

## ESPERIENZE DI LAVORO

**Ricercatrice, principali attività di ricerca** (N articoli: 76; N citazioni: 923; h-Index: 17-Scopus)

- Dal 2015 al 2024 – Coinvolta in qualità di ricercatrice e collaboratrice in progetti che promuovono e approfondiscono lo studio dell'invecchiamento attivo, delle malattie croniche, della vulnerabilità psicosociale, dei diritti umani, della psicosomatica e dell'uso delle nuove tecnologie in ambito biomedico per la prevenzione e la riabilitazione, promossi dal Dipartimento di Scienze Mediche e Sanità Pubblica in collaborazione con altre università e associazioni sportive europee.
- 17/12/2023 – Conseguimento dell'Abilitazione Scientifica Nazionale per il ruolo di Professore Associato nel settore concorsuale 06/N1 - Professioni Sanitarie e Tecnologie Mediche Applicate.
- Dal 8 marzo 2023 – Attualmente – Impegnata nelle attività sanitarie dell'Azienda Ospedaliero Universitaria di Cagliari (AOU di Cagliari), con delibera n. 235, nell'ambito del programma di cure complesse "Programma di Integrazione Interdisciplinare della Cura con Particolare Attenzione alle Componenti Psicosomatiche e Psicopatologiche, Percorsi di Riabilitazione e Reintegrazione Sociale per i Pazienti, Consulenze Psichiatriche e Attività Ambulatoriali presso il Dipartimento di Medicina." Inoltre, responsabile per le attività di prevenzione e riabilitazione nella gestione dello stress per il personale dell'AOU.
- 2016 – 2021 – Coordinatrice dell'area psico-pedagogica e psicosociale presso: Cooperativa Sociale Tre Fontane (2016-2019), servizi per richiedenti asilo; Arcoiris Onlus (2019-2021), progetto di prevenzione e inclusione sociale per popolazioni vulnerabili; nel 2021 presso il Centro Clinico di Prevenzione Psicosociale per Migranti – ANAM.
- Associate Editor del *The Journal of Public Health Research*, rivista peer-reviewed nel campo della sanità pubblica – SJR 2020 0.58 / Q2, ISSN 22799028, 22799036.
- Dal 2013, autrice e coautrice di numerosi articoli scientifici e revisore per riviste internazionali peer-reviewed, con articoli indicizzati nelle principali banche dati (es: Pubmed, Google Scholar, Scimago, Web of Science).
- Partecipazione a numerosi comitati scientifici e organizzativi di convegni nazionali sulla salute mentale; coautrice di due volumi: *Oxford Textbook of Public Mental Health* (2019) e *Principles of Specialty Nursing: European Psychiatric / Mental Health Nursing in the 21st Century* (2016).
- Vincitrice del premio per la miglior presentazione al convegno *Translational Research, Biotechnology and Health care: a wink to the future; 2nd National Meeting S.I.R.T.E.P.S.*, Università dell'Aquila, con il contributo: *Active elderly and health, bio-psycho-social approach and new rehabilitation technologies* (03/11/2022).
- Vincitrice del premio internazionale nella categoria *Psychiatry* nel 2019 al *BMA, Medical book of the year award*, con il volume *Oxford Textbook of Public Mental Health*, Oxford University Press, Capitolo 33: *Treatment of Mental Health Problems in refugees and asylum seekers*, Cossu G, Preti A, MG Carta.
- Vincitrice della sessione poster al convegno internazionale *Translational Medicine in Biomarker Identification in Prevention, Rehabilitation, and Diagnostics* (7–8 novembre 2024, Cagliari), con il poster: *"Lifetime Hyperactivity and Coping with Crisis: Results of the Tunisian COVID-19 Community Surveys"*, presentato nella categoria *Public Health and Community Prevention – Centenary Award Giulio Alfredo Maccacaro*.

