





Igor
Portoghese

DATE OF BIRTH:
17/06/1978

CONTACT

Nationality: Italian

 <https://orcid.org/0000-0003-3700-8594>

 SS 554 bivio per Sestu,
09042 Monserrato, Italy

 igor.portoghese@unica.it

 (+39) 3208916096

WORK EXPERIENCE

11/2023 - current

Associate Professor in Occupational Medicine

Department of Medical Sciences and Public Health, University of Cagliari

11/2020 - 11/2023

Researcher in Occupational Medicine (tenure track)

Department of Medical Sciences and Public Health, University of Cagliari

07/2012 - 10/2020

Research fellow

Department of Medical Sciences and Public Health, University of Cagliari

06/2010 - 06/2012

PostDoc Fellow

Department of Psychology, University of Cagliari

EDUCATION AND TRAINING

09/2010 - 07/2011 - Wolfville, NS, Canada

Visiting Scholar

Centre for Organizational Research and Development (COR&D), Acadia University

01/2006 - 12/2008 - Verona, Italy

PhD in Organizational Psychology

University of Verona

Research projects

01/2021 - 09/2024. Member of the COST Action CA19117: "Researcher Mental Health", role: WG3 leader.

DIGITAL SKILLS

Statistical

MPlus, R, HLM, SPSS, Jamovi/Jasp



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Main Publications (last 5 years)

- ❖ Osmanovic, S., Pajic, S., Petrovic, I. B., & Portoghese, I. (2024). Workaholism, work engagement, and burnout among academics in Montenegro: A psychometric network approach. *Work*, (in press), 1-12.
- ❖ Portoghese, I., Siddi, M., Chessa, L., Costanzo, G., Garcia-Larsen, V., Perra, A., . . . Firinu, D. (2023). COVID-19 vaccine hesitancy among Italian healthcare workers: Latent profiles and their relationships to predictors and outcome. *Vaccines*, 11(2).
- ❖ Portoghese, I., & Galletta, M. (2022). Working from home during a pandemic: A theoretical perspective on work-home spillover and risk of burnout. *Burnout while working: Lessons from pandemic and beyond* (pp. 175-198).
- ❖ Portoghese, I., Galletta, M., Meloni, F., Piras, I., Finco, G., D'Aloja, E., & Campagna, M. (2021). Dealing with COVID-19 patients: A moderated mediation model of exposure to patients' death and mental health of Italian health care workers. *Frontiers in Psychology*, 12.
- ❖ Portoghese, I., Galletta, M., Leiter, M. P., Finco, G., d'Aloja, E., & Campagna, M. (2020). Job Demand-Control-Support Latent Profiles and Their Relationships with Interpersonal Stressors, Job Burnout, and Intrinsic Work Motivation. *International Journal of Environmental Research and Public Health*, 17(24), 9430.
- ❖ Portoghese, I., Galletta, M., Porru, F., Burdorf, A., Sardo, S., D'Aloja, E., . . . Campagna, M. (2019). Stress among university students: Factorial structure and measurement invariance of the Italian version of the effort-reward imbalance student questionnaire. *BMC Psychology*, 7(1).
- ❖ Portoghese, I., Leiter, M. P., Maslach, C., Galletta, M., Porru, F., D'Aloja, E., ...& Campagna, M. (2018). Measuring Burnout Among University Students: Factorial Validity, Invariance, and Latent Profiles of the Italian Version of the Maslach Burnout Inventory Student Survey (MBI-SS). *Frontiers in Psychology*, 9.
- ❖ Portoghese, I., Galletta, M., Leiter, M. P., Cocco, P., D'Aloja, E., & Campagna, M. (2017). Fear of future violence at work and job burnout: A diary study on the role of psychological violence and job control. *Burnout Research*, Vol. 7, p. 36-46.
- ❖ Portoghese, I., Galletta, M., Burdorf, A., Cocco, P., D'aloja, E., & Campagna, M. (2017). Role Stress and Emotional Exhaustion Among Health Care Workers: The Buffering Effect of supportive Coworker Climate in a Multilevel Perspective. *Journal of Occupational and Environmental Medicine*, 59(10), e187-e19.