

# Curriculum Vitae - Alberto Lai

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## Personal Information

Name: Alberto Lai

Nationality: Italian

## Work Experience

Since 26/02/2020 – Present | Cagliari, Italy

Permanent Public Health Medical Officer – Local Health Authority (ASL) of Cagliari

- At the request of the General Management, collaborated with the Tumor Registry Coordination and the Epidemiological Center for all public health activities aimed at combating the SARS-CoV-2 pandemic.
- Collaborated on activities related to the local and regional crisis units established by the Sardinia Region.
- Contributed to the monitoring and surveillance of other notifiable infectious diseases.
- From September 2021, continued service in the Public Health Unit.
- Handled objections to sanction procedures for citizens non-compliant with COVID-19 vaccination mandates.
- Public Health Death Registry (RNCM) liaison for ASL Cagliari.
- Antimicrobial resistance and healthcare-associated infection prevention coordinator.
- Scientific Coordinator for ASL 8 Cagliari in Program PP10 (Antimicrobial Resistance Measures).
- Member of the scientific-technical committee for course planning under Italy's National Recovery and Resilience Plan (PNRR - Mission M6C2).

26/02/2019 – 26/02/2020 | Cagliari, Italy

Medical Director in Hospital Management – ATS Sardegna - ASSL Cagliari

- Medical Management representative for the San Giuseppe Calasanzio Hospital in Isili.
- Member of the Corporate Committee for Healthcare-Associated Infections (CICA).
- Member of the Operational Group (GO) for infection prevention in the Isili hospital.

24/04/2018 – 24/02/2019 | Cagliari, Italy

Medical Director – Nuova Casa di Cura, Decimomannu

10/2022 – Present

Adjunct University Lecturer – University of Cagliari

- Winner of a public selection for paid teaching assignments for academic years 2022/23, 2023/24, and 2024/25.
- Scientific Discipline: MEDS-24/B.
- Course: Public Health for the Degree in Dentistry and Dental Prosthetics.

10/2018 – 10/2019

Adjunct University Lecturer – University of Cagliari

- Winner of a public selection for teaching assignments in the academic year 2018/19.
- Scientific Discipline: MED/01.
- Course: Statistical Methods for Epidemiology for the Degrees in Technical Health Professions and Nursing and Midwifery Sciences.

09/2018 – 09/2019 | Cagliari, Italy

Adjunct University Lecturer – University of Cagliari

- Winner of a public selection for academic year 2018/19.
- Scientific Discipline: MED/01 Medical Statistics.
- Courses taught: Statistics and Statistical Methods for Epidemiology for degrees in Physiotherapy, Speech Therapy, Professional Education, and postgraduate degrees.

10/2016 – 10/2017 | Cagliari, Italy

Adjunct University Lecturer – University of Cagliari

- Winner of a public selection for academic year 2016/17.
- Scientific Discipline: MED/42 General and Applied Hygiene.
- Course: Hygiene and Public Health for the Medicine and Surgery degree.

01/11/2016 – 01/11/2018 | Cagliari, Italy

Postdoctoral Research Fellow – University of Cagliari

- Research grant in MED/42 for the project 'Prevention of Infectious Diseases'.
- Activities included literature review, data extraction, socio-economic deprivation index

construction, georeferencing, organizing educational events, and presenting findings at national conferences.

## Education and Training

28/02/2022 | Cagliari, Italy

Second-Level Master's Degree in Health District Management – University of Cagliari

07/2012 – 07/2016 | Cagliari, Italy

Specialization in Hygiene and Preventive Medicine – University of Cagliari

- Rotations in Public Health, Medical Direction of regional reference hospitals, and Regional Health Department.
- Collaborated on multiple projects funded by the Ministry of Health (CCM 2012 and 2013) on nosocomial infections, health service reorientation, and health communication.
- Participated in drafting Regional Guidelines for Infection Risk Management.
- Thesis: Rational drug prescribing: ethics, safety and cost control. An improvement action in a Sardinian Health Authority.

25/07/2011 – 05/08/2011 | Zagreb, Croatia

20th ETC Summer Course and Symposium 'Twenty Years of Capacity Building' – European Training Consortium in Public Health and Health Promotion

07/2011 | Cagliari, Italy

Master's Degree in Medicine and Surgery – University of Cagliari

Cagliari, Italy

High School Diploma – Classical Studies – Liceo Classico 'G. Siotto Pintor'

## Language Skills

Native language: Italian

English – Listening: B2 | Reading: B2 | Spoken Interaction: B2 | Spoken Production: B2 | Writing: B1

Spanish – Listening: B2 | Reading: B2 | Spoken Interaction: B2 | Spoken Production: B2 | Writing: B1

French – Listening: B1 | Reading: B1 | Spoken Interaction: A2 | Spoken Production: A2 | Writing: A1

## Projects

Creating Salutogenic Environments: Health promoting universities, schools, hospitals, cities, workplaces

Tutor at the 24th ETC-PHHP course organized by the University of Cagliari and the European Training Consortium in August 2015.

## Publications

2018 – Influenza vaccination coverage and deprivation among the elderly in the municipality of Cagliari: results and perspectives. *J Prev Med Hyg*, Feb 2019, Suppl.

2018 – Accurate compiling of the hospital discharge records according to clinicians' perception: critical issues and perspectives. *E&P* 42 (1), Jan-Feb 2018.

2018 – Healthcare-associated respiratory infections in intensive care unit can be reduced by a hand hygiene program: A multicenter study. *Australian Critical Care*, Vol. 31.

2016 – Current preventive policies and practices against Vaccine-Preventable Diseases and tuberculosis targeted for workers from hospitals of the Sardinia Region, Italy. *J Prev Med Hyg*.

2016 – Pattern of Hepatitis A Virus Epidemiology in Nursing Students and Adherence to Preventive Measures at Two Training Wards of a University Hospital. *Hepatitis Monthly*.

## Conferences and Seminars

2023 – Tuberculosis in the Local Health Authority (ASL) of Cagliari: An epidemiological study for a qualitative approach to improving public health management. 56th National Congress of the Italian Society of Hygiene (S.It.I.), Rome.

2022 – Combating scabies in the ASL of Cagliari: Epidemiology and territorial mapping of cases and possible counterstrategies. 55th National Congress of the Italian Society of Hygiene (S.It.I.), Padua.

2017 – Antibiotic use and resistance: knowledge, perception, and attitudes among the population and general practitioners. 50th S.It.I. Congress, Turin.

2017 – The healthcare system organization in the Metropolitan City of Cagliari in the context of the Sardinian Regional Health Reform. 50th S.It.I. Congress, Turin.

2017 – Prevalence study on healthcare-associated infections and antibiotic use in long-term care facilities: participation in the HALT3 project. Interregional Congress S.It.I., Cagliari.

2015 – A multifactorial approach to assess and contain healthcare-associated infections in intensive care units. 48th S.It.I. Congress, Milan.

2015 – Chronic kidney disease screening as a public health tool: results from a sample of workers. 48th S.It.I. Congress, Milan.

2014 – Towards a Health-Promoting University. 47th S.It.I. Congress, Riccione.

2013 – Access to healthcare services: the voice of immigrants. 46th S.It.I. Congress, Taormina.