

Educational, teaching, scientific and professional curriculum of the candidate

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| Declaration in lieu of certification (Art. 46, Presidential Decree No. 445 of December 28, 2000) Declaration in lieu of affidavit (to be submitted or sent with a photocopy of an identity document) (Art. 47, D.P.R. December 28, 2000 no. 445) |
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| Information updated as of | 30/10/2024 |
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| First and Last Name. | Antonio Urban |
| Date of Birth | 13/03/1968 |

It is recommended that all elements that can be evaluated under the selection notice be indicated accurately (add or remove lines as needed).

Educational background relevant to the SSD

(indicate only the types stipulated in the notice):

| Date | Title | Title granting institution |
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| 2019-2020 | Executive University Master's Degree Level I "Health and Safety Compliance": organization, safety management systems and accountability | University of Rome Unitelma_SAPIENZA studies. |
| 2021-2022 | University Master's Degree II° Level. Direction and Management of Healthcare Companies, Risk Analysis, Control Tools and Professional Responsibilities. | LUM University - Jean Monnet - School of Management |

Relevant teaching curriculum

| Academic Year | Teaching activities (indicate name of teaching or tutoring) | Undergraduate course | Scientific Disciplinary Sector |
|---------------|--|--|--------------------------------|
| 2024-2025 | Advanced Methods of Environmental Valutaz (CI Prevention in the Work Environment) | L.M. Sciences Prof Sanit. Of Prevention | MED/50 |
| 2024-2025 | Coordinator ng Activities TPALL Professionalizi Curricular | Prevention Technicians Work Environment 1,2,3 year and f.c. | MED/50 |
| 2023/2024 | Coordinator ng Activities TPALL Professionalizi Curricular | Prevention Technicians Work Environment 1,2,3 year and f.c. | MED/50 |
| 2023/2024 | Seminar-Introductory Internship Quality Management Systems.- Environment and Safety for 24 hrs. of course | Prevention Technicians Work Environment 3rd year and f.c. Validity: 3 CFU | MED/50 |
| 2023/2024 | Internship introductory for the risk assessment and management (no. 4 courses of 16 h) | Resident physicians - Health area graduate schools (various specializations) | MED/44 |
| 2023/2024 | Course evaluation and the management of risk | Student Medicine and Surgery -UniCa | MED/44 |
| 2023/2024 | Introductory internship for the | Radiology Technicians TSRMIR | MED/44 |

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| | risk assessment and management | ONE Medicine | |
| 2022/2023 | Introductory internship for risk assessment and management | TSRMIR Radiology Technicians UNIC Medicine | MED/44 |
| 2022/2023 | Psychosocial risks in work environments - management and assessment | Graduate School of Health Psychology - Faculty of Psychology- UNICA | M-PSI/06 |
| 2021/2022 | Introductory internship for risk assessment and management | Radiology Technicians TSRMIR UNICA Medicine | MED/44 |
| 2021/2022 | Teaching activities as co-teacher "Health Serv Organization" | Health Care Assistants Faculty of Medicine UNICA | MED/42 |
| 2019/2020 | Introductory Seminar Management Systems e Behavioral Safety | Electrical Electronic Engineering (DIEE Faculty of Engineering UNICA) | ING-IND/28 |
| 2013-2024 | Tutor apprenticeship-professional training RISKS OCCUPATIONAL (DLGS 81/08) in COMPANY and Thesis Advisor for L/LM students - UniCa | Preventive Technicians Amb./Lav./HealthAssist./specialists. | MED/50 |

Professional activity relevant or partially relevant to the specific teaching

| Period | Institution | Main activities and responsibilities |
|--------------------------------------|--|---|
| 01/08/2019 - a to date November 2024 | University Hospital Company of Cagliari | <i>DIRECTOR Health Professions of PREVENTION and RSPP</i> with Assignment of Head of the Structure SSD Prevention and Protection (structure in Staff to the General Management) for AOUCa - University Hospital Company of Cagliari - activity of internal AOUCa DOCTOR - component Committee Prev. Hospital Infections (CICA) |
| 30/06/2007 - 31/07/2019 | ASLCagliari / ATS Sardinia | <i>Technician of Prevention Environment/Work U.P.G.</i> (Officer of Judicial Police) - ASL8 Cagliari Company (now ATS Sardinia) - at SPRESAL "Prevention and Safety Service in the workplace" of ASSL Cagliari with investigation tasks for accidents at work (also by proxy of the judiciary), surveillance and inspection activities on public/private companies , at construction sites and in the health and transport sectors ; specific investigation activities on work-related stress. Activities related to the Center for Work-related Psychopathologies. Organization of Informational/Training events on Occupational Hygiene and Safety. |
| 01/03/1995 - 29/06/2007 | ASL8Cagliari | Environment/Work prevention technician (<i>contract safety, DUVRI, and safety in contracts, compliance assessments</i>) |
| 16/06/1992 - 28/02/1995 | Former USL Senorbi and ASL Sanluri | Environmental/Labor Hygiene Technician-UPG at Public Hygiene Service - <i>duties proper to the qualification and</i> |
| 2022-2023-2024 | RAS - Autonomous Region of Sardinia - Department of Hygiene and Public Health. | AUDITOR Quality and Accreditation in Health Facilities - REGIONAL TECHNICAL NUCLEO RAS - Ass.Ig and Health |
| 2024 | ASL Medio Campidano | Consultant in Conv. for the Val. and Gest. Occupational.-Psicosocial Risks |

