

CURRICULUM VITAE

Surname and name: GESSA ISABELLA

Born: November 6, 1992 in CAGLIARI (CA)

Italian citizenship

Mail: isabella.gessaunica.itPEC: isabella.gessa@pec.tsrp-pstrp.org**HEALTH PROMOTER**

Registration in the Professional Register, TSRM-PSTRP ORDER of Cagliari Oristano, no. 399

ACADEMIC AND EDUCATIONAL QUALIFICATIONS**Master's Degree in Management and Coordination of Healthcare Professions**

Awarded with a score of 100/100 from Unitelma Sapienza University of Rome on November 23, 2022

Project Work titled "THE VIRTUAL MULTIPLE SCLEROSIS CENTER:

THE COORDINATOR OF HEALTHCARE PROFESSIONS AS CASE MANAGER IN THE CAGLIARI ASL"

Master's Degree in Management of the Socio-Healthcare District

Awarded from the University of Cagliari on June 7, 2019

Project Work titled "Integration between hospital and community with the distribution of multiple sclerosis drugs on behalf of the diagnostic-therapeutic care pathway in the Sardinia Region"

Training program in anthropological, psycho-pedagogical disciplines and teaching methodologies and technologies.

Duration: 6 months. Regulations: Ministerial Decree. 270/2004.

Common Path CS 24/00. Faculty of Humanities, University of Cagliari.

Degree Awarded June 2018

Master's Degree in Preventive Health Professions

Graduate degree awarded from the Faculty of Medicine and Surgery, University of Cagliari on July 12, 2017

with a grade of 110/110 with honors and special mention (academic honors).

Thesis title: "Prevention of Multiple Sclerosis and Reduction of Social and Economic Costs. Study of Environmental Risk Factors of Multiple Sclerosis in Sardinia."

Bachelor's Degree in Health Care (class SNT/4 of the degrees in preventive health professions)

Degree awarded at the Faculty of Medicine and Surgery, University of Cagliari on October 13, 2015, with a grade of 110/110

Thesis title: "Study of environmental risk factors for multiple sclerosis in Sardinia"

October 12, 2015 Passed the State Exam, Qualification Test for the Profession of Health Care Assistant for admission to the Register

- July 4, 2011 High School Diploma in Human Sciences, B.R. Motzo Classical and Human Sciences High School, Quartu Sant'Elena (In the first three years, the high school was the Social Sciences High School, an experimental branch of the Brotzu Scientific High School) awarded with a grade of 93/100

SERVICES AT ASL/PA AS EMPLOYEE

From 01/10/2023 onwards

Employee: Organizational role coordinating in the family counseling center of District 3 Quartu Parteolla, HEALTH PROMOTER (category D) at ASL CAGLIARI (permanent employee at 36.0 hours/week) Notes: ASL CAGLIARI

From 03/02//2021 to 30/09/2023

HEALTH PROMOTER (category D) at ASL CAGLIARI (permanent employee at 36.0 hours/week) Notes: ASL CAGLIARI

Note: Public Health and Hygiene Service, Prevention Department, ASL CAGLIARI

From 03/09/2018 to 13 gennaio 2021

HEALTH PROMOTER (category D) at ASL CAGLIARI (permanent employee at 36.0 hours/week) Notes: Public Health and Hygiene Service, Prevention Department, ASL sassari, ATS Sardegna

Since March 2020, she has been in charge of reporting Covid cases to the ISS, for the Local Crisis Unit, Northern Zone, Sardinia.

OTHER EXPERIENCES AT ASL/PADal 2021 in corso...

Academic Years 2022/2023 and 2023/2024 and 2024/2025 at the Faculty of Human Sciences, University of Cagliari:

Academic Teaching Position in General and Applied Hygiene in the Master's Degree in Primary Education Sciences and Psychology

Academic Years 2024/2025 at the Faculty of Medicine and Surgery 4e, University of Cagliari:

Academic Teaching Position in community prevention in the Master's Degree in Health Care

Academic Teaching Position in organization of health services in the Master's Degree in Nursing Sciences

Academic Teaching Position in General and Applied Hygiene in the Master's Degree in Neurophysiopathology Technician

Academic Years 2023/2024 at the Faculty of Medicine and Surgery 4e, University of Cagliari:

