

Curriculum vitae di Alessandra Mereu _ English version

Associate Professor SC 06/M1- General and Applied Hygiene, Nursing Sciences and Medical Statistics (profile MEDS-24/B) - Department of Medical Sciences and Public Health - University of Cagliari. Coordinator of the Prevention Class at the University of Cagliari. Degree in Biological Sciences, University of Cagliari. PhD in Public Health and Community Medicine with thesis entitled 'Guidelines for Health Promotion in Schools' -University of Sassari- Cagliari.

PhD Public Health and Community Medicine- University of Sassari- Cagliari

Member of the Health Promotion working group of the Italian Society of Hygiene, Preventive Medicine and Public Health (S.It.I).

Member Italian Society of Alcology (Sardinia section).

Accreditation at International Union for Health Promotion and Education (IUPHE) as Health Promotion Practitioner.

Teaching activities University of Cagliari, Faculty of Medicine and Surgery: Lecturer in General and Applied Hygiene in the CdS of Health Care; Lecturer in Hygiene in the CdS of Exercise and Sport Sciences; lecturer in General Hygiene and Epidemiology and Priority Health Problems and Health Statistics in the CdS of Nursing; lecturer in Principles of Epidemiology and Health Promotion in the CdS of Prevention Techniques in the Environment and Workplaces. Lecturer in Health Promotion in the Schools of Specialisation in Hygiene and Health Psychology.

Epidemiological research has focused on health needs analysis and the investigation of health determinants and risk perception.

Epidemiological studies on the prevalence and effect of therapy in chronic degenerative diseases in collaboration with clinical professionals for research setting.

Operational coordination of research on risk perception and citizen participation in risk management in an area of high environmental risk.

Cross-cultural validation of questionnaires in use in international research for the use of survey instruments of proven validity and reliability.

Contact person for the Erasmus+ Hearts project - Higher Education Action Response for Trauma Support - from December 2023 to December 2025.

Research in health promotion aimed at community action with a focus on community empowerment, and the health promoting setting: schools and universities.

Research achievements: Scientific production mainly characterised by publications in journals with international distribution: 46 articles in national and international journals.