Publications and Reports in International Congresses

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| <p>1. Publication: <i>Healthcare students are faced with the issue of the rights of people with disabilities and the quality of services- Are we training future healthcare workers who overemphasize technology?</i> - <u>Journal of Public Health Research</u> - October 2024 - DOI:10.1177/22799036241290262 - Authors: Cesar Ivan Aviles Gonzalez - Antonio Urban -Maura Galletta - Cledia Madeddu et Al.</p> |
| <p>2. Publication: <i>Informal caregivers compared with users and health workers on well-being and respect for human rights in mental health care services.</i> - <u>Journal of Public Health Research</u> - September 2024 - DOI:10.1177/22799036241274960 - Authors: Michela Atzeni - Diego Primavera - Antonio Urban - et Al.</p> |
| <p>3. Publication: <i>Prior Engagement in Physical Activity Correlates with Enhanced Quality of Life Perceptions among Older Adults during COVID-19 Lockdown</i> - <u>July 2024 Brain Sciences</u> 14(8):765 - DOI:10.3390/brainsci14080765 - Authors: Gian Mario Migliaccio, Goce Kalcev, Antonio Urban, Bart Roelands, et Al.</p> |
| <p>4. Publication: <i>The Impact on Anxiety Symptoms of an Immersive Virtual Reality Remediation Program in Bipolar Disorders: A Randomized Clinical Trial</i> - MDPI - <u>Journal of Clinical Medicine</u> - July 2024 13(14) - DOI:10.3390/jcm13144203 - Authors:</p> |
| <p>5. Publication: <i>Reliability and Factor Structure of the Well-Being and Respect for Human Rights Questionnaire in Measuring Caregivers' Perception</i> - July 2024 <u>Clinical Practice and Epidemiology in Mental Health</u> 20(1) - DOI:10.2174/0117450179310030240703061409 - Authors: Michela Atzeni, Mauro Giovanni Carta, Antonio Urban, et Al.</p> |
| <p>6. Publication: <i>The Stability of Social and Behavioral Rhythms and Unexpected Low Rate of Relevant Depressive Symptoms in Old Adults during the COVID-19 Pandemic</i> - Authors: Federica Sancassiani 1,* , Giulia Cossu 1 , Elisa Cantone 1, Antonio Urban 1,3 Ferdinando Romano 2, and Mauro Giovanni Carta1- MDPI- <u>Journal.Clinical.Medicine</u>2024, https://doi.org/10.3390/jcm13072005</p> |
| <p>7. Publication: <i>Job Seekers' Burnout and Engagement: a Qualitative Study of Long-Term Unemployment in Italy.</i> International Journal of Environmental Research and Public Health. Published: 26 May 2023 - Int. J. Environ. Res. Public Health 2023, 20, 5968. https://doi.org/10.3390/ijerph20115968 - Authors: Marcello Nonnis 1,* , Mirian Agus 1 , Gianmarco Frau 1 , Antonio Urban 2 and Claudio Giovanni Cortese 3</p> |
| <p>8. Publication: <i>Burnout without a job: An explorative study on a sample of Italian unemployed jobseekers.</i> SAGE Journal of public health Reserch. 2023, Vol. 12(1), 1-8 © The Author(s) 2023-DOI: 10.1177/22799036221149260 journals.sagepub.com/home/phj . Authors: Marcello Nonnis1, Antonio Urban2, Gianmarco Frau1, Mirian Agus1, and Claudio Giovanni Cortese3.</p> |
| <p>9. Publication: <i>The Role of Fulfilment and Disillusion in the Relationship between Burnout and Career Satisfaction in Italian. _HealthcareWorkers;</i> MDPI- Sustainability 2024, 16, 893. https://doi.org/10.3390/su16020893 - Marcello Nonnis 1,* , Mirian Agus 1 , Francesca Corona 1, Nicola Aru 1, Antonio Urban 2 and Claudio Giovanni Cortese 3.</p> |
| <p>10. Publication: <i>The Impact of the COVID-19 Pandemic on the Mental Health of Healthcare Workers in Italy: Analyzing the Role of Individual and Workplace-Level Factors in the Reopening Phase After Lockdown.</i> June 2022 <u>Frontiers original research published: 02 June 2022</u> - doi: 10.3389/fpsy.2022.867080 Authors: Maria Francesca Moro1,2 * , Gemma Calamandrei 3 , Antonio Urban12, Ranieri Poli 4 , Peter Konstantin Kurotschka6 , Alexandra Restrepo1,7 , Ferdinando Romano8 , Ruben Alvarado13, and Mauro Giovanni Carta2.</p> |
| <p>11. Publication: <i>The perception of professionals and users of health services on the quality of care and respect for human rights in four outpatient facilities of an Italian hospital during the Covid-19 pandemic.</i> <u>Journal of Clinical Medicine</u> 2022 Feb <u>Journal of Clinical Medicine</u> 2022 Feb; 11(4): 997.Published online 2022 Feb 14. doi: 10.3390/jcm11040997 . Mauro G Carta1,2, Federica Sancassiani 1, Antonio Urban2 et Al.</p> |
| <p>12. Publication: <i>Workplace injury prevention in airport: intervention model].</i> Urban A, et al. <u>G Ital Med Lav Ergon.</u> 2012 Jul-Sep. Authors: Urban A1, Murru Claudia, Marraccini G.- Oct 2012 <u>G Ital Med Lav Ergon.</u> 2012 Jul-Sep;34(3 Suppl):759-61.</p> |
| <p>Poster at Forum Risk Management 2022 - _17 edition: Experimental application of Behavior Based Safety protocol in AOUCagliari for the management of safety behaviors in the prevention of infectious risk in the pandemic period. A. Urban- M.Pedron, and V.Pisano.</p> |
| <p>Speaker: Oral report: "Jobless Bumout .A quantitative and qualitative study of a sample of long-term unemployed people ccrching employment." XIV SIPSA National Congresso "LOCAL AND GLOBAL TRAIECTORIES TO BUILD HEALTH" University of Cagliari May 25-27, 2023. Sa Duchessa Campus Cagliari CA.</p> |
| <p>Speaker: speaker in SITI Congress "Prevention and Public Health at the Service of the Country: Workplace injury prevention in airport: intervention model]. 3 -6 /10/2012 _Forte Village Resort - Pula (Ca).</p> |
| <p>Speaker: various congresses and conferences 2012 -2023</p> |