(Dic 2021-  
2025)**Ricercatrice RTDa**

Dipartimento di Scienze Mediche e Sanità Pubblica, Università degli Studi di Cagliari, Italia

- Ricercatrice RTDa 06 / N1 MED / 48, Tecniche neuro-psichiatriche e riabilitative

**Attività didattiche nell'ambito del contratto RTDA, Università di Cagliari (anni accademici 2021-2025):**

- Corso di Laurea in Educazione Professionale, Cl. Riabilitazione Speciale nel Ciclo di Vita: Riabilitazione Psichiatrica nell'Infanzia e Adolescenza, 16 ore (MED 48)
- Corso di Laurea in Educazione Professionale, Cl. Riabilitazione Speciale nel Ciclo di Vita: Riabilitazione Psichiatrica in Adolescenza, 24 ore (MED 48)
- Corso di Laurea in Educazione Professionale, Cl. Riabilitazione Speciale per le Dipendenze e l'Alcolismo, Concetti di base sulle Dipendenze e i Disturbi Alimentari, 16 ore (MED 48)
- Corso di Laurea in Assistenza Sanitaria, Cl. Neuroscienze, Riabilitazione Psichiatrica, 8 ore
- Corso di Laurea Magistrale/SNT2 e Corso di Laurea Magistrale/SNT4, Cl. Organizzazione Sanitaria, Strategie Riabilitative, 12 ore (MED 48)

- Corso di Laurea Magistrale/SNT2, CI Formazione Continua e Miglioramento della Qualità, Nuove Prospettive e Linee Guida Nazionali e Internazionali sulla Disabilità, 6 ore (MED 50)
- Scuola di Specializzazione in Psicologia della Salute, Tecnologie per lo Sviluppo del Benessere, 8 ore

(Gen 2015 –  
Nov 2021)

### Incarichi di ricerca

Università di Cagliari

- Incarico libero professionale: Data Steward del progetto IFAIR “Enhancement of independent clinical research and FAIR – Active Aging”: responsabile delle procedure per la gestione operativa e amministrativa quotidiana dei sistemi e dei dati, inclusi l’acquisizione, l’archiviazione, l’elaborazione e la trasmissione dei dati verso sistemi interni ed esterni (21/01/2021 – 30/11/2021)
- Incarico libero professionale (11/2020, selezione 7) per supporto alla gestione dei dati di ricerca, verifiche di qualità sull’inserimento dati, analisi statistica e supporto alla redazione dei report (25/06/2020 – 25/09/2020)
- Incarico libero professionale nell’ambito del progetto di ricerca sull’invecchiamento attivo, “Active seniority in health” (n. 21/2018) (04/10/2018 – 04/10/2019)
- Incarico libero professionale nell’ambito del progetto di ricerca CCM 2013: “Empowerment degli operatori sanitari e dei cittadini attraverso un programma di riorientamento dei servizi sanitari verso la promozione della salute e la prevenzione” (25/04/2016 – 25/08/2016)
- Incarico libero professionale per la valutazione di un intervento riabilitativo di vela-terapia rivolto a persone con disabilità psichiche. Bando di finanziamento per la terapia sportiva 2014 RAS

(Lugl 2015-  
Nov 2021)

### Incarichi di insegnamento

Università di Cagliari

- Insegnamento in Riabilitazione speciale nel ciclo di vita (mc / 0504), Riabilitazione nell’infanzia e nella prima infanzia, Abilitazione alla professione sanitaria di Educatore Professionale, 24 ore (MED-48)
- Insegnamento in Educazione Professionale (Abilitazione alla professione sanitaria di Educatore Professionale) [40/56] (L. D.M. 270/2004)
- Incarico di insegnamento e tutoraggio a supporto delle attività pratiche e specialistiche del Corso di Laurea Magistrale (40 ore, protocollo 8899) nella Classe delle Professioni della Riabilitazione (MED-48-50)
- Insegnamento in Tecniche della riabilitazione psichiatrica, Riabilitazione psichiatrica nel territorio 2, 32 ore (prot. N. 64226 del 21/11/2016, Settore Scientifico Disciplinare MED / 48)
- Insegnamento e tutoraggio a supporto delle attività pratiche e specialistiche del Corso di Laurea Magistrale (40 ore, protocollo 8899) nella Classe delle Professioni della Riabilitazione (MED-48-50)
- Tutoraggio didattico in Psichiatria per studenti di Medicina (40 ore, Protocollo 12719-SS-MED 25)

## FORMAZIONE

Aprile 2017

**Dottorato di ricerca in Scienze biomediche nutrizionali e metaboliche (con il massimo dei voti)**  
Università degli Studi di Cagliari, Italia (XXIX ciclo)