Academic Teaching Position in General and Applied Hygiene in the Master's Degree in Neurophysiopathology Technician

Academic Teaching Position in General and Applied Hygiene in the Master's Degree in Physiotherapy

Academic Teaching Position in General and Applied Hygiene in the Master's Degree in Professional Educator

From 01/09/2017 to 31/12/2017

Researcher - Title: HEALTHCARE ASSISTANT - at the Department of Medical Sciences and Public Health, University of Cagliari - Notes: Research Grant Titled "Evaluation of the social impact of cognitive reserve in people with multiple sclerosis with pediatric onset versus adult onset". Experience carried out at the Multiple Sclerosis Center of the P.O. Binaghi, ASSL Cagliari

From May 8, 2017 to September 30, 2017

Scholarship - TUTOR for the Master's Degree in Science of Preventive Health Professions, at the Faculty of Medicine and Surgery, University of Cagliari - Note: Assignment for the assignment of tutorial, supplementary teaching, preparatory, and remedial activities - Tutor pursuant to Article 2 of Ministerial Decree 976/2014

ARTICLES, POSTERS AND PUBLICATIONS

Article: Characterization of the tolerability profile of the BNT162b2 vaccine in patients with multiple sclerosis Proceedings of the 60th National SNO Congress, 60 years of evolution in hospital neuroscience. Multidisciplinary strategies for effective and efficient care even in critical situations. 1st edition 2021. Article: Characteristics of SARS-CoV-2 positive cases beyond health-care professionals or social and health-care facilities Rivista: BMC Public Health · January 2021

Article: Deaths in SARS-Cov-2 Positive Patients in Italy: The Influence of Underlying Health Conditions on Lethality Rivista: International Journal of Environmental Research and Public Health · June 2020

Articolo: The impact of modifiable risk factors on lesion burden in patients with early multiple sclerosis Rivista: Multiple Sclerosis and Related Disorders, Elsevier (internazionale) pubblicata il 09/12/2019

Articolo: Assessing the burden of vascular risk factors on brain atrophy in Multiple Sclerosis: a Case-Control Mri Study Rivista: Multiple Sclerosis and Related Disorders, Elsevier (internazionale) pubblicata il 16/10/2018

Poster: Assessing the burden of vascular risk factors on brain atrophy in multiple sclerosis: a case- control MRI study Rivista: Multiple Sclerosis Journal (internazionale) pubblicata il 09/10/2018 - Note: POSTER SESSION 2 ECTRIMS 2018

Poster: Misurazione della qualità percepita dall'utente delle attività del Servizio Vaccinale ASSL Sassari dopo l'introduzione del Piano Nazionale Vaccinale 2017/2019, della L. 119/2017 e dell'Anagrafe Vaccinale Informatizzata (AVACS -Anagrafe Vaccinale Sardegna) Rivista: Journal Of Preventive Medicine and Hygiene (internazionale) pubblicata il 01/09/2019 - Note: SUPPLEMENTO 1 - Atti del 52° Congresso Nazionale Società Italiana di Igiene, Medicina Preventiva e Sanità Pubblica (SIItI) Perugia 16-19 ottobre 2019

Poster: Measurement of the user-perceived quality of the activities of the vaccination clinics of Sorso and Valledoria, centralized in Sassari, after the introduction of the PNPV 2017/2019, Law 119/2017 and AVACS - Vaccine Registry of Sardinia Magazine: Journal of preventive medicine and Hygiene (internazionale) pubblicata il 01/09/2019 - Note: SUPPLEMENTO 1 - Atti del 52° Congresso Nazionale Società Italiana di Igiene, Medicina Preventiva e Sanità Pubblica (SIItI) Perugia 16-19 ottobre 2019

Abstract 605: EPIDEMIOLOGICAL SURVEILLANCE AND VACCINATIONS: THE ROLE OF THE DEPARTMENT OF PREVENTION IN MANAGING COVID-19 SURVEILLANCE IN THE AUTONOMOUS REGION OF SARDINIA Journal: Journal of Preventive Medicine and Hygiene (international) - Official publication of the proceedings of the 54th National Congress of the Italian Society of Hygiene, PUBLIC HEALTH IN THE POST-COVID ERA LECCE 3-6 NOVEMBER 2021 OPPORTUNITIES FOR RELAUNCHING INTEGRATED PREVENTION.

PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

- Speaker at the 20th National CARD Congress, October 13-14 and 15, 2022, at the Grand Hotel Trento Paper entitled "Experience of virtual clinics for patient management between hospital and community"

PRESENTATIONS AT REGIONAL CONFERENCES

- December 12, 13 and 14, 2023

Speaker at the Corporate Training Project "District Guidelines and Protocols"

Paper entitled "The strategic role of the family counseling center: the Quartu Parteolla district's CF and the continuity between hospital and community" at the Conference Hall, Via Bizet 12, Quartu S.E. District, Cagliari Local Health Authority

- March 24, 2017 - March 18, 2016 – March 15, 2020 – May 4, 2021:

Speaker at the Presentation of the Degree Course in Healthcare - University of Cagliari, Directorate of Teaching and Orientation, Orientation Days, at the Monserrato University Campus.

CORSI, SEMINARI, CONVEGNI, FAD...

09/07/2025 webinar "salutogenesis for planetary health" by Prof. Paolo Contu in MIBES Accademia

April 2024

Student in the Ares Sardegna SOSTenere in Rete project

and in the National Training Program "Wireless Network. National Connections" project - ECLECTICA+ RICERCA E FORMAZIONE IMPRESA SOCIALE S.R.L. (Research - Training - Communication)

May 25, 2024

Conference "A Changing Planet: The Impact of Environmental Contaminants on Mother-Child Relationships," at the Conference Hall - Axis I, Monserrato University Campus, S.P. Monserrato-Sestu Km 0.700 - 09042 Monserrato (CA), 4 hours.

November 10, 2024

Webinar "The Placenta" - MIPA Formazione.

March 26, 2024

Online event, "VaccinAZIONE: Pediatric Coverage as a Challenge for Public Health," organized by Corsi QBGroup with the Patronage of SiTI.

March 15, 2024

12th Regional Conference "Being Born in Sardinia: Current Events and Perspectives" - Caesar's Hotel Cagliari

February 22, 2024

Webinar "Facilitating Newborn Adaptation to Birth", MIPA

February 3, 2024 Residential Course

"Vaccination and Screening: New and More Effective Strategies for the Prevention of Human Papillomavirus Diseases" - SiTI, Cagliari.

January 25, 2024

Webinar "Methodology Strategies for Involving Groups - MIPA Training"

November 13, 2023

BLSD for IRC Healthcare Workers – ARES SARDEGNA

October 5, 2023

Training Course for Fire Emergency Workers – Medium Risk – Residential Course, ARES SARDEGNA

From February 1, 2023 to December 14, 2023

FAD "Communication as a Professional Tool for Promoting Trust Between Users and Operators"

FAD "Mandatory Training Course, Occupational Safety, Art. 37 Legislative Decree 81/08 – General Training

October 28, 2023

Let's Rebuild Healthcare: The National Health Service from New Organizational Models to the Evolution of Professional Profiles – Cagliari,

October 19-20, 2023

21st CARD NATIONAL CONGRESS, RATIONALE VII CONFERENCE NATIONAL HOME CARE – Hotel Regina Margherita, Cagliari

June 30, 2024 and July 1, 2024

13th FIMP Sardinia Regional Congress, Save the Date, Vaccination and Immunization in the New PNPV – Thotel Cagliari.

May 31, 2023

Meeting "Multiple Sclerosis and Future Perspectives, Application of Omics Sciences" – Monserrato University Campus. Scientific Coordinator: MS Center, University of Cagliari, and Cagliari Local Health Authority

March 23, 2023

Online Conference "Results of the 0-2 Year Surveillance System on the Main Determinants of Child Health. 2022 Data Collection," ISS

March 4, 2023

"Prevention Summit Sardinia. The Value of Prevention at All Ages," Cagliari - EUREKA S.R.L. 4, 2 CMEs.

October 15, 2022

"THE HIGH-DOSE VACCINE: THE VALUE OF EVIDENCE," Caesar Hotel, Cagliari – 2 ECTS

April 30, 2022

TRAVEL MEDICINE: UPDATE ON THE TRAVELER'S VACCINATION CALENDAR - Quartè Sayal, Alghero – 7 ECTS.