National scientific eligibility

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| Additional pertinent information |
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| BEST GRADUATE AWARD for Master's Degrees Health Professions faculty of medicine UNICA (decree of the RECTOR of the University of Cagliari-Profssa Del Zompo) |
| WINNER STUDENT GRANT FOR FREQUENCY EXECUTIVE MASTER in Occupational Safety Management Systems certified INPS-INAIL University of Rome "La Sapienza" |
| Reviewer with Journal of Public Health Research (SAGE) (Indexed journal of public health, hygiene and safety) from 2021 to present |
| 2019-today-Internal lecturer Cagliari University Hospital Company, specialized subjects in occupational hygiene and safety as Head of the Prevention and Protection Service |
| Specific investigation activities in the field of occupational risks various sectors and for work-related stress for over 12 years , in collaboration and coordination with the Center for Work-related Psychopathologies - Sardinia Regional Reference Center . - SPRESAL ASL Cagliari-ATS Sardinia- |
| 2007-2024 Lecturer in courses related to Occupational Hygiene and Safety and Speaker in various conferences at various public/private training institutions (Order of Engineers Cagliari OIC, Bilateral Entities EPT, CONFINDUSTRIA Ca, CCIAA, CPT , AIO Ass. Italiana Odontoiatri, CONSFAP, ISFOR-API, EL.DA, S.E. Consulting, etc.), in courses for Workers, RLS, Preposti, Employers, RSPP mod A, B and C, Safety Coordinators in Construction Prog/Esec, courses for Competent Doctors) both within the scope of Legal and Technical Modules, and those inherent to Training (e.g., mod. C.4 for RSPP, Behavior Science and Training for RSPP, Employers and Workers); |
| DESIGNER and AUDITOR INTEGRATED QUALITY-Environment-Safety-Energy MANAGEMENT SYSTEMS. |
| Qualified IFSC (International Flight Safety Committee) Safety Management System in Aviation since 2010 (managerial systems for safety management in aviation - flight safety and human factor management) - JOB-TRAINING CENTER FIUMICINO (ROME). |
| Qualified Expert in B-BS (since 2012) Behavior Based Safety (B-BS) and Organizational Behavior Management (O.B.M.). Registered E.Q. BBS - Italy Associate Chapter of ABAI (Applied Behavior Analysis International). - <i>Cambridge Center for Behavioral Studies</i> |
| Tutor of in-company professionalizing internship for interns/university students at SPRESAL Service (ASSL Cagliari) since 2013 and from 01/09/19 to date presso AOUCa., <i>Prevention Technicians, Health Ass., Occupational Medicine/Hygiene interns, Engineering/Psychology/TSRM undergraduates</i> |
| RAS_Ass.Sanitax Lead AUDITOR COURSE "Quality and Accreditation in Healthcare Facilities" (40 hrs.) - AICQ-SICEV certificate N° Reg. 19_ certificate certificate No. A0010-16-8114 dated 17/12/2020 |
| <i>MILITARY AERONAUTICAL OFFICER (former CPL) - Cape St. Lawrence</i> |

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