Giugno  
2022

### **Specializzazione in Psicoterapia Cognitiva Costruttivista (30/30 con lode)**

Iscritta tra gli istituti di psicoterapia autorizzati (D.M. 11 dicembre 1998, n. 509), riconosciuta dal Ministero dell’Università e della Ricerca. ATC – Associazione di Terapia Cognitiva con sede legale in Via Antonio Serra Roma, P.IVA 07498091003, Italia

Giugno  
2014

### **Master di II livello “Training Cycle for Trainers” – XXII edizione (Qualità dei servizi e benessere organ**

Tenuto dal Professor Avallone, Prorettore dell’Università La Sapienza di Roma, presso TIVA S.r.l., P.IVA IT01- sede legale in Roma, via Montebruno n. 12, Italia

Dicembre  
2012

### **Laurea in Psicologia del Lavoro (votazione: 108/110)**

Università degli Studi di Cagliari, Italia

## INVITI A CONVEGNI E PARTECIPAZIONI A COMITATI SCIENTIFICI

Invited Chair of the session "*Stress, Rhythms Dysregulation, and Bipolar Spectrum: Virtual Reality-Based Interventions to Improve Related Conditions*" at the International Webinar organized by the *Journal of Clinical Medicine*; MDPI, Basel, Switzerland. November 20, 2024

Participation as a member of the Scientific Board and the Organizing Committee at the International Meeting of the Mediterranean Society of Translational Psychosomatics, held at the European University of the Mediterranean, titled "*Translational Medicine in Biomarker Identification in Prevention, Rehabilitation, and Diagnostics*." November 7-8, 2024

Invited speaker at the International Symposium *Methodological Approach for Quality of Care and Global Health*, PhD Program "*Capacities Building for Global Health*" (University of Cagliari, University of Ferrara, University of Salerno, University of Palermo), directed by Prof. Mauro Carta. Presentation title: "*A New Methodological Approach in Diagnosis, Treatment, and Quality of Care of Bipolar Disorder Through the Analysis of Dysregulation of Mood, Energy, and Social Rhythms Syndrome*." September 25, 2024

Participation as a member of the Scientific Board at the International Symposium on Prevention and Human Rights Respect in Psychosocial Disabilities, University of Cagliari. July 19, 2024.

Invited speaker at the 1st Congress of the Order of Physiotherapists of Salerno (OFI Salerno). Presentation title: "*The Effectiveness of Biofeedback in the Treatment of Fibromyalgia Syndrome*." December 2, 2023.

Presentation of a poster at the conference "*Precision Medicine in the Era of Integrated Omics*", Favignana, Ex Stabilimento Florio delle Tonnare di Favignana e Formica. Poster title: "*Heart Rate Variability Biofeedback Training Improves Sleep Quality in Fibromyalgia Syndrome: A Randomized Controlled Trial*". May 18-19, 2023

Invited speaker at the international symposium on Social inclusion and mental health: users role and new technologies potential. Sharing Experiences, University of Cagliari, Department of Medical Sciences and Public Health, Cagliari, Italy, May 3. 2023

Poster presentation at the conference "PRECISION MEDICINE IN THE ERA OF INTEGRATED OMICS", Ex Stabilimento Florio delle Tonnare di Favignana e Formica, Favignana, Italy, May 18-19.2023

Invited speaker at the IV international congress of research and education for peace, in democracy and values, Universidad Popular del Cesar, Valedupar, Colombia, November 17.2022

Invited speaker at the XII edition of the mental health event, Recovery Project, Emilia Romagna Regional Health Service, Parma Local Health Unit, Integrated Care Department for Mental Health and Pathological Addictions, AUSL Parma, Italy, December 13.2022

Invited speaker at the conference "TRANSLATIONAL RESEARCH, BIOTECHNOLOGY AND HEALTH CARE: A WINK TO THE FUTURE"; 2nd National Meeting S.I.R.T.E.P.S. Società Italiana Ricerca Traslazionale e Professioni Sanitarie, Università degli Studi dell'Aquila, Italy, November 3.2022

