

Meaningful Work, Well-being and Mental Health: Recent Advances



Date

July 3-4, 2025

Venue

Università degli Studi di Cagliari
Aula Magna via S. Ignazio 78,
Cagliari



03/07

Meaningful Work

15:15 Welcome address

- **Patrizio Monfardini**
- **Silvia Balia**

15:30 Loud or Quiet Quitting? The Influence of Work Orientations on Effort and Turnover

- **Milena Nikolova**

16:10 Purpose Under Pressure: The Benefits and Risks of Meaningful Work

- **Silvia Balia**

17:10 Work Meaning and Fair Wages

- **Thimo de Schouwer**

17:50 Telework on the Rise? Analyzing the Pandemic's Impact on Teleworkable Employment in Italy

- **Massimiliano Bratti**

04/07

Mental Health

9:00 MINTful Career Choices The Impact of Perceived Pressure on STEM Aspirations

- **Lea Cassar**

9:40 The causal effect of working from home on mental health of 50+ Europeans

- **Danilo Cavapozzi**

11:40 Stressed wallets, stressed minds: the link between financial distress and mental health

- **Rossella Verzulli**

12:20 The mental health consequences of spousal bereavement

- **Elena Bassoli**