

CURRICULUM VITAE

Name and Surname: Massimo Tusconi

Mail: massimotusconi@yahoo.com

Position Title: Medical Doctor, Psychiatrist, Psychotherapist

Institution: University of Cagliari, Cagliari, Italy



Education and Training:

Institution	Degree	Year	Field Of Study
University of Cagliari	Medical Doctor	2011	Medicine and Surgery
University of Cagliari	Specialization	2016	Psychiatry and Psychotherapy
University of Pavia	Second Level Master Degree	2025	Biostatistics and Epidemiologic Methodology

Positions and Employment:

2024 / 03→	Present	Consulting Physician. Psychiatry. AOU, University Hospital, Cagliari, Italy
2022 / 09→	2023 / 02	Consulting Physician. Psychiatry. AOB, ARNAS, Department of Psychiatry, Cagliari, Italy
2022 / 09→	2023 / 08	Consulting Physician. Psychiatry. ASL, Department of Mental Health, Iglesias, Italy
2017 / 04→	2023 / 05	Clinical Tutor. University Medical School, University of Cagliari, Italy
2019 / 03→	2020 / 03	Consulting Physician. Psychiatry and Addiction, Gambling Project, Regional Health Authority, Italy
2017 / 07→	2017 / 08	Emergency Medical Doctor. Local Health Unit, Cagliari, Italy
2017 / 06→	2017 / 07	Gaining Experience Programme. European Psychiatric Association (EPA). Observership, Department of Mental and Physical Health and Preventive Medicine, University of Campania "Luigi Vanvitelli", Naples, Italy
2016 / 11→	2016 / 12	Liaison Psychiatrist. AIAS, Clinical and Liaison Psychiatry, Rehabilitation Service, Cagliari, Italy
2016 / 04→	2016 / 11	Research Collaborator. Department of Psychiatry and Behavioral Sciences, Center of Excellence on Mood Disorders, University of Texas, Houston, TX, U.S.A.
2016 / 04→	2016 / 05	Visiting Scientist. Molecular and Translational Psychiatry Laboratory, Treatment Resistant Psychosis Unit, University of Naples Federico II, Naples, Italy
2016 / 01→	2016 / 04	Visiting Scientist. Department of Psychiatry and Behavioral Sciences, Center for Molecular Psychiatry, University of Texas, Houston, TX, U.S.A.
2012 / 04→	2021 / 09	Primary Care Physician. Locum Service Doctor, Local Health Unit, Cagliari and Oristano, Italy
2012 / 07→	2016 / 07	Resident. Psychiatry Training Program, Department of Public Health, Clinical and Molecular Medicine, Psychiatric Clinic, University of Cagliari, Cagliari, Italy
2012 / 03→	2021 / 07	Clinical Research Fellow. Psychiatric Clinic, Department of Public Health, Clinical and Molecular Medicine, Psychiatric Clinic, University of Cagliari, Cagliari, Italy

Editorial Activity:

- **Editor** for **24** international journals. Articles handled: **800**
- **Reviewer** for **190** international journals. Articles reviewed: **1600**

Equivalency:

- **U.S.A.:** Equivalent of a Doctor of Medicine Degree from an accredited institution of higher education in the United States. Evaluation certified by The Trustforte Corporation (U.S.A., 04/01/2015)

Book Chapters:

1. **Tusconi M**, Fries GR. Neuroprogression in Bipolar Disorder, in "Biomarkers in Bipolar Disorders", 1st Edition. Editors: Rodrigo Machado-Vieira, Jair Soares. Paperback ISBN: 9780128213988, Imprint: Academic Press, Published Date: 1st December 2021, Page Count: 529. Chapter 11, Pages: 24, U.S.A., 2021
2. Carpiniello B, Pinna F, Manchia M, **Tusconi M**. Dimensions and course of clinical recovery in Schizophrenia and related disorders, in "Recovery and Major Mental Disorders" series "Comprehensive Approach to Psychiatry" (Editors: Bernardo Carpiniello, Antonio Vita, Claudio Mencacci). Springer, U.S.A., 2022

Selected peer-reviewed publications:

