



Curriculum Vitae Europass

PERSONAL INFORMATION

Surname	BUSONERA
Given name	ALESSANDRA
Citizenship	Italian
E-mail	a.busonera@unica.it

OCCUPATION

From March 1, 2024 (ongoing) Psychologist–Psychotherapist, Medical Oncology Unit, Duilio Casula University Hospital of Cagliari (AOU Cagliari)

DEGREES AND QUALIFICATIONS

January 2018	Specialization in Psychological Assessment and Counseling, qualifying for the practice of Psychotherapy in accordance with Ministerial Decree 246/06, Faculty of Medicine and Psychology, Sapienza University of Rome.
June 2012	PhD in Dynamic, Clinical, and Developmental Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome.
March 2006	Master's Degree in Educational Clinical Psychology of Developmental Age (II Level), Faculty of Medicine and Surgery, University of Cagliari.
May 2004	Registration in the Register of Psychologists of the Sardinia Region (n. 1114).
December 2002	Degree in Psychology, 110/110 cum laude, Faculty of Education Sciences, University of Cagliari, Psychology Degree Program.

ACADEMIC TEACHINGS

A.Y. 19/20 – Clinical Psychology (M-PSI/08), Degree Program in Physiotherapy, Faculty of Medicine and Surgery, University of Cagliari.
A.Y. 24/25

- A.Y. 18/19 – Conflict Management and Negotiation (M-PSI/08) Degree Program in Nursing and
A.Y. 19/20 – Midwifery Sciences, Faculty of Medicine and Surgery, University of Cagliari.
- A.Y. 21/22 – Developmental and Educational Psychology (M-PSI/04) Degree Program in Professional
A.Y. 23/24 – Education, Faculty of Medicine and Surgery, University of Cagliari
- A.Y. 16/17 – Developmental Psychology (M-PSI/04) Degree Program in Education and Training
A.Y. 20/21 – Sciences, Faculty of Humanities, University of Cagliari.
- A.Y. 18/19 – Developmental Psychology and Educational Psychology (M-PSI/04), Degree Program in
A.Y. 20/21 – Speech and Language Therapy, Faculty of Medicine and Surgery, University of Cagliari.
- A.Y. 17/18 – Research Methodologies and Statistical Applications (M-PSI/03), Degree Program in
A.Y. 19/20 – Neuropsychobiology Faculty of Biology and Pharmacy, University of Cagliari.
- 09/09/2019- Tutor for University Master's Programs in Palliative Care and Pain Therapy (First and
22/12/2022 – Second Level), University of Cagliari.

FOREIGN LANGUAGES

English

IT SKILLS

ICDL Full Standard Certificate
Good knowledge of SPSS for statistical analysis
Basic knowledge of LISREL for structural equation modeling (SEM)

PUBLICATIONS

Books

MANCA UCCHEDDU, O., BUSONERA, A. (2004), *Storie di separazione fra coniugi. Costruzioni narrative in ambito processuale*, Giuffrè, Milano, pp.329 ISBN 88-14-10849-8.

TOMMASI, M., BUSONERA, A. (2010), *Teorie e tecniche dei reattivi e delle interviste in psicologia*, FrancoAngeli, Milano, pp. 416 ISBN13: 9788856815719.

Contributions to Edited Volumes

ZAVATTINI, G.C., BUSONERA, A. (2017). Experiences in Close Relationships Scales. In V. Zeigler-Hill and T.K. Shackelford (Eds) *Encyclopedia of Personality and Individual Differences*. Springer International Publishing, pp. 1-6. DOI: 10.1007/978-3-319-28099-8_814-1

Articles in Scientific Journals

BUSONERA, A., TOMMASI, M., PIRAS, I., & GALLETTA, M. (2025). Emotional Processing and Psychological Well-Being of Healthcare Workers During the COVID-19 Pandemic. *Healthcare*, 13(8), 871. <https://doi.org/10.3390/healthcare13080871>

LAMPIS, J., BUSONERA, A., & TOMMASI, M. (2025). Parental Bonding and Dyadic Adjustment: The Mediating Role of the Differentiation of Self. *Contemp Fam Ther* (2025). <https://doi.org/10.1007/s10591-025-09733-3>