Invited speaker at the international webinar "Strengthening networks on Mental Health in the Mediterranean area", Mediterranean society on mental health, Italy, April 22-23.2022

Invited speaker at the congress "Tecnologia Sport Salute, Nuovi orizzonti per le scienze dello sport e dell'esercizio fisico", Sardegna Ricerche and University of Cagliari, Parco Scientifico e Tecnologico di Sardegna Ricerche, località Piscina Manna, Pula, Italy, May 6.2022

Invited speaker at the II Regional Congress of ADI SIO Sardegna, Associazione Italiana di Dietetica e Nutrizione clinica (ADI) and Società Italiana dell'Obesità (SIO), Cagliari, Italy, May 21.2022

Invited speaker at the congress "Emporio dei pensieri: Clinica della paura", Associazione di Terapia Cognitiva, Cagliari, Italy, October 31. 2021

Invited speaker at the 48th National Congress of the Italian Society of Psychiatry, "Mental health in the Third Millennium: Goal of Healing: Research, Innovation, Changes and Limits", Lingotto Congress Center, Turin, Italy, October 17. 2018

Member of the organizing committee of the conference "Meeting young researchers, healthcare professionals and translational research", Centro di Psichiatria di Consultazione e Psicosomatica, Azienda Ospedaliero Universitaria di Cagliari, Monserrato, CA, Italy, March 23. 2018

Invited speaker at the international conference "Mental health and public health: the crisis of medicine and the new perspectives at the dawn of the III millennium", dedicated to Nereide Rudas, Centro di Psichiatria e di Consultazione Psicosomatica, University Hospital of Cagliari, Monserrato, CA, Italy, June 12. 2017

Member of the organizing committee of the international conference "Implementing WHO QualityRights project in the Mediterranean Area", Centro di Psichiatria e di Consultazione Psicosomatica and World Health Organization, Monserrato, CA, Italy, November 19. 2015

Poster presentation at the III Symposium of the Mediterranean Society of Mental Health, "Promoting organizational health to improve the quality of mental health services: an intervention in the Lanusei Mental Health Department", University of Cagliari, Monserrato, CA, Italy, May 9-10. 2013

- PUBBLICAZIONI

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-Aviles Gonzalez CI, Galletta M, Sancassiani F, Cossu G, Trudu D, Urban A, Cantone E, Luchetta R, Nonnis M, Fragoso-Castilla P, Guerra Muñoz ME, Machado S, Nardi AE, Carta MG, Madeddu C. Healthcare students are faced with the issue of the rights of people with disabilities and the quality of services: Are we training future healthcare workers who overemphasize technology? *J Public Health Res.* 2024 Oct 28;13(4):22799036241290262. doi: 10.1177/22799036241290262. PMID: 39493703; PMCID: PMC11528569.

-Primavera D, Migliaccio GM, Perra A, Kalcev G, Cantone E, Cossu G, Nardi AE, Fortin D, Carta MG. Can Virtual Reality Cognitive Remediation in Bipolar Disorder Enhance Specific Skills in Young Adults through Mirror Neuron Activity?—A Secondary Analysis of a Randomized Controlled Trial. *Applied Sciences.* 2024; 14(18):8142. <https://doi.org/10.3390/app14188142>

-Primavera D, Aviles Gonzalez C, Perra A, Kalcev G, Cantone E, Cossu G, Holzinger A, Carta MG, Sancassiani F. Virtual Reality Cognitive Remediation in Older Adults with Bipolar Disorder: The Effects on Cognitive Performance and Depression in a Feasibility Randomized Controlled Trial. *Healthcare (Basel).* 2024 Sep 3;12(17):1753. doi: 10.3390/healthcare12171753. PMID: 39273777;

-Bevione F, Panero M, Abbate-Daga G, Cossu G, Carta MG, Preti A. Risk of suicide and suicidal behavior in refugees. A meta-review of current systematic reviews and meta-analyses. *J Psychiatr Res.* 2024 Sep;177:287-298. doi: 10.1016/j.jpsychires.2024.07.024.

