

Curriculum Massimo Fanni

University Career

Bachelor (3 years) Scienze delle Attività Motorie e Sportive (Sport Science/ physical Education) 110/110 cum laude UNICA (Cagliari)

Master (2 years) Attività motorie preventive e adattate (preventive and adapted sport activities) 110/110 cum laude UNICA (Cagliari)

Master (1 year) Rieducazione Funzionale e Posturologia Applicata (Reathleticization and Posturology) 106/110 UNIBO (Urbino)

Phd Science and Tecnology for Innovation XXXVIII CYCLE (Exercise Physiology) Work in progress UNICA (Cagliari)

University Teachings

Athletics Contract Professor 2020/2021 -2021/2022 -2022/2023 – 2024/2025

Training Metodology Professor 2024/2025

Athletics Teaching Tutor 2021/2022 -2022/2023 Swimming Teaching Tutor 2017/2018 -2018/2019 2020/2021 - 2021/2022

Training Metodology Teaching Tutor 2017/2018 -2018/2019 -2019/2020 - 2020/2021 -2021/2022

Human Movement Lab Teaching Tutor 2021/2022 -2022/2023

Sport Clubs/Training

Athletics Trainer A.S.D. Tespiense Quartu

Competitive Swimming Trainer Rari Nantes Cagliari Master Competitive

Personal Trainer Fitness

Swimming Personal Trainer Fitness T

teams Athletics Trainer Various Clubs Various Sports

Sport Federation Certificates

Swimming Trainer First Level (Italian Swimming Federation - FIN)

Swimming Trainer Second Level (Italian Swimming Federation - FIN)

Swimming Trainer Third Level (Italian Swimming Federation - FIN)

New trainers Teacher (Italian Swimming Federation - FIN)

Triathlon Trainer First Level (Italian Triathlon Federation - FITRI)

Triathlon Trainer Second Level (Italian Triathlon Federation - FITRI)

Athletics Trainer First Level (Italian Athletics Federation – FIDAL)

Athletics Trainer Second Level (Italian Athletics Federation – FIDAL)

Weight-lifting Trainer First Level (Italian Weight-lifting Federation - FIPE)

Weight-lifting Second Level (Italian Weight-lifting Federation - FIPE)

Languages Skills

Italian Mother tongue

English Level C1

Spanish Level B2

Portuguese Level A2