BUSONERA, A., LAMPIS, J. & CATAUDELLA, S. Starting University at the Time of COVID-19: Psychoemotional Adjustment of a Group of Italian Students. *J Adult Dev* (2023). <https://doi.org/10.1007/s10804-023-09444-9>. WOS: 000941910800001

CATAUDELLA, S., LAMPIS, J., BUSONERA, A., CONGIA, F., MELIS, G. B., & ZAVATTINI, G. C. (2021). From pregnancy to 3 months after birth: the beginning of mother-infant relationship from a maternal perspective. *Journal of Reproductive and Infant Psychology*, 40(3), 266–287. <https://doi.org/10.1080/02646838.2021.1995597>. WOS: 000710396500001

VELOTTI, P., BUSONERA, A., TAMBELLI, R., ZAVATTINI, G.C. (2021). Communication Patterns Questionnaire: expanding reliability and validity evidence. *Journal of Couple & Relationship Therapy*, doi:10.1080/15332691.2021.1967825. WOS: 000687590300001

LAMPIS, J., CATAUDELLA, S., AGUS, M., BUSONERA, A., SKOWRON, E.A. (2019). Differentiation of Self and Dyadic Adjustment in Couple Relationships: A dyadic analysis using the Actor-Partner Interdependence Model. *Family Process*, Jun 10, 1-18, DOI: <https://doi.org/10.1111/famp.12370>. WOS:000485281200012

LAMPIS, J., CATAUDELLA, S., BUSONERA, A., DE SIMONE, S., TOMMASI, M. (2019) The moderating effect of gender role on the relationships between gender and attitudes about body and eating in a sample of Italian adolescents. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 24(1): 3-11, DOI: <https://doi.org/10.1007/s40519-017-0372-2>. WOS:000458515800002

LAMPIS, J., CATAUDELLA, S., BUSONERA, A., CARTA, S. (2018). Personality similarity and romantic relationship adjustment during the couple life cycle. *The Family Journal: Counseling and Therapy for Couples and Families*, 26 (1), 31-39,. DOI: <https://doi.org/10.1177/1066480717741689> WOS:000429300800004.

LAMPIS, J., CATAUDELLA, S., BUSONERA, A., SKOWRON, E. A. (2017). The role of differentiation of self and dyadic adjustment in predicting codependency. *Contemporary Family Therapy*, 39 (2), 62-72. DOI: <https://doi.org/10.1007/s10591-017-9403-4>. WOS:000412460400007

LAMPIS J., CATAUDELLA S., BUSONERA A., SKOWRON E. A. (2017) Effetti della differenziazione del sé sul benessere psicologico. *Giornale Italiano di Psicologia GIP* 1-2, 2017, maggio pp. 475-482. DOI: 10.1421/87351.

BUSONERA, A., CATAUDELLA, S., LAMPIS, J., TOMMASI, M., ZAVATTINI, G.C. (2017). Psychometric properties of the Postpartum Bonding Questionnaire and correlates of mother-infant bonding impairment in Italian new mothers. *Midwifery*, 55, 15-22. DOI: <https://doi.org/10.1016/j.midw.2017.08.011>. WOS:000414860400003

BUSONERA, A., CATAUDELLA, S., LAMPIS, J., TOMMASI, M., ZAVATTINI, G.C. (2017). Prenatal Attachment Inventory: Expanding the reliability and validity evidence using a sample of Italian women. *Journal of Reproductive and Infant Psychology*, 35(5), 462-479. DOI: <https://doi.org/10.1080/02646838.2017.1349896>. WOS:000416753300004

LAMPIS, J., BUSONERA, A., CATAUDELLA, S., TOMMASI, M., SKOWRON, E.A. (2017). Psychometric properties of an Italian version of the Differentiation of Self Inventory-Revised. *Journal of Adult Development*, 24 (2), 144-154. DOI: <https://doi.org/10.1007/s10804-016-9253-6>. WOS:000399825300006

CATAUDELLA, S., LAMPIS, J., BUSONERA, A., MARINO, M., ZAVATTINI, G.C. (2016) From parental-fetal attachment to a parent-infant relationship: a systematic review about prenatal protective and risk factors. *Life Span and Disability*, XIX, 2, 185-219. WOS: 000407255800004