-Congiu P, Carta MG, Perra A, Cantone E, Lorrain S, Pintus E, Tusconi M, Cossu G, Redolfi S, Sancassiani F. Prevalence and Risk by Age and Sex of Sleep Dysregulation and Depressive Episodes in Bipolar and Depressive Disorders in a Community Survey in Sardinia, Italy. *J Clin Med.* 2024 Aug 18;13(16):4870. doi: 10.3390/jcm13164870. PMID: 39201012; PMCID: PMC11355541.

-Carta MG, Kurotschka PK, Machado S, Erfurth A, Sancassiani F, Perra A, Tusconi M, Cossu G, Aviles Gonzalez CI, Primavera D. A Virtual Reality Cognitive Stimulation Program as an Effective Tool Against Residual/Prodromal Depressive Symptoms in Bipolar Disorders. *J Clin Med.* 2024 Aug 11;13(16):4714. doi: 10.3390/jcm13164714. PMID: 39200856; PMCID: PMC11355462.

-Cossu G, Kalcev G, Sancassiani F, Primavera D, Gyppaz D, Zreik T, Carta MG. The long-term adherence following the end of Community Treatment Order. A systematic review. *Acta Psychiatr Scand.* 2024 Aug;150(2):78-90. doi: 10.1111/acps.13709

-Carta MG, Cossu G, Primavera D, Aviles Gonzalez CI, Testa G, Stocchino S, Finco G, Littera MT, Deidda MC, Lorrain S, Madeddu C, Nardi AE, Sancassiani F. Heart Rate Variability Biofeedback Efficacy on Fatigue and Energy Levels in Fibromyalgia: A Secondary Analysis of RCT NCT0412183. *J Clin Med.* 2024 Jul 9;13(14):4008.

