M, Allegri F, Barrasso G, Bellomo A, Berlincioni V, Carpiniello B, Ceregato A, Conforti Donati M, Defilippi S, Del Vecchio V, De Rosa C, Ferrannini L, Ferrari S, Furio MA, Gramaglia C, La Cascia C, Luciano M, Mulè A, Nardini M, Podavini F, Primavera D, Reggianini C, Rigatelli M, Todarello O, Turella E, Ventriglio A, Zeppego P, Fiorillo A, Berardi D. **First-episode psychosis and migration in Italy (PEP-Ita migration): a study in the Italian mental health services.** BMC Psychiatry. 2014 Jun 23; 14:186
- 2015 Dell'Osso B, Cremaschi L, Palazzo C, Suardi N, Spagnolin G, Camuri G, Benatti B, Oldani L, Dobrea C, Arici C, Pace G, Tiseo A, Nahum ES, Castellano F, D'Urso N, Clerici M, Primavera D, Carpiniello B, Altamura AC. **Factors characterizing access and latency to first pharmacological treatment in Italian patients with schizophrenia, mood, and anxiety spectrum disorders.** Int Clin Psychopharmacol. 2015 Jan;30(1):29-35.
- 2015 Murru A, Primavera D, Oliva M, Meloni ML, Vieta E, Carpiniello B. **The role of comorbidities in duration of untreated illness for bipolar spectrum disorders.** J Affect Disord. 2015 Dec 1;188:319-23. doi: 10.1016/j.jad.2015.09.009. Epub 2015 Sep 10. PubMed PMID: 26408989.
- 2016 Benatti B, Camuri G, Dell'Osso B, Cremaschi L, Sembira E, Palazzo C, Oldani L, Dobrea C, Arici C, Primavera D, Carpiniello B, Castellano F, Carrà G, Clerici M, Baldwin DS, Altamura AC. **Which factors influence onset and latency to treatment in generalized anxiety disorder, panic disorder, and obsessive-compulsive disorder?** Int Clin Psychopharmacol. 2016 Nov;31(6):347-52. doi:10.1097/YIC.0000000000000137. PubMed PMID: 27384739.
- 2017 Primavera D, Manchia M, Deriu L, Tusconi M, Collu R, Scherma M, Fadda P, Fratta W, Carpiniello B. **Longitudinal assessment of brain-derived neurotrophic factor in Sardinian psychotic patients (LABSP): a protocol for a prospective observational study.** BMJ Open. 2017 May 25;7(5):e014938. doi: 10.1136/bmjopen-2016-014938. PubMed PMID: 28550022.
- 2018 M. Manchia, D. Primavera, L. Deriu, E. Caboni, N. Iaselli, D. Sundas, M. Tusconi, R. Collu, A. Squassina, M. Scherma, D. Congiu, P. Fadda, W. Fratta, B. Carpiniello **The impact of depot and long acting injectable antipsychotics on serum levels of BDNF in schizophrenic and schizoaffective patients: result of a 24-month longitudinal prospective study** Research and Advances in Psychiatry 2018; 4 (1):10-17
- 2021 Tarricone I, D'Andrea G, Storbini V, Braca M, Ferrari S, Reggianini C, Rigatelli M, Gramaglia C, Zeppego P, Gambaro E, Luciano M, Ceregato A, Altamura M, Barrasso G, Primavera D, Carpiniello B, Todarello O, Berlincioni V, Podavini F, Morgan C, Murray RM, Di Forti M, Muratori R, Berardi D. **First-episode Psychosis and Migration in Italy: Results from a Study in the Italian Mental Health Services (Pep-Ita Study).** J Immigr Minor Health. 2021 Jun;23(3):519-527. doi: 10.1007/s10903-021-01168-w. Epub 2021 Mar 10. PMID: 33689115