BUSONERA, A., CATAUDELLA, S., LAMPIS, J., TOMMASI, M., ZAVATTINI, G.C. (2016) Investigating validity and reliability evidence for the Maternal Antenatal Attachment Scale in a sample of Italian women, *Archives of Women's Mental Health*, 19(2), 329-336. DOI: <https://doi.org/10.1007/s00737-015-0559-3>. WOS:000372601800013

CATAUDELLA S., LAMPIS J., BUSONERA A., MARINO M (2016) Il processo di costruzione del legame di attaccamento prenatale nelle coppie in attesa: Una ricerca esplorativa. *Giornale Italiano di Psicologia GIP* 1-2, 2016, marzo-maggio pp. 349-356. DOI: 10.1421/83647

CATAUDELLA, S., LAMPIS, J., BUSONERA, A., ZAVATTINI, G.C. (2016). Parenting after preterm birth: Link between infant medical risk and premature parenthood. A Pilot Study, *Minerva Pediatrica*, 68(5), 319-329.

BUSONERA, A., CATAUDELLA, S., LAMPIS, J., TOMMASI, M., ZAVATTINI, G.C. (2016) Psychometric properties of a 20-item version of the Maternal-Fetal Attachment scale in a sample of Italian expectant women. *Midwifery*, 34, pp. 79-87. DOI: <https://doi.org/10.1016/j.midw.2015.12.012> WOS:000373483800013

BUSONERA, A., SANTONA, A., SAN MARTINI, P., ZAVATTINI, G.C. (2014). Psychometric properties of an Italian version of the Experiences in Close Relationships-Revised (ECR-R). *Psychological Reports*, 114 (3), 785-801. DOI: <https://doi.org/10.2466/03.21.PR0.114k23w9>. WOS:000338721800007

TOMMASI M., BUSONERA A., (2012), Validation of three compulsive buying scales on an Italian sample, *Psychological Reports*, 111, 3, pp. 831-844. DOI 10.2466/03.15.20.PR0.111.6.831-844; ISSN 0033-2941. WOS:000313310400015

BUSONERA A., MANCA UCCHEDDU O., (2009), La famiglia di fronte alla sfida della malattia cronica. Il diabete mellito di tipo 1 in età evolutiva, *Psichiatria e Psicoterapia*, vol. XXVIII, n. 1, Marzo, 2009, pp. 19-40, ISSN 1724-4919.

Abstract

(Contributions to National and International Conferences)