- Perra A, Sancassiani F, Cantone E, Pintus E, D'Oca S, Casula A, Littarru S, Zucca S, Tumolillo D, Pinna I, Primavera D, Cossu G, Nardi AE, Kalcev G, Carta MG. An e-Health Psychoeducation Program for Managing the Mental Health of People with Bipolar Disorder during the COVID-19 Pandemic: A Randomized Controlled Study. *J Clin Med*. 2024 Jun 14;13(12):3468. doi: 10.3390/jcm13123468
- Carta MG, Testa G, Stocchino S, Finco G, Sancassiani F, Littera MT, Deidda MC, Ventriglio A, Bhugra D, Cossu G. The efficacy of heart rate variability biofeedback training on sleep disorders and impact of fibromyalgia: Results of a phase II randomized controlled trial. *J Psychosom Res*. 2024 Jun;181:111664. doi: 10.1016/j.jpsychores.2024.111664. Epub 2024 Apr 6. PMID: 38652978.
- Carta MG, Karam EG, Cossu G. Stress, Dysregulation of Rhythms, and Bipolar Disorder: A Challenging Field of Research. *J Clin Med*. 2024 May 20;13(10):3014. doi: 10.3390/jcm13103014. PMID: 38792554; PMCID: PMC11122454.
- Sancassiani F, Cossu G, Cantone E, Romano F, Perra A, Urban A, Pinna S, Del Giacco S, Littera R, Firinu D, Chessa L, Tramontano E, Nardi AE, Carta MG. The Stability of Social and Behavioral Rhythms and Unexpected Low Rate of Relevant Depressive Symptoms in Old Adults during the COVID-19 Pandemic. *J Clin Med*. 2024 Mar 29;13(7):2005. doi: 10.3390/jcm13072005. PMID: 38610769; PMCID: PMC11012795.
- Aviles Gonzalez CI, Cerchiaro Fernandez DM, Guerra Munoz ME, Romero Ramirez R, Abarca Arias YM, Brascesco MV, Migliaccio GM, Romano F, Cossu G, Primavera D, Carta MG. Mental Health Professionals' Perception of Respect for Human Rights and Organizational Well-Being in Three Countries of South America. *Int J Environ Res Public Health*. 2024 Feb 12;21(2):214. doi: 10.3390/ijerph21020214. PMID: 38397703; PMCID: PMC10888642.
- Primavera D, Fomaro M, Carrà G, Romano F, Aviles Gonzales CI, Preti A, Sancassiani F, Cossu G, Nardi AE, Scano A, Orrù G, Chessa E, Floris A, Piga M, Cauli A, Carta MG. Mood Disorder Questionnaire Positivity in Systemic Lupus Erythematosus and Other Chronic Diseases including Screen Bipolar Disorders or Rhythm and Energy Dysregulation Syndromes (DYMERS). *Clin Pract Epidemiol Ment Health*. 2024 Aug 8;20:e17450179303653. doi: 10.2174/0117450179303653240705051227. Erratum in: *Clin Pract Epidemiol Ment Health*. 2024 Sep 04;20:e17450172409021. doi: 10.2174/0117450179303653240702409021. PMID: 39135945; PMCID: PMC11318155.
- Primavera D, Cossu G, Marchegiani S, Preti A, Nardi AE. Does the Dysregulation of Social Rhythms Syndrome (DYMERS) be Considered an Essential Component of Panic Disorders? *Clin Pract Epidemiol Ment Health*. 2024 Apr 19;20:e17450179293272. doi: 10.2174/0117450179293272240328053722. PMID: 38774791; PMCID: PMC11107449.
- Primavera D, Carta MG, Romano F, Sancassiani F, Chessa E, Floris A, Cossu G, Nardi AE, Piga M, Cauli A. Quality of Life in Systemic Lupus Erythematosus and Other Chronic Diseases: Highlighting the Amplified Impact of Depressive Episodes. *Healthcare*. 2024; 12(2):233. <https://doi.org/10.3390/healthcare12020233>
- Primavera D, Aviles Gonzalez CI, Romano F, Kalcev G, Pinna S, Minerba L, Scano A, Orrù G, Cossu G. Does the Response to a Stressful Condition in Older Adults with Life Rhythm Dysregulations Provide Evidence of the Existence of the "Dysregulation of Mood, Energy, and Social Rhythms Syndrome"? *Healthcare (Basel)*. 2023 Dec 29;12(1):87. doi: 10.3390/healthcare12010087. PMID: 38200993; PMCID: PMC10778618.
- Giovanni Carta M, Kalcev G, Scano A, Aviles Gonzalez CI, Ouali U, Pinna S, Carrà G, Romano F, Preti A, Orrù G, Minerba L, Cossu G, Nardi AE, Primavera D. The impact of MDQ positivity on quality of life impairment: Does it support the hypothesis of "Dysregulation of Mood, Energy, and Social Rhythms Syndrome" (DYMERS)? *J Public Health Res*. 2023 Nov 3;12(4):22799036231208356. doi: 10.1177/22799036231208356. PMID: 37927350; PMCID: PMC10625312.
- Perra A, Galetti A, Zaccheddu R, Locci A, Piludu F, Preti A, Primavera D, Di Natale L, Nardi AE, Kurotshka PK, Cossu G, Sancassiani F, Stella G, De Lorenzo V, Zreik T, Carta MG. A Recovery-Oriented Program for People with Bipolar Disorder through Virtual Reality-Based Cognitive Remediation: Results of a Feasibility Randomized Clinical Trial. *J Clin Med*. 2023 Mar 9;12(6):2142. doi: 10.3390/jcm12062142. PMID: 36983145; PMCID: PMC10056011.
- Carta MG, Orrù G, Littera R, Firinu D, Chessa L, Cossu G, Primavera D, Del Giacco S, Tramontano E, Manocchio N, Buonomo C, Scano A. Comparing the responses of countries and National Health Systems to the COVID-19 pandemic: a critical analysis with a case-report series. *Eur Rev Med Pharmacol Sci*. 2023 Aug;27(16):7868-7880. doi: 10.26355/eurrev\_202308\_33442
- Carta MG, Nardi AE, Pinna S, Cossu G, Gureje O. Multidisciplinary contributions towards an evolutive interpretation of bipolar disorders: Could it be the pathological drift of a potentially adaptive condition? *Braz J Psychiatry*. 2023 Jun 12;45(4):366–72. doi: 10.47626/1516-4446-2023-3154. Epub ahead of print. PMID: 37307284; PMCID: PMC10668319.
- Scano A, Kalcev G, Piras M, Fais S, Cossu G, Gonzalez CIA, Carta MG, Orrù G. Usefulness of salivary sampling for the molecular detection of a genetic variant associated with bipolar disorders. *J Public Health Res*. 2023 Mar 23;12(1):22799036221146915. doi: 10.1177/22799036221146915. PMID: 36967730; PMCID: PMC10037733.