From November 4, 2021 to November 3, 2022

Online course "Focus on vaccinations in adolescence," with the general educational/training objective of: Clinical documentation.

Diagnostic and rehabilitative clinical-care pathways, care profiles - treatment profiles. Duration in hours: 3, assigning no. 4.50 (four/50) CME Training Credits

From June 8, 2021 to June 7, 2022

Online course "Endometriosis: Updated Clinical, Diagnostic, and Therapeutic Framework," with the following general educational/training objectives: Clinical documentation. Diagnostic and rehabilitative clinical-care pathways, care profiles - treatment profiles. Duration in hours: 15, 22.50 CME Training Credits.

November 20, 2021

In-person training event with final test, conference "NEW STRATEGIES FOR MORE EXTENSIVE PROPHYLAXIS IN TRAVEL MEDICINE," at Palazzo Doglio, Cagliari, with the following educational objective: technical-professional content (knowledge and skills) specific to each profession, each specialty, and each ultraspecialized activity, including rare diseases and gender medicine. 5 E.C.M training credits

From December 23, 2020 to July 29, 2021

Online Course "Covid-19 Vaccination Campaign: Safe Administration of the SARS-CoV-2/Covid-19 Vaccine"

organized by the Italian National Institute of Health. Expected training hours: 16 – 20.8 CME - Final Exam Pass Date: May 6, 2021

From February 28, 2020 to April 28, 2020

Online Course "Health Emergency from the New Coronavirus SARS-CoV-2: Preparation and Response"

organized by the Italian National Institute of Health. Expected training hours: 16 – 20.8 CME credits - Final exam pass date: April 14, 2021

From February 7, 2020 to February 7, 2020

Participant in the online course entitled "Vaccination Forum: strategy, communication, and value of vaccinations" - organizer: intermeeting, (Medi Classroom) – duration 4 hours – 5.2 CME credits

From April 1, 2019 to December 31, 2019

Participant in the training course entitled "HPV Vaccination in Women Already Treated for HPV-Related Lesions and in Adult Women Aged >25. New Evidence in the Prevention of Cervical Cancer" - Organizer: A.o.g.o.i. - Association of Italian Hospital Obstetricians and Gynecologists - Duration: 4 hours - 6 ECM credits - Notes: ECM Online Course

From April 1, 2019 to December 31, 2019

Participant in the training course entitled Vaccines in Pregnancy: Update - Organizer: A.O.G.O.I. Association of Italian Hospital Obstetricians and Gynecologists - Duration: 6 hours - 9 ECM credits - Notes: ECM Online Course

From November 9, 2019 to November 9, 2019

Participant in the workshop entitled Travel Medicine Refresher Workshop - Organizer: Eureka S.R.L. - Communication and Training - duration 8.0 hours - 6 ECM credits

From October 22, 2018 to October 21, 2019

Participant in the training course entitled GenitoriPiù. Health determinants to be promoted for maternal and child well-being, through the empowerment of professionals and parents - Organizer: Zadig srl - duration 10.0 hours - 10 ECM credits

From 07/06/2019 to 08/06/2019

Participant in the conference entitled "Siti Regional Congress 2019 Sardinia Section Public Health: Current Scenarios and Development Prospects at the Service of the Citizen" - Organizer: Kassiopea Group Srl - duration 9.0 hours - 6.3 ECM credits

From 25/03/2019 to 26/03/2019

Participant in the conference entitled "International South Sardinia Congress of Obstetrics and Gynecology (ISSCOG)" - Organizer: Kassiopea Group Srl - duration 12.0 hours

From 22/02/2019 to February 22, 2019

Participant in the refresher course entitled Hexavalent Vaccination: Experts' Opinion. - Organizing body: SISP, Northern Area Prevention Department, ASSL Sassari, ATS Sardegna (Address: Via Rizzeddu 21/b, Sassari) - Duration: 6 hours - Notes: Presentation of the new HEXYON vaccine with F.I.M.P. Italian Federation of Pediatricians

From February 8, 2019 to February 8, 2019

Participant in the refresher course entitled Hand Hygiene against Healthcare-Associated Infections - Organizing body: SISP, Northern Area Prevention Department, ASSL Sassari, ATS Sardegna - duration 6.0 hours