- BUSONERA, A., LAMPIS, J., CATAUDELLA, S. (2023). Psychological well-being of university students during the pandemic: the role of self-differentiation and emotional processing style. *Local and Global Trajectories for Building Health*. XIV National Congress of the Italian Society of Health Psychology, Cagliari, May 25-27, 2023, Proceedings edited by Marco Guicciardi and Sara Congiu, Milan: FrancoAngeli, p. 174.
- BUSONERA, A., PIRAS, I., GALLETTA, M. (2023). COVID-19 and psychological health of nursing staff: the role of coping styles and emotional processing. *Local and Global Trajectories for Building Health*. XIV National Congress of the Italian Society of Health Psychology, Cagliari, May 25-27, 2023, Proceedings edited by Marco Guicciardi and Sara Congiu, Milan: FrancoAngeli, pp. 279-280.
- CATAUDELLA, S., BUSONERA, A., CONTE, S. (2023). Creative activities, personality dimensions, and emotional regulation. *Local and Global Trajectories for Building Health*. XIV National Congress of the Italian Society of Health Psychology, Cagliari, May 25-27, 2023, Proceedings edited by Marco Guicciardi and Sara Congiu, Milan: FrancoAngeli, p. 289.
- CATAUDELLA S., BUSONERA A., CONTE S. (2022). Investigating the relationship between creative activities, personality dimensions, and emotion regulation. *XXX National Congress Italian Psychological Association, Clinical and Dynamic Section*, AIP, Padua, September 14-17, 2022, Book of Abstracts, p. 319.
- CATAUDELLA S., LAMPIS J., BUSONERA A., CASULA, F., MONNI, G. (2018). Transition to parenthood in women with autoimmune diseases: identification of protective and risk psychosocial factors. *Proceedings of the 2018 National Congress of the Italian Marcé Society "PERINATAL MENTAL HEALTH: from current Italian socio-health policies to the services offered to the population"*, Padua, May 12, p. 33.
- CATAUDELLA S., LAMPIS J., BUSONERA A., GNAZZO A., TERRONE G. (2018). Can the matching of adult attachment styles affect both mothers' and fathers' individual and relational variables in the transition to parenthood? Poster presented at the *16th World Congress of WAIMH*, Rome, May 26-30, 2018. Abstract published in *Infant Mental Health Journal*, Suppl. Vol. 39, p. 697. Q2; IF: 1.267.
- CATAUDELLA S., LAMPIS J., BUSONERA A., GUYONNE, R. (2018). Anxiety disorders and differentiation of self. Abstract in *European Psychiatry*, Vol. 48 (S73), Supplement March 2018, *26th European Congress of Psychiatry*, NICE (France), March 3-6.
- BUSONERA, A., CATAUDELLA, S., LAMPIS, J. (2017). The beginning of the father-child relationship: exploring the influence of intra- and interpersonal variables on PFA (paternal-fetal attachment). *XIX National Congress Italian Psychological Association Clinical and Dynamic Section*, Turin, September 29-October 1, 2017. *Mediterranean Journal of Clinical Psychology (MJCP)*, Vol. 5, n.2 A Suppl. 2017, DOI: 10.6092/2282-1619/2017.5.1637.
- CATAUDELLA S., LAMPIS J., BUSONERA A., MARINO L. (2016). Prenatal attachment and transition to parenthood in men: The construction of the father-child bond from the beginning. *XVIII National Congress Italian Psychological Association, Clinical and Dynamic Section*, Rome, *Mediterranean Journal of Clinical Psychology (MJCP)*, Suppl. 4/2 B1, p. 33-34. DOI: 10.6092/2282-1619/2016.4.1289.

- CATAUDELLA S., LAMPIS J., BUSONERA A. (2016). Mothers and fathers waiting for a child: similarities and differences in the development of paternal and maternal prenatal attachment. *XVIII National Congress Italian Psychological Association, Clinical and Dynamic Section*, Rome, Mediterranean Journal of Clinical Psychology (MJCP), Suppl. 4/2 A, p. 36. DOI: 10.6092/2282-1619/2016.4.1287.
- BUSONERA A., CATAUDELLA S., LAMPIS J., ZAVATTINI G.C. (2016). Prenatal attachment assessment: Psychometric characteristics of an Italian version of the Maternal Antenatal Attachment Scale (MAAS). *Clinical Psychology Tools Update Days*, Bologna, March 4-5, 2016, Poster Session, Abstract Book, p. 6.
- CATAUDELLA S., LAMPIS J., BUSONERA A., MARINO L. (2015). Parental prenatal attachment: the role of individual and relational variables. *XVII AIP National Congress, Clinical and Dynamic Section*, Milazzo (ME), Italy, September 25-27, 2015, Mediterranean Journal of Clinical Psychology, Vol. 3, No. 2, Suppl. 1 A, 2015. DOI: 10.6092/2282-1619/2015.1.109.
- LAMPIS J., BUSONERA A., CATAUDELLA S., TOMMASI M., MARINO L., SKOWRON E.A. (2015). Psychometric properties of an Italian version of the Differentiation of Self Inventory-Revised (It-DSI-R). *XVII AIP National Congress, Clinical and Dynamic Section*, Milazzo (ME), Italy, September 25-27, 2015, Mediterranean Journal of Clinical Psychology, Vol. 3, No. 2, Suppl. 1 A, 2015. DOI: 10.6092/2282-1619/2015.1.1097.
- CATAUDELLA S., BUSONERA A., LAMPIS J., TOMMASI M. (2014). The formation of the parental experience: from prenatal attachment to the parent-child relationship. Symposium *The parental experience between normality and risk: The dialogue between research and clinical practice*, XVI National Congress of Clinical and Dynamic Psychology Section, AIP, Pisa, September 19-21, 2014, pp. 151-152, ISBN: 978-88-6741-442-0.
- CATAUDELLA S., LAMPIS J., BUSONERA A., GNAZZO A., MARINO L. (2014). From marital couple to parental couple: a longitudinal study. *XVI National Congress of the Italian Association of Clinical and Dynamic Psychology*, Pisa, September 19-21, 2014, pp. 186-187, ISBN: 978-88-6741-442-0.
- CATAUDELLA S., LAMPIS J., BUSONERA A., TOMMASI M. (2013). Maternal-fetal attachment: The role of relational variables. Symposium *Functions and Processes of Parental Experience: The Contribution of Research*, XV National Congress of the Italian Association of Clinical and Dynamic Psychology, AIP, Naples, September 27-29, 2013, p. 95, ISBN: 978-88-8338-144-7.
- CATAUDELLA S., LAMPIS J., BUSONERA A., (2013). Parental attachment model and child representation in a group of premature and full-term infants. Symposium *Functions and Processes of Parental Experience: The Contribution of Research*, XV National Congress of the Italian Association of Clinical and Dynamic Psychology, AIP, Naples, September 27-29, 2013, p. 97, ISBN: 978-88-8338-144-7.
- BUSONERA A., SAN MARTINI P. (2012). Experiences in Close Relationships-Revised (ECR-R): Extension of reliability and validity evidence for the Italian version. *National Congress of the Italian Association of Clinical and Dynamic Psychology*, Chieti, September 20-23, 2012, p. 326. ISBN: 978-88-97412-663.
- VISMARA L., BUSONERA A., SONGINI M., GUICCIARDI M. (2012). Pregnancy and diabetes: Study of mental representations of a group of women with gestational