1. Zhao NO, Topolski N, **Tusconi M**, Salarda EM, Busbya CW, Lima CNNC, Pillai A, Quevedo J, Barichello T, Fries GR. Blood-brain barrier dysfunction in bipolar disorder: Molecular mechanisms and clinical implications (Review). Pages: 9, Brain Behav Immun Health. PMID: 35308081, 2022 Impact Factor: 7.217, 5-Year Impact Factor: 8.118, ISSN: 2666-3546, Brain, Behavior, & Immunity-Health, U.S.A., 2022
2. **Tusconi M**. Neuronal Protective Effect of Nosustrophine in Cell Culture Models (Editorial). ISSN: 2572-5505, Pages: 2 (267-268), J Expl Res Pharmac 2023 vol. 8(4) | 000-000 Epub, Journal of Exploratory Research in Pharmacology, U.S.A., 2023
3. Chaves C, Dursun SM, **Tusconi M**, Hallak JEC. Neuroinflammation and Schizophrenia - is there a link? Frontiers In Psychiatry, Pages, 7, IF: 5.435., Front. Psychiatry 15:1356975, ISSN: 1664-0640, Switzerland, 2024
4. **Tusconi M**, Kätzel D, Sanchez-Gutierrez T. Editorial: Reviews in Psychiatry 2023: Schizophrenia. Frontiers In Psychiatry, Pages: 2, IF: 5.435., ISSN: 1664-0640, Switzerland, 2024 (**Corresponding**)
5. Correll CU, **Tusconi M** (First Author), Carta MG, Dursun SM. What Remains to Be Discovered in Schizophrenia Therapeutics: Contributions by Advancing the Molecular Mechanisms of Drugs for Psychosis and Schizophrenia. MDPI Biomolecules, Pages 16, IF: 4.800, ISSN: 2218-273X, Switzerland, 2024 (**Corresponding**)
6. Ouali U, Aissa A, Rejaibi S, Zoghalmi N, Larnaout A, Zgueb Y, Zid M, Skhiri HA, Kalcev G, **Tusconi M**, Aviles Gonzales CI, Preti A, Primavera D. Hyperactivity and Risk for Dysregulation of Mood, Energy, and Social Rhythms Syndrome (DYMERS): Standardization of a Simple One-Item Screener versus the Mood Disorder Questionnaire (MDQ). MDPI Journal Of Clinical Medicine. Pages: 14, IF: 3.303, ISSN: 2077-0383, Switzerland, 2024
7. Carta MG, Kuratschka PK, Machado S, Erfurth A, Sancassiani F, Perra A, **Tusconi M**, Cossu G, Aviles Gonzalez CI, Primavera D. A Virtual Reality Cognitive Stimulation Program as an Effective Tool Against Residual/Prodromal Depressive Symptoms in Bipolar Disorders. MDPI Journal Of Clinical Medicine. Pages: 10, IF: 3.303, ISSN: 2077-0383, Switzerland, 2024
8. Chaves C, Dos Santos RG, Dursun SM, **Tusconi M**, Carta MG, Brietzke E, Hallak JE. Why N,N-Dimethyltryptamine (DMT) Matters: Unique Features and Therapeutic Potential Beyond Classical Psychedelics. Frontiers In Psychiatry, Pages: 2, IF: 5.435., ISSN: 1664-0640, Switzerland, 2024
9. **Tusconi M**, Dursun SM. Editorial: Neuroimaging in Psychiatry 2023: Schizophrenia. Frontiers In Psychiatry, Pages: , IF: 5.435., Front. Psychiatry, Switzerland, 2025 (**Corresponding**)
10. **Tusconi M**, Dursun SM. Editorial: Violence and Mental Health. Focus on Schizophrenia Spectrum and Psychotic Disorders. Frontiers In Psychiatry, Pages: 4, IF: 5.435., Front. Psychiatry, Switzerland, 2025 (**Corresponding**)
11. Chaves C, Fabe J, Gomes F, McNeely H, **Tusconi M**, Carta MG, Dursun SM, Hallak JE, Frey BN, Brietzke E. Ketogenic Therapy for Schizophrenia: Evidence, Mechanisms, and Clinical Perspectives. Pages: 19 (Review). Part of the Research Topic: World Schizophrenia Awareness Day: Raising Awareness and Advancing Pharmacological Strategies in Schizophrenia; Sec. Neuropharmacology, Vol. 16; Switzerland, 2025
12. **Tusconi M**, Dursun SM, Aviles Gonzalez CI, Pegreffi F, Barrui V, Fornaro M, Hurtado Lujan LA, Camacho Nunez LP, Vega Ochoa AD, Curcio F, Carta MG, Cossu G. Bipolar Spectrum, Hypothyroidism, and Their Association with Chronic Fatigue/Myalgic Encephalomyelitis-Like Syndrome in Long COVID: Could They Be Identified as Early Determinants? Front. Psychiatry, Sec. Mood Disorders, Volume 16, Switzerland, 2025

Further informations:

- **Statistical Analysis:** Stata and IBM SPSS Statistics
- **Supervisor:** Clinical Settings, Research and Thesis
- **Scientific Secretariat:** Events and scientific conferences
- **Referee:** Books, Abstract Books and International Conferences
- **Clarivate Academy.Certified** Web Of Science Consortium Mentor

Cagliari, Italy, November 5th, 2025

I authorize the processing of my personal data in accordance with Legislative Decree 196 of June 30, 2003, and Article 13 of the GDPR