From October 31, 2018 to October 31, 2018

Participant in the meeting entitled Public Assembly "The situation of the Binaghi MS Center and its future" - Organizing body: AISM Cagliari (address: AISM Onlus, Via Abruzzi, 10, 09122 Cagliari CA)

From September 28, 2017 to September 29, 2017

Participant in the conference entitled Forty Years of Multiple Sclerosis: A Scientific Party - Organizing body: Sardiniameting Srl - Consulting, Organization, Conference and Training Services - 16.0 hours - 9 CME credits

From July 13, 2017 to July 13, 2017

Participant in the training course entitled "Training Course for the Use of SPSS for Clinical Trials" - Organizer: Multiple Sclerosis Center, Binaghi Hospital, Cagliari - 8.0 hours - - Notes: Scientific Director: Prof. Eleonora Cocco

From June 23, 2017 to June 24, 2017

Participant in the conference entitled "SItI, VIII Interregional Congress, Piedmont, Aosta Valley, Liguria, Sardinia" "What Strategies to Improve Prevention in Light of New Scenarios in Public Health" - Organizer: Kassiopea Group srl

From February 29, 2016 to February 29, 2016

Participant in the training course entitled Basic Course "Arrhythmia Recognition" ECG - Monitor - Organizer: Renascor Training Center IRC Sardinia - Duration 8.0 hours

From February 6, 2016 to February 6, 2016

Participant in the training course entitled "BLSD - Basic Life Support - Defibrillation Performer Course" - Organizer: Renascor IRC Training Center - Duration 8.0 hours - Note: Category B - Course for healthcare professionals

From May 28, 2016 to May 28, 2016

Participant in the seminar entitled "Laboratory Diagnostics: Communication, Competence, Knowledge" - Seminar organized by IPASVI of Cagliari - Organizer: IPASVI Cagliari (Address: Via Leon Battista Alberti, 9, 09131 Cagliari, CA)

From December 19, 2015 to December 19, 2015

Participant in the conference from Title: Innovate to Excel - Projects and Improvement Paths at the Cagliari University Hospital - Organizing body: Cagliari Hospital University of Cagliari - duration 6.0 hours - 0.00 ECM credits

From November 11, 2015 to November 11, 2015

Participant in the conference entitled "The Hospital Network in the Regional Healthcare Reform" - Organizing body: Department of Hygiene, Health and Social Assistance (address: Via Roma, 223 - 09123 Cagliari) - duration 4.0 hours - 0.00 ECM credits

From October 22, 2015 to October 23, 2015

Participant in the conference entitled "Xvi National HPH & Hs Conference: The Role of the HPH & Hs Network in the Healthcare Organization" - Experiences and Future Prospects - Organizing body: Kassiopea Group srl - duration 11.0 hours - 7 ECM credits

From May 15, 2015 to May 15, 2015

Participant in the seminar entitled "BLSD Course for Performers for Non-Healthcare Workers" - Organizing body: Faculty of Medicine and Surgery, University of Cagliari (address: Cittadella Universitaria di Monserrato, S. P. Monserrato Sestu Km 0.700 CA, 09042 Monserrato CA) - duration 5.0 hours - Notes: Seminar organized by the Presidency of the Degree Course in Healthcare for the accreditation of elective credits. Teachers and instructors: Dr. Carlo Nioteni and Dr. Alessandra Murgia

From April 24, 2015 to April 24, 2015

Participant in the seminar entitled "Theoretical-Practical Training Course: Emergency, Resuscitation, and PBLSD Techniques" - Organizing body: Faculty of Medicine and Surgery, University of Cagliari (address: Cittadella Universitaria di Monserrato, S. P. Monserrato Sestu Km 0.700 CA, 09042 Monserrato CA) - Duration: 8.0 hours - Notes: Seminar organized by the Presidency of the Degree Course in Healthcare for the accreditation of elective credits. Teachers and instructors: Dr. Carlo Nioteni and Dr. Alessandra Murgia

From May 28, 2015 to August 14, 2015

Participant in the 24th ETCPHHP Summer Course 2015: Creating salutogenic environments: health promoting universities, schools, hospitals, cities, and workplaces. European Perspectives on Health Promotion - Organizing body: Department of Public Health, Clinical and Molecular Medicine, University of Cagliari - Duration: 200.0 hours. Notes: Distance Learning from May 28 to July 25 and Residential Summer School from August 3 to August 14.

