



Pasquale Paribello

Nationality: Italian | **Address:** Italy (/)

● ABOUT ME

I am a psychiatrist with an interest in research and in exploring different training methods across Europe. I am always looking for new ways to integrate basic science knowledge into my clinical practice.

● WORK EXPERIENCE

28/12/2017 – 09/01/2022 Cagliari, Italy

PSYCHIATRIC TRAINEE, MEDICAL DOCTOR UNIVERSITY OF CAGLIARI

31/05/2021 – 29/11/2021 Sarroch, Italy

PRIMARY CARE SERVICE OUT-OF-HOURS (CONTINUITÀ ASSISTENZIALE) ATS SARDEGNA

- Refilling medication prescription
- Providing out-of-hours primary care
- Collaborate with local emergency services

02/2022 – 10/2022 Uta, Italy

PSYCHIATRY CONSULTANT COMUNITÀ RIABILITATIVA TERAPEUTICA CENTRO IPPOCRATE

- carry out visits to identify the correct diagnostic classification of patients;
- develop programs for rehabilitation therapy in concert with the health management
- interfacing with the other subjects involved (e.g., reference Mental Health Centers, Service Psychiatric Diagnosis and Treatment);
- carry out clinical-psychiatric consults.

10/2022 – CURRENT Cagliari, Italy

PHD STUDENT - NEUROSCIENCE UNIVERSITY OF CAGLIARI

● EDUCATION AND TRAINING

11/09/2007 – 23/03/2015

DOTTORE IN MEDICINA E CHIRURGIA (DOCTOR IN MEDICINE AND SURGERY) 110/110 CUM LAUDE

University of Cagliari

24/11/2021

CERTIFICATE OF BASIC LIFE SUPPORT FOR HEALTH PROFESSIONALS FROM THE ITALIAN RESUSCITATION COUNCIL

11/2017 – 01/2022 Cagliari, Italy

SPECIALIST PSYCHIATRIST 50/50 CUM LAUDE University of Cagliari

● LANGUAGE SKILLS

Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH - OCCUPATION ENGLISH TEST 14/07/2018	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

Microsoft Word | Power Point | Microsoft Office | Social Media | R (programming language) | Microsoft Excel

● **PUBLICATIONS**

2018

The Elderly and the City: Lack of Knowledge on Violence Perception and Consequences on Daily Life.

Bramanti A, D'Aloja E, Cabras F, Paribello P, Moro MF, Lindert J, Carta MG. Clin Pract Epidemiol Ment Health.

doi: 10.2174/1745017901814010046. PMID: 29541151

2018

Pharmacological management of depression in patients with multiple sclerosis.

Carta MG, Paribello P, Anastasia A, De Berardis D, Nardi AE, Fornaro M. Expert Opin Pharmacother.

doi: 10.1080/14656566.2018.1516207. PMID: 30207800

2018

How promising is neuroactive steroid drug discovery?

Carta MG, Paribello P, Preti A. Expert Opin Drug Discov.

doi: 10.1080/17460441.2018.1518974. PMID: 30221545

2019

Current pharmacotherapeutic approaches for dysthymic disorder and persistent depressive disorder.

Carta MG, Paribello P, Nardi AE, Preti A. Expert Opin Pharmacother.

doi: 10.1080/14656566.2019.1637419. PMID: 31290333

2019

Investigating the relationship between melatonin levels, melatonin system, microbiota in BD.

Manchia M, Squassina A, Pisanu C, Congiu D, Garzilli M, Guiso B, Suprani F, Paribello P, Pulcinelli V, Iaselli MN, Pinna F, Valtorta F, Carpiniello B, Comai S. Int J Bipolar Disord.

. doi: 10.1186/s40345-019-0163-y. PMID: 31814040

2020

The Impact of Alexithymia on Treatment Response in Psychiatric Disorders: A Systematic Review.

Pinna F, Manchia M, Paribello P, Carpiniello B. Front Psychiatry.

doi: 10.3389/fpsyt.2020.00311. PMID: 32372987

2020

Exploring the Role of Gut Microbiota in Major Depressive Disorder and in Treatment Resistance to An

Fontana A, Manchia M, Panebianco C, Paribello P, Arzedi C, Cossu E, Garzilli M, Montis MA, Mura A, Pisanu C, Congiu D, Copetti M, Pinna F, Carpiniello B, Squassina A, Paziienza V. Biomedicines.

doi: 10.3390/biomedicines8090311. PMID: 32867257

2020

Telomere attrition and inflammatory I. in severe psychiatric dis. and in response to psychotropics.

Squassina A, Manchia M, Pisanu C, Ardaù R, Arzedi C, Bocchetta A, Caria P, Cocco C, Congiu D, Cossu E, Dettori T, Frau DV, Garzilli M, Manca E, Meloni A, Montis MA, Mura A, Nieddu M, Noli B, Paribello P, Pinna F, Robledo R, Severino G, Sogos V, Del Zompo M, Ferri GL, Chillotti C, Vanni R, Carpiello B. *Neuropsychopharmacology*.

doi: 10.1038/s41386-020-00844-z. PMID: 32919410

2021

Anatomical distribution and expression of CYP in humans: Neuropharmacological implications.

Fanni D, Pinna F, Gerosa C, Paribello P, Carpiello B, Faa G, Manchia M.

doi: 10.1002/ddr.21778. PMID: 33533102

2021

The Role of Gut Microbiota in the High-Risk Construct of Severe Mental Disorders: A Mini Review.

Sani G, Manchia M, Simonetti A, Janiri D, Paribello P, Pinna F, Carpiello B.

doi: 10.3389/fpsyt.2020.585769. PMID: 33510657

2021

Leukocytosis associated with clozapine treatment: A case series and systematic review of the literature

Paribello P, Manchia M, Zedda M, Pinna F, Carpiello B.

doi: 10.3390/medicina57080816. PMID: 34441022

2021

Surviving to acute myocardial infarction: The role of psychological factors and alexithymia in delayed time to searching care: A systematic review

Sancassiani F, Montisci R, Preti A, Paribello P, Meloni L, Romano F, Nardi AE, Carta MG.

doi: 10.3390/jcm10173813. PMID: 34501261

2022

A review and meta-analysis of gene expression profiles in suicide

Piras IS, Huentelman MJ, Pinna F, Paribello P, Solmi M, Murru A, Carpiello B, Manchia M, Zai CC.

DOI: 10.1016/j.euroneuro.2021.12.003. PMID: 34923210

● **DRIVING LICENCE**

Driving Licence: B

● **ORGANISATIONAL SKILLS**

Organisational skills

Leadership abilities acquired in my daily clinical practice, capable of coordinating the combined efforts of General Practitioners, Administrators, Social Workers and various Specialists in order to deliver a comprehensive and compassionate care.

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication and interpersonal skills

I have been commended by my clinical supervisors for my compassion and my communication skills.

- **JOB-RELATED SKILLS**

Job-related skills

Good diagnosing skills displayed on a daily basis in our outpatient clinic, where we regularly collaborate with the General Practitioners in delivering primary care for our service users.

- **WORKSHOP AND CONGRESS**

09/11/2022 – 11/11/2022

Clinical research method workshop ECNP

Spain - Barcelona

29/09/2022 – 02/10/2022

Summer school suicide EPA

Strasbourg - France