- Scano A, Cossu G, Kalcev G, Pintus E, Pau M, Penna M, Atzori L, Orrù G, Romano F, Aviles Gonzalez C, Carta M. Inflammatory Indices during and after a Randomized Controlled Trial on Exercise in Old Adults: Could Moderate-intensity Exercise be Safe Enough? (Active Elderly and Health – Clinicaltrials.Gov, NCT03858114). *Open Sports Sci J*, 2023; 16: e1875399X2301090. <http://dx.doi.org/10.2174/1875399X-v16-e230111-2022-19>
- Kalcev G, Scano A, Orrù G, Primavera D, Cossu G, Nardi AE, Carta MG. Is a Genetic Variant associated with Bipolar Disorder Frequent in People without Bipolar Disorder but with Characteristics of Hyperactivity and Novelty Seeking? *Clin Pract Epidemiol Ment Health*. 2023 May 15;19:e174501792303280. doi: 10.2174/17450179-v19-e230419-2022-53. PMID: 37916199; PMCID: PMC10351339.
- Carta, M. G., Pintus, E., Zaccheddu, R., Callia, O., Conti, G., Aviles Gonzalez, C. I., ... & Cossu, G. (2022). Social and Behavioral Rhythms is Related to the Perception of Quality of Life in Old Adults. *The Open Psychology Journal*, 15(1). doi: 10.2174/18743501-v15-e220927-2021-111
- Carta MG, Kalcev G, Scano A, Primavera D, Orrù G, Gureye O, Cossu G, Nardi AE. Is Bipolar Disorder the Consequence of a Genetic Weakness or Not Having Correctly Used a Potential Adaptive Condition? *Brain Sci*. 2022 Dec 22;13(1):16. doi: 10.3390/brainsci13010016. PMID: 36671999; PMCID: PMC9856125.
- Kalcev G, Cossu G, Preti A, Littera MT, Frau S, Primavera D, Zaccheddu R, Matza V, Ermellino M, Pintus E, Carta MG. Development and Validation of the Questionnaire for Adaptive Hyperactivity and Goal Achievement (AHGA). *Clin Pract Epidemiol Ment Health*. 2023 May 12;19:e174501792303281. doi: 10.2174/17450179-v19-e230419-2022-50. PMID: 37916197; PMCID: PMC10351347.
- Cossu, G., Gyppaz, D., Kalcev, G., Manca, A. R., Angermeyer, M., Zreik, T., & Carta, M. G. Systematic review of involuntary hospitalisation and long-term compliance., *International Review of Psychiatry*, 2022, 1-12, <https://doi.org/10.1080/09540261.2022.2119074>
- Carta, M. G., Moro, M. F., Sancassiani, F., Ganassi, R., Melis, P., Perra, A., ... & Cossu, G. Respect for service users' human rights, job satisfaction, and wellbeing are higher in mental health workers than in other health workers: A study in Italy at time of the Covid pandemic, *Journal of Public Health Research*. 2022;11(2). doi:10.1177/22799036221107060
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Autorizzo il trattamento dei miei dati personali ai sensi del Decreto Legislativo 30 giugno 2003, n. 196 e all'art. 13 GDPR 679/16.

**Dichiarazione sostitutiva di certificazioni  
(Art.46 del D.P.R. 28 dicembre 2000, n. 445)**

**Dichiarazione sostitutiva dell'atto di notorietà  
(Art. 47 del D.P.R. 28 dicembre 2000, n. 445)**

La sottoscritta GiuliaCossu nata a CAGLIARI il 23/07/1980 residente a Cagliari (CA), Via San Fermo 4, e domiciliata in Cagliari Via San Fermo n 4 (CA), a conoscenza di quanto prescritto dall'art. 76 del D.P.R. 28 dicembre 2000, n. 445, sulla responsabilità penale cui può andare incontro in caso di falsità in atti e di dichiarazioni mendaci, ai sensi e per gli effetti del citato DPR. n. 445/2000 e sotto la propria personale responsabilità:

**D I C H I A R A**

che quanto affermato e riportato nel curriculum corrisponde al vero.

Letto, confermato e sottoscritto.

LA DICHIARANTE

*Giulia Cossu*