From February 20, 2015 to February 20, 2015

Participant in the training course entitled "Dimensions of the Autism Spectrum: Comparing Traits and Comorbidities. Becoming Adults on the Spectrum" - Organizing body: Associazione Spazio Asperger Onlus - Duration: 8.0 hours

From September 5, 2014 to September 5, 2014

Participant in the training course entitled "Strategic Communication for Healthcare Workers: Effective Relationships, Health Promotion, Change" - Organizing body: SP - Human Resources and Organization - Duration: 8.0 hours

From March 26, 2014 to March 26, 2014

Participant in the training course entitled Forms of Guardianship and Protection for Minors - Organizing body: ASL 8 Cagliari - U.O.C. Consultori (address: Via Talete, 09131 Cagliari, CA) - Notes: Inter-institutional training course, organized by the U.O.C. Consultori, 4th Training Module "Forms of Guardianship and Protection for Minors".

OTHER

- From March 2024, appointed Representative for University Training of Healthcare Assistants for the provincial association.
- From April 2023, Vice President of the Healthcare Assistants Register Commission.
- Since January 2022, member of the National HTA Working Group of the Federation of Orders of Health Professionals
- Since 2021, MEMBER OF THE GOVERNING BODY of the scientific society CARD SARDEGNA
- Since 2020, Regional Representative for the Training Needs of Healthcare Assistants
- Since 2019, member of the Healthcare Assistants' Register Commission, Order of TSRM-PSTRP of Cagliari-Oristano
- From 01/11/2013 to 30/09/2015, Member of the Joint Commission of Teachers and Students of the Degree Course in Healthcare, Class: L/SNT4 Preventive Health Professions, University of Cagliari, Faculty of Medicine and Surgery

TRAINING INTERNSHIPS

Internship from May 2022 to October 2022 (500 hours) at the Multiple Sclerosis Center P. O. Binaghi in Cagliari for the Master's Degree in Coordination of Healthcare Professions, in an agreement between Unitelma Sapienza and the Cagliari Local Health Authority, under the Center's management.

Internship from May 2018 to June 2019 (250 hours) at the Multiple Sclerosis Center P. O. Binaghi in Cagliari for the Master's Degree in Management of the Social and Health District.

Internship at the Multiple Sclerosis Center of Binaghi Hospital for the epidemiological survey, case-control study, the subject of the bachelor's thesis from May to October 2015 (150 hours). From January to March 2016 (225 hours), internship at the CSM P. O. Binaghi for the construction of the regional database of patients attending the CSM. From May 2016 to June 2017, data collection for the case-control study on metals concentrated in blood at the CSM P. O. Binaghi. During the same period, a survey on environmental risk factors for MS in Sardinia (250 hours). Other academic internships carried out at: the Health Directorate of the P. O. Marino and P. O. Binaghi in Cagliari; the Health Directorate and Diabetology Service of the Monserrato Polyclinic; the Counseling Center and Outpatient Clinic of Quartu Sant'Elena; the Health Promotion Service, Screening Center and Forensic Medicine Service of the Cittadella della Salute of the ASL of Cagliari; the Hygiene and Public Health Service of Cagliari (vaccinations and infectious diseases department).

Native language: Italian

Other languages (Self-assessment): English and French (listening, reading, speaking, and writing: good)

Computer skills

Excellent knowledge of Microsoft Office, especially Excel, and statistical analysis programs such as SPSS. Proficient in web browsing, social media, and the use of IT devices. Passed university computer science exam with a passing grade of 30/30.

Social skills and competences

Excellent ability to work in a team, manage, and plan group work, and manage a work group.

DRIVING LICENSE, Category B

I consent to the processing of the data provided in accordance with GDPR 679/2016. I am aware of the criminal penalties for making false statements or for the preparation or use of false documents, as per Article 76 of Presidential Decree 445/2000. The declarations contained herein constitute certification pursuant to Article 46 of Presidential Decree 445/2000.