diabetes mellitus (GDM). *6th International AISMI Conference*, "Diagnosis to Prevent, Predict, and Treat," Pisa, September 14-15, 2012.

- BUSONERA A., SAN MARTINI P., ZAVATTINI G.C. (2011). Experiences in Close Relationships-Revised (ECR-R): Factorial structure and psychometric properties of the Italian version. *XIII National Congress of the Italian Association of Clinical and Dynamic Psychology*, Catania, September 16-18, 2011. ISBN: 978-88-97412-229.
- LACERENZA R.A., BUSONERA A., TOMMASI M. (2011). Attachment style to the partner and dyadic adaptation in the first years of marriage. *XIII National Congress of the Italian Association of Clinical and Dynamic Psychology*, Catania, September 16-18, 2011. ISBN: 978-88-97412-229.
- BUSONERA A., CERINA N., MANCA UCCHEDDU O. (2010). Attachment to multiple caregivers: An investigation into the quality of attachment to parents and teachers in a sample of primary school children. *XII National Congress of the Italian Association of Clinical and Dynamic Psychology*, Turin, September 24-26, 2010. ISBN: 978-88-905270-05.
- BUSONERA A., VISMARA L., FLORIS R., TOCCO G., SONGINI M., MANCA UCCHEDDU O. (2009). Pregnancy and diabetes: Preliminary results for a group of pregnant women with GDM. *AIP Chieti 2009*, National Congress Proceedings, Clinical and Dynamic Psychology Section, Chieti, September 18-20, 2009, University of "Gabriele D'Annunzio."
- BUSONERA A., VISMARA L., FLORIS R., TOCCO G., SONGINI M., MANCA UCCHEDDU O. (2007). Pregnancy and diabetes: Maternal representations in high-risk pregnancies. *Annual Scientific Meeting SID – AMD*, Proceedings: "Diabetes and Microcirculation: A New Roadmap," Olbia (SS), December 14-15, 2007.
- SANTA CRUZ C., BUSONERA A., PUTZU C., SONGINI M. (2005). Validation study of the ICF Core Set for Diabetes Mellitus. *Annual Scientific Meeting SID – AMD*, Proceedings: "Type 1 Diabetes: Diagnostic Approach," Alghero (SS), December 2-3, 2005.
- BUSONERA A., MANCA UCCHEDDU O., SANNA L. (2005). The evaluation interview for adoptive parenthood: A qualitative content analysis. *AIP Cagliari 2005*, National Congress Proceedings, Clinical Psychology Section, Cagliari, September 23-24, 2005. ISBN: 88-89061-15-4.

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