- 2022 *Isayeva U, Manchia M, Collu R, Primavera D, Deriu L, Caboni E, Iaselli N, Sundas D, Tusconi M, Pinna F, Paribello P, Scherma M, Pisanu C, Meloni A, Zai CC, Congiu D, Squassina A, Fratta W, Fadda P, Carpiniello B. Exploring the association between brain-derived neurotrophic factor (BDNF) levels and longitudinal psychopathological and cognitive changes in Sardinian psychotic patients. Eur Psychiatry. 2022 Oct 25;1-19. doi: 10.1192/j.eurpsy.2022.2333. Online ahead of print. PMID: 36281033*
- 2022 *Manchia M, Isayeva U, Collu R, Primavera D, Deriu L, Caboni E, Iaselli MN, Sundas D, Tusconi M, Pinna F, Paribello P, Scherma M, Pisanu C, Meloni A, Zai CC, Congiu D, Squassina A, Fratta W, Fadda P, Carpiniello B. Converging Evidence Points to BDNF as Biomarker of Depressive Symptoms in Schizophrenia-Spectrum Disorders. Brain Sci. 2022 Dec 4;12(12):1666. doi: 10.3390/brainsci12121666. PMID: 36552127; PMCID: PMC9775399.*
- 2022 *Carta MG, Kalcev G, Scano A, Primavera D, Orrù G, Gureye O, Cossu G, Nardi AE. Is Bipolar Disorder the Consequence of a Genetic Weakness or Not Having Correctly Used a Potential Adaptive Condition? Brain Sci. 2022 Dec 22;13(1):16. doi: 10.3390/brainsci13010016. PMID: 36671999; PMCID: PMC9856125.*
- 2023 *Perra A, Galetti A, Zaccheddu R, Locci A, Piludu F, Preti A, Primavera D, Di Natale L, Nardi AE, Kurotshka PK, Cossu G, Sancassiani F, Stella G, De Lorenzo V, Zreik T, Carta MG. A Recovery-Oriented Program for People with Bipolar Disorder through Virtual Reality-Based Cognitive Remediation: Results of a Feasibility Randomized Clinical Trial. J Clin Med. 2023 Mar 9;12(6):2142. doi: 10.3390/jcm12062142. PMID: 36983145; PMCID: PMC10056011.*
- 2023 *Aviles Gonzalez CI, Galletta M, Cerchiaro Fernandez DM, Guerra Muñoz ME, Abarca Arias YM, Brasesco MV, Atzeni M, Romano F, Primavera D. Respect for human rights as a component of organisational well-being: factor structure analysis in three countries of Latin America. Int Rev Psychiatry. 2023 Feb-Mar;35(2):221-227. doi: 10.1080/09540261.2023.2178288. Epub 2023 Feb 16. PMID: 37105154*
- 2023 *Carta MG, Kalcev G, Fornaro M, Pinna S, Gonzalez CIA, Nardi AE, Primavera D. Does Screening for Bipolar Disorders Identify a "Dysregulation of Mood, Energy, and Social Rhythms Syndrome" (DYMERS)? A Heuristic Working Hypothesis. J Clin Med. 2023 Aug 7;12(15):5162. doi: 10.3390/jcm12155162. PMID: 37568562; PMCID: PMC10419483.*
- 2023 *Carta MG, Kalcev G, Scano A, Pinna S, Gonzalez CIA, Nardi AE, Orrù G, Primavera D. Screening, Genetic Variants, and Bipolar Disorders: Can Useful Hypotheses Arise from the Sum of Partial Failures? Clin Pract. 2023 Jul 27;13(4):853-862. doi: 10.3390/clinpract13040077. PMID: 37623258; PMCID: PMC10453758.*

- 2023 Quagliato LA, Primavera D, Fornaro M, Preti A, Carta MG, Nardi AE. **An update on the pharmacotherapeutic strategies for the treatment of dysthymic disorder: a systematic review.** *Expert Opin Pharmacother.* 2023 Sep-Dec;24(18):2035-2040. doi: 10.1080/14656566.2023.2265809. Epub 2024 Jan 5. PMID: 37787056.
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LANGUAGE CERTIFICATIONS

	Italian				
Other Language	English				
	Comprehension		Speaking		Writing
	Listening	Reading	Oral Interaction	Oral Production	
	B2	B2	